

# November 2024

MON

- 10-12 Mahjong  
**(RM 12)**
- 11:30 -12:30 Book Club **(2nd Monday)**  
November Book: Nov 11- "The Rosie Project" by Graeme Simion
- 1-3 My Story Project **(2nd Monday)**

TUE

- **10-11 Strength & Balance (RM S1)**
- **11-12 Gentle Yoga / RM 12 (Senior Center)**
- **1-2 Line Dancing Bliss (RM S2)**

WED

- **10 - 11 Tai Chi (RM S1)**
- 11-12:30 Women's Friendship Group  
**RM 11 (2nd & 4th Wed)**
- 1-3 Life History Writing **(RM 12)**

THU

- 11-12 Nonfiction Book Club  
**(3rd Thursday)**  
November Book: Nov. 21- "Of Boys and Men" by Richard Reeves
- 1-3 Fun Bridge **(RM 12)**

FRI

- 12-3 Open Art / **(RM 11)**
- 1-3 Pinochle

**11/15 Senior Lunch:**  
Please bring a dish to share!

**SATURDAY:**

**WELLNESS PROGRAM IN BLUE. ALL CLASSES ARE HELD IN THE STUDIOS UNLESS NOTED.**

**ALL CLASSES IN ROOM 12 UNLESS NOTED.**

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