

March 2024

MON	TUE	WED	THU	FRI
<ul style="list-style-type: none"> • 10-11 ZUMBA Gold • 10-12 Mahjong • 11:30 -12:30 Book Club (2nd Monday) March book: Demon Copperhead, Barbara Kingsolver • 1-3 My Story Project (2nd Monday) 	<ul style="list-style-type: none"> • 10-11 Strength & Balance • 11-12 Gentle Yoga / RM 12 • 1-2 Line Dancing Bliss 	<ul style="list-style-type: none"> • 10-11 ZUMBA Gold • 10 - 11 Tai Chi • 11-12:30 Women's Friendship Group RM 11 (2nd & 4th Wed) • 1-3 Life History Writing 	<ul style="list-style-type: none"> • 11-12 Nonfiction Book Club (3rd Thursday) March book: The Art Thief, Michael Finkel • 1-3 Fun Bridge 	<ul style="list-style-type: none"> • 10-12 Bits & Bobs Art Club in the Learnerly • 12-3 Open Art / RM 11 • 1-3 Pinochle
<p>WELLNESS PROGRAM IN BLUE. ALL CLASSES ARE HELD IN THE STUDIOS UNLESS NOTED. ALL CLASSES IN ROOM 12 UNLESS NOTED. 916-455-6339 SENIORCENTER@SIERRA2.ORG</p>		<p>Special Events:</p>		