

VIEWPOINT

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October 2019

City says normal rules don't apply to traffic circles

By Mike Scheible

If you are confused about the rules governing the “mountable island” at the intersection of 24th Street and Marshall Way, you're not alone.

Is it a traffic circle or not?

That's the essence of the query I put to the city's traffic department. Specifically, who has the right of way – traffic going north or south on 24th Street or vehicles in the circle attempting a left turn onto Marshall Way?

Justin Luna, a traffic investigator for the city, advised that the roundabout is a “neighborhood traffic circle” designed to calm traffic and, as such, the normal traffic circle rules do not apply. In a normal traffic circle, cars in the circle have the right of way. That is not the case for our “mountable island.”

Traffic entering the intersection from Marshall Way must stop and yield to traffic on 24th Street. Vehicles making left turns from 24th Street must yield to oncoming traffic. (The complete email exchange with the city is available on the Viewpoint/SCNA website.)

The circular arrow signs posted at the entrances to the intersection simply denote the direction of traffic flow around the circle and do not require oncoming traffic to yield to a vehicle already in the circle. This means that the right-of-way rules at the intersection are the same as an ordinary two-way street.

While the city has clarified the rules that apply, drivers' behavior makes clear the rules are not widely understood. I recommended that more explicit signage would help.

For now, city officials have indicated they don't think additional signs to state the responsibility to yield is appropriate.

If you have an opinion or question about the mountable island, you can contact Luna at jluna@cityofsacramento.org or 916 808-6798.



Photo/Joan Cusick

Dinners offered at the Silent Auction on Oct. 12 promise enjoyable socializing. Guests will appreciate not only their hosts' culinary skills but also lovely homes.

Neighbors offer food, fun, fantasy in dinners for sale at silent auction

By Bruce Pierini

Curtis Park's creative, culinary and sociable spirit will be on full display when a half-dozen dining extravaganzas go up for auction at the Oct. 12 SCNA Wine Tasting and Silent Auction. Most of the hosts have extensive experience hosting these lively gatherings. They report that past dinners provided them and their guests with a special and thoroughly enjoyable opportunity for socializing. Guests appreciate not only their hosts' culinary skills but also their lovely homes.

The following are morsels of imaginative conviviality that generous supporters of SCNA will offer:

Gathered, grown on Portola

Start with grapefruit spritzers, Meyer lemon cocktails and plum jam and

The 29th Annual Curtis Park Wine Tasting & Silent Auction
Saturday, Oct. 12
4-7 p.m.
(3 p.m. for VIP ticket holders)
General admission tickets: \$45 through Oct. 9 for members, \$50 for non-members, \$75 for VIP Experience (thru Sept. 30, \$100 after), at sierra2.org or at the Sierra 2 Center office. From Oct. 10 through the event, all general admission tickets are \$60.
(For details, see story on Page 2.)

fig compote atop assorted cheeses and crackers. Progress to heirloom tomato tarts and tomato jam over zucchini and sweet potato fries. Move next to a spread of coppa, fiocca, finocchiona and lamb prosciutto – meats cured onsite. After all

Please see Dinners, page 2

Reviews of new restaurants with ties to Curtis Park

Craving some fried chicken? Two different takes on how to cook the bird.
Page 5



An advocate for the underserved and abused

Neighbor gives medical treatment to migrants in Tijuana.
Page 11



Council votes to name park for Ray Eames; construction likely in spring

By Dennis Cusick

A half-acre park honoring former Curtis Park resident Ray Eames may start to take shape in the spring.

On Sept. 24, City Council unanimously approved the recommendation of the city's parks commission to name the park in Crocker Village for the internationally famous designer.

Councilmember Jay Schenirer abstained from the vote. He left the chambers during the discussion of the park name.

Eight people spoke to the council about the park name, seven in favor of naming the park for Ray Eames, including two of her grandchildren.

SCNA board member John Mathews referred to parks commission Chairman Joe Flores' comment at the Aug. 1 commission meeting that 42 city parks are named for men, but only seven for women. More city parks are named for trees than for women, Mathews said, urging that the disparity be remedied.

The lone speaker who didn't endorse the Eames name was John Cox, who said he represented Petrovich Development Co. Cox asked City Council for a continuance because the company had just learned that afternoon of the pending vote and company president Paul Petrovich and his family were

Please see Park, page 2

Park: New park will be visible from former Eames family home

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unable to attend. Petrovich had proposed that the park be named Petrovich Family Park.

One speaker, Allen Folks, suggested a compromise – name the park for Ray Eames but place a plaque or statue in it in honor of the Petrovich family's contribution to Crocker Village.

City Councilmember Angelique Ashby wasn't in the mood for compromise. "A guy already stood in the spotlight and cast her in a shadow," Ashby said, referring to Eames' husband, Charles. "I'd hate to see another man cast her in the shadows. I would rather see her own her space – and own it outright."

The city's plans call for a roughly triangle-shaped park at the northwest corner of Crocker Village, bordered on the west by the Union Pacific Railroad sound wall, on the south and east by a new pedestrian path and neighborhood street, and on the north by the curve from Donner Way into 21st Street.

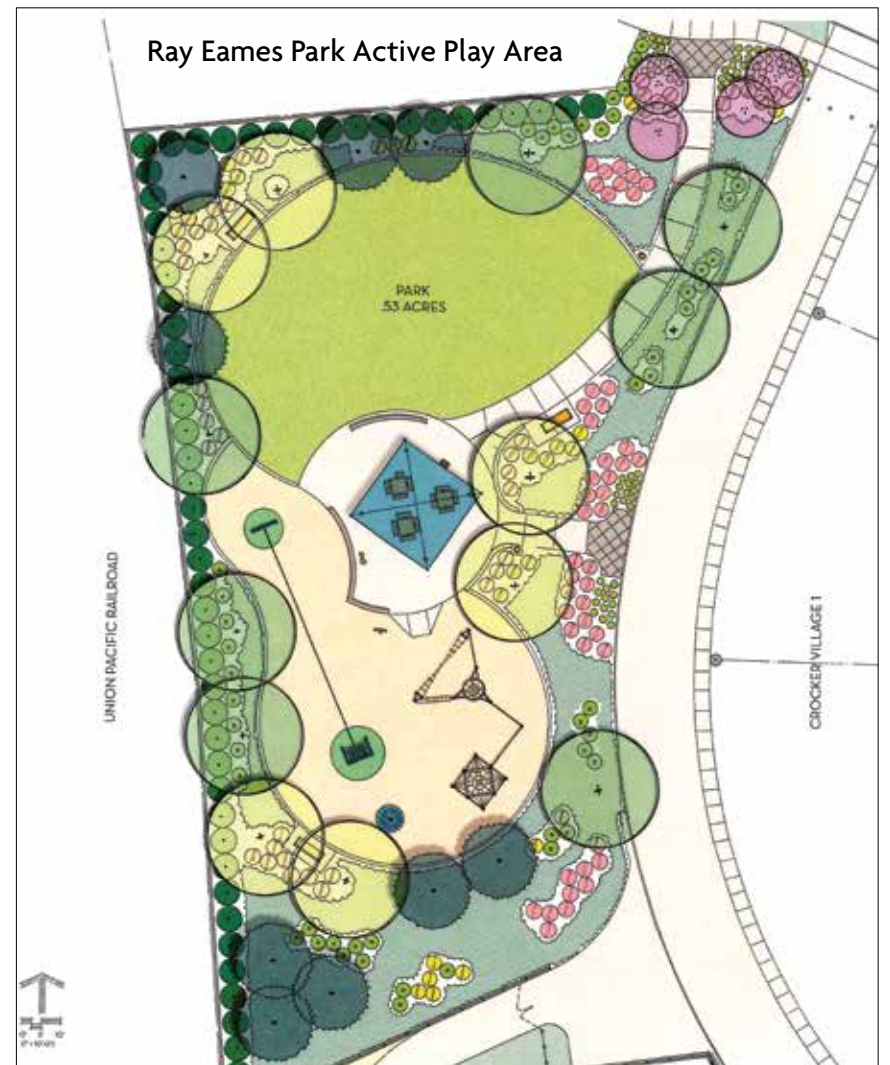
City planning and development manager Raymond Costantino says the next step is for the city to negotiate a "turnkey

agreement" with Petrovich Development Co., which will build the park and then turn it over to the city.

The city's master plan shows a shaded area with picnic tables and barbecue in the center of the park, a play area for young children, a zipline and park benches, with shade trees and shrubbery at the periphery.

Eames and her husband were internationally famous designers, perhaps most notably of the Eames Lounge Chair, which was released by the Herman Miller furniture company in 1956. The chair has been in continuous production since then, selling today with ottoman for \$5,295 and up. An Eames Lounge Chair is in the permanent collection of New York's Museum of Modern Art as an example of Mid-Century Modern design.

Ray Eames grew up in Curtis Park and attended Highland Park School, Sierra Elementary School, Sacramento High School and Sacramento Junior College. The site of the new park is partially visible from the family's former home at 2115 Portola Way.



Dozens of restaurants, wineries at annual Wine Tasting & Silent Auction

By Terri Shettle
SCNA Executive Director

The 29th annual Wine Tasting & Silent Auction offers sips and tastes that will wow the palates of the most discerning guests. The Oct. 12 event will include live music, a photo booth, offerings from restaurants and caterers, local craft beers, distilled spirits, hard kombucha and more than 20 wineries. There will be a VIP experience, live and silent auctions, and a raffle.



Participating are Seasons 52, Riverside Clubhouse, Tower Café, Gunther's Ice Cream, Dad's Kitchen, Freeport Bakery, Espresso Metro, Sugar Plum Vegan, MISO, Masullo Pizza, our own La Famiglia Catering, Dawson's Steakhouse, Hawks Provisions and Public House, Chando's Cantina, Buffalo Pizza, Sacramento Natural Foods Co-op, and Raley's.

Silent auction packages include Gunther's Create the Flavor of the Month, wine, food baskets, theater and museum passes, restaurant and retail shop gift cards, art, private wine tasting experiences, home décor gift baskets and items, jewelry, and produce subscription certificates.

The VIP experience from 3 to 4 p.m. will feature private tastings from J.J. Pfister Distillery, including a special cocktail, special pours from Urban Roots Brewery and Silt Wines, and special bites from Seasons 52, Dawson's Steakhouse, and Hawks Provisions.

The presenting sponsor is Cook Realty. Top-level sponsors are Steffan Brown, Lasher Auto, and Grateful Dog Daycare.

Proceeds will benefit Sierra 2 Center, McClatchy High School Debate & Speech Club and HISP program and Bret Harte sixth graders' trip to Sly Park Nature & Science Camp.

Dinners: Best hand wins prize in 5-stop Curtis Park Poker Run

Continued from Page 1

this, indulge in home-pickled vegetables and olives and a savory pasta with morels. Say goodnight with lavender-infused homemade ice cream topped with foraged blackberry sauce.

Hosts: Kathy Les, Hal Thomas, Jean Minton, Matt Romsa, and Marshall and Shana Cook, 6 to 9:30 p.m. on Feb. 1, 2020; 12 guests

Whodunit at the speakeasy

Guests will be thrust back into the 1920s in the home of Arlene and Broc Krause, rumored to have been an actual speakeasy in the 1930s. Enjoy your dining and socializing – but at least one guest will not be around for dessert! It's a murder in the speakeasy, and the task is to help reveal the murderer. Guests will be

assigned a character to play with plenty of advance notice and be encouraged to dress the part and play the role of a 1920s New York City habitué. It will be a night of revelry like many others for sophisticates, artists and hoodlums – until things go horribly wrong.

Hosts: Kris Olesen, Emmett Corbin, and Arlene and Broc Krause; 20 guests

Around world in small plates

This is a progressive event celebrating the flavors of various countries via small plates. Each of five houses will host a regional theme with applicable small plates and beverages. This year will feature Spain, Greece, France and Puerto Rico with desserts from around the world.

Hosts: Christy Mankin-Guiney and Eamonn Guiney (Spain), Monica and

Tom Arrowsmith (Greece), Melanie and Richard Jordana (France), Alex and Joe Zucco (Puerto Rico), Linda McAtee and Steve Sphar (desserts from around the world); 20 guests

Six on Sixth

A progressive wine and food pairing at six homes on Sixth Avenue.

Hosts: Dennis Gunvalson, Richard Bay, Susanne Zito, Leslie Walker, Kelly Calkin, Dan O'Donnell, Julio Muao, Margaret Myers, Tony Passarell, and Rob and Aimee Schopen; 24 guests

Curtis Park Poker Run

A five-card progressive wine and food pairing party. This event is "inspired by the Snowmobile Poker Runs in Minnesota in my youth," said Dennis

Gunvalson. Participants make five stops for food, drink and a playing card. The one with the best poker hand at the end of the "run" wins a prize. This version features food and wine pairing without the snowmobiles.

Hosts: Dennis Gunvalson, Richard Bay, Scott Klier, Carrie Sage, Paul Miller, Karen and Brian Hill, Kate and Bill Westerfield; 20 guests

Italy on 25th Street

A four-course Italian regional dinner and wine pairing at 25th Street home.

Menu: Scallops with cauliflower swipe, Tuscan ravioli, Baked fontina-stuffed eggplant rolls, and Italian trifle with select regional Italian wines.

Hosts: Bruce Pierini and Wayne Anderson; 4 guests

Oak Park experience inspired new SCNA board member

By John Mathews

SCNA board member Kimberley Bond and her husband Steve made a list of pluses and minuses about moving to Sacramento. There were many more pluses, including proximity of family and great places to run. Shortly after their home search began, they fell in love with a Crocker Drive house.

Born in Southern California, Kimberley says at age 6 she “escaped” and moved north with her family. A circuitous journey led her from Sacramento to San Francisco, Yuba City, back to Sacramento, then Grass Valley, and ultimately to Crocker Village.

She previously lived in Oak Park from 2008 to 2015 and served on the Oak Park Neighborhood Association board. One of her favorite OPNA events was the monthly neighborhood meeting and pot luck, something she would like to see happen in Curtis Park. She also enjoyed painting faces at the Oak Park Farmers Market. Those experiences of community involvement and volunteerism led her to become an SCNA board member. She is volunteering with this year’s Wine Tasting event.

Kimberley is a landscape consultant specializing in California native plants, reflected in her own



Photo/Joan Cusick

Community involvement and volunteerism led Kimberley Bond to become an SCNA board member.

beautiful back yard. Reworking the exterior Sierra 2 Center landscaping at 24th Street and Fourth Avenue with native plants is on her wish list.

She enjoys biking, walking and running races, a passion she shares with her husband, who is a top competitor in his age group. On Halloween, check out her spectacular haunted cemetery replete with coffins, tombstones and ghouls amid eerie fog.

An avid artist, Kimberley has decorated the couple’s home with her ceramics and paintings. One public display of her art was “50 pieces in 50 days,” a show full of her coral themed ceramics inspired by a trip to the Philippines, each one created in a single day.

SCNA President’s message

Music in the Park helps bring neighborhood together

With summer over and fall trying to lower temperatures and change leaf color, I want to take a moment to reflect on how many of us came together to dance and sing during the 2019 Music in the Park concert series.

At the first concert alone, featuring the new-to-Sacramento Latin jazz funk sounds of Sang Matiz, Ranger Carl from the city Parks Department estimated at least 800 people attended.

At our second concert, following an incredible artisan fair in the park, another 300 to 400 people came out to the classic rock and fantastic horns of On Air.

And, to cap it off, we ended strong with Curtis

**ANDI
LIEBENBAUM**
**SCNA Board
President**



painting sponsor) and SMUD – give hundreds of people the chance to feel like they are part of our community, even when they come from beyond Curtis Park.

SCNA board members appreciate that we present events that draw so many neighbors, friends and families from around Sacramento. While many neighbors know

Park (and Sacramento) fan faves Kitty O’Neal and Kurt Spataro with Skylar’s Pool, and nearly 400 people enjoying the bluesy, jazzy rock of summer fun in the neighborhood.

These concerts – made possible by sponsors Councilmember Jay Schenirer (free Gunther’s ice cream),

Cook Realty (our official face-

and socialize with one another regularly, there are many new faces in and around Curtis Park, and many more soon to come as home construction continues in Crocker Village. Events like Music in the Park give our new neighbors an joyful way to become part of this established neighborhood.

We look forward to our autumn events and even more in the coming year. As new families continue to move into the neighborhood, attendance is sure to rise at events such as the mid-winter crab feed (dessert auction heaven), the spring Egg Hunt (hundreds of children scrambling for even more hundreds of colored eggs) and next summer’s Music in the Park series.

If you are a longtime Curtis Park resident, thanks for making the neighborhood inviting. If you are new(ish) to our slice of Sacramento, welcome. There is a lot of fun in the making, and we’re happy to have you be part of it.

Notes from Sept. 4 meeting

Changes considered for next Curtis Fest

Curtis Fest on Aug. 25 was a success.

Vendors and food truck operators expressed pleasure with the levels of sales and support. Estimated attendance was more than 1,000 people.

Planning for future years will include discussions about the event date and timing, possibly including giving Curtis Fest its own day, separate from Music in the Park.

Nominations

The SCNA board voted to establish a nominations committee as outlined in the Strategic Plan. This group will evaluate the makeup of the board and identify gaps and needs to fully represent the

Next meeting

The next regular meeting of the SCNA board will begin at 7 p.m. Wednesday, Oct. 2 in the Garden Room at Sierra 2.

community and further the work of SCNA and the Sierra 2 Center.

The committee’s first project will be to develop a process to identify and recruit potential board members.

Neighbors who are interested in learning more about the SCNA board are encouraged to reach out

to Andi Liebenbaum, the committee chair and SCNA president, at president@sierra2.org.

Neighborhood Concerns

The Neighborhood Concerns Committee continues to evaluate individuals and organizations requesting to speak at board meetings. Anyone with an issue to bring to the board is urged to contact ncc@sierra2.org.

– Charles Angelis, SCNA board member

VIEWPOINT

Editors

Dennis Cusick, Susan MacCulloch

Managing Editor Carol Blackman

Proofreader Fran Coletti

Contributors

Valerie Burrows, Katie Byram, Erik Fay, Mindy Giles, Adrianna Gonzalez, Heather Hogan, Alison Ledgerwood, John Mathews, Craig McCulloch, Nancy McKeever, Bruce Pierini, Dan Pskowski, Judy Scheible, Jay Schenirer, Terri Shettle, Kate Van Buren

Ad Manager Fran Coletti

Distribution Gerre Buehler

Photography

Rudy Calpo, Will Carlton, Joan Cusick, Caroline Dunivant, Judy Harper

NextDoor

Homeless make city look 'like a Third World country'

Concerns about the homeless and neighborhood crime were by far the most common posts in NextDoor.com in the last month. Other writers had nice things to say about Good Samaritans in Curtis Park and the new newspaper carrier. And, one newcomer wanted to know where six adults could go for Thanksgiving dinner.

Homelessness

Comments about homeless encampments in the W/X Streets corridor described the situation as "a mess," "nasty," and "like a Third World country in deepening poverty" with "piles of trash on the sidewalk – guess I've never seen it that bad before."

"When I was in elementary school, we watched a film on India and they had all these people that were homeless living in the street. And I thought, 'How horrible!' And when I said that to the teacher, she said, 'Don't worry, it could never happen in America. Our system of government would never allow this.'"

– Amy Tay of Hollywood Park

"My heart goes out to the people displaced and struggling, but what can be done? Today is the third time I've found a junkie passed out on my property in a two-year span. Shirtless, shoeless and completely strung out. I have two small children and our idea of safety has been constantly eroding and we're now looking for new neighborhoods to live in."

– Stuart Steene-Connolly
of Newton Booth neighborhood

"If they are mentally ill, we need to create housing for them that will help treat their mental health. If it's a temporary displacement, there are shelters and resources available. Unemployment is at its all-time low in the country, around 3.7%. If it's drug addiction, how is this safe for our children? We are too lax and lenient."

– Zena Hashim

"There is so much talk about facility sites to help address this issue but let it be proposed in the (fill in the blank) neighborhood and out come the NIMBYs. Truth is, we want this to be a policing and enforcement issue. At some point the citizenry must agree to mental health and residential facilities that can help manage this. Nothing will eradicate it. It can only be addressed and managed."

– Lue Bishop of Land Park

"Treat them medically and psychically. Allow them to live in humane conditions. Restore their pride! Only then do they have a chance to once again become contributors to the greater whole."

– Chris Walker

**And when I said that to the teacher,
she said, 'Don't worry, it could
never happen in America. Our system
of government would never allow this.'**

Brazen robber

Michelle Yost wrote Sept. 10 that her son, who lives behind Gunther's Ice Cream Parlor, "heard a noise in his backyard. He opened the door to see a man stealing his bike. He asked him what he was doing and the man said, 'I am stealing your bike, what the ---- does it look like I am doing?' All while walking towards my son and reaching for his waistband. ... My son was able to get back inside and yelled that he was calling the cops. The man left with the bike. He tossed it on the bushes so he can come back later for it."

Stop sign

"The intersection of Crocker Drive and Donner Way is now a high-stress crossing for cars and pedestrians entering from Donner at rush hour, given that Crocker Drive is now being used as a Highway 99 alternative into midtown."

– Edward Ortiz Sr.

Good Samaritans

Alison and Arlene Fish-Turner "want to thank the Good Samaritans that stopped and helped my mother-in-law this morning (Sept. 22). My mother-in-law collapsed at Spurgin Alley and Crocker Drive. Austin, an ER nurse, stopped to assist my wife and her mother, and another person called 911. ... Two police officers just happened to be driving by. We could not have asked for any better neighbors and support system."

Newspaper carrier

"When Juan and Alma (Rodriguez) were the carriers, I collected the rubber bands and rain bags and left them on the porch, where they would see them when they dropped the papers. The new carrier has been very reliable for several months, although he/she/they leave the paper out by the edge of the lawn, by the sidewalk. So, I didn't know where or whether to leave the rubber bands. Last night, I taped a bag of bands to the lamppost by where the paper is left, with a little sign saying, 'carrier rubber bands,' hoping it could be seen in the dark. When I got up this morning, I went to go check. First thing I noticed was my papers were right on the porch, not by the sidewalk! And, yes, the bag was gone."

– Carlos Alcala

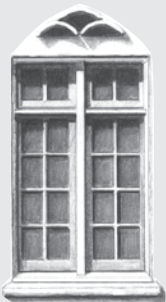
Thanksgiving dinner

Julie Bottarini, who said she is new to Sacramento, asked where six adults could go out for Thanksgiving dinner. She said they "would like to go someplace nice without breaking the bank."

A search of opentable.com found 13 restaurants with reservations for six available on Thanksgiving in the "\$\$" category (lower price), including Capitol Garage, Claim Jumper, Il Fornaio, Rio City Café and Sheraton Grand.

– Compiled by Dennis Cusick

SCNA seeking to hire development director



The Sierra 2 Center is hiring a director of development and community outreach.

The new position was created as part of larger strategic initiatives to organize and implement fund development plans. These include funding for operating support; new programs, collaborative ventures, and

community engagement opportunities; future capital campaigns, including expansion, remodeling, asset procurement and major equipment; and planned giving and legacy programs.

For a full job description and additional information, visit sierra2.org.

– Terri Shettle
SCNA Executive Director

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SIERRA 2DAY



Two very different takes on fried chicken at Fixins, BAWK!

By Joan Cusick

Craving some fried chicken? Two new restaurants with Curtis Park ties offer different takes on how to cook the bird.

BAWK! opened Aug. 31 in Magpie's original R Street location as a collaboration between Curtis Park resident Rob Archie and Josh Nelson, CEO of Selland Family Restaurants. Archie is also owner of Pangaea Bier Cafe and co-owner of Urban Roots restaurant and brewery.

In Oak Park, Kevin Johnson has opened Fixins soul food restaurant at Third Avenue and Broadway. Johnson, the former Sacramento mayor and a previous resident of Curtis Park, has also invested in the newly reopened Oak Park Brewing Co.

During recent visits to each eatery, here's what we found.

At Fixins, we found a line out the door and Johnson greeting everyone with a smile. We waited 15 minutes outside the 40 Acres building until a text told us our table was ready. But then our service and food delivery were downright speedy.

My fried chicken came with two "fixins," or side dishes, plus a biscuit with strawberry butter. As someone who grew up in the South, I'm picky about chicken and biscuits. But this bird was golden, crispy and flavorful while still keeping the white meat moist. The square biscuits were almost two inches tall, with a soft and flaky interior and just a hint of sweetness. For sides, I chose a vinegar-based coleslaw and black-eyed peas topped with white rice.



Fixins soul food restaurant at Third Avenue and Broadway.

Photos/Joan Cusick

On the other side of the table, my pescatarian husband chowed down on fried catfish and hush puppies with creamed corn and mac and cheese. What his plate lacked in color, it made up for in taste. In fact, he said the catfish was the best he'd ever eaten, and the creamed corn was our favorite side dish.

The dinner portions are ample, so we didn't have room for peach cobbler or other desserts. But we'll be back – especially for all-day breakfast and for the vegan

menu, including barbecued tempeh. (That's for the husband. I'll take pork.)

Expect to pay \$20 to \$25 each for dinner at Fixins, including a soft drink and tip. It's open daily from 8 a.m. to 9 p.m. at 3428 Third Ave. Phone: 916 999-SOUL.

Step into BAWK!, and you're enveloped in a riot of color, from the graphics on the walls down to the painted concrete floors. Unlike full-service Fixins, BAWK! offers a more limited menu in a fast-casual setting. You walk up to the register, place your order and then take a table.

I ordered the fried chicken plate with coleslaw and black-eyed peas. The pescatarian rejected the pricey seafood appetizers – \$18 for a half-dozen oysters or \$20 for a half-dozen prawns – and ordered the only vegetarian sandwich/entree item, "chicken fried" cauliflower.

Our order arrived quickly, but the first thing I noticed was the dark-brown color of the chicken, topped with a dry-rub I expect on Memphis ribs. Spicy. Not burn-your-mouth spicy, but definitely more of a kick than my mother's fried chicken.

The sides were tasty, with less vinegar in this coleslaw and black-eyed peas served with greens instead of white rice. Alas, I didn't see a biscuit on the menu, and the cornbread was offered as a \$5 side.

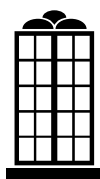
My husband found the cauliflower sandwich to be interesting, but said it wasn't something he would order again soon.

Prices at BAWK! also run \$20 to \$25 per person, including a soft drink and tip. It opens at 11:30 a.m. Wednesday through Sunday for lunch and dinner at 1409 R St., Suite 102. Phone: 916 465-8700.



BAWK! on R Street offers a limited menu in a fast-casual setting.

OCTOBER 2019



SIERRA 2 CENTER

FOR THE ARTS & COMMUNITY

**CHILDREN**

Capital City Music Together
Children 5 and under.
For schedule:
Jennie Ribadeneira,

916 990-3222. capitalcitymusictogether.com

SPIRITUAL SERVICES

Sacramento Native American Believers Fellowship
Sundays, 10:30 a.m.-12:30 p.m., Room 10
Lee Aviles, 916 203-6461

Good Shepherd Parish
Sundays, 10 a.m.-12:30 p.m., Room 12
Contact: Mother Elizabeth English
916 502-6773, GoodShepherdCommunity.org

Empowerment Theological Seminary
Mondays, 6-9:55 p.m., Room 9, 916 308-7646
empowermenttheologicalseminary.com

True Life Ministries
Sundays, 2:45-4:15 p.m., Room 9
Pastor Grant Harper: 916 382-2885

**OTHER
NEW!**

Puppy School classes
Wednesdays & Thursdays, 6-8 p.m. Room 10
Sirius Dog Training, 800 419-8748
siriuspup.com

Cochlear Community Meetings
6-8 p.m., Nov. 7 and Dec. 13 Curtis Hall
cochlear.com/US/events

Know Thyself as Soul – Meditation
1st Sunday of the month, 1-4 p.m. Curtis Hall
knowthyselfassoul.org

DANCE

Adult Ballet
Two Rivers Dance Center
Saturdays, Studio 2
10:15 a.m., Ballet 1. 12:30 p.m., Ballet Basics
richard@tworiversdancecenter.com

Intro to Adult Ballet
Saturdays, 11:30 a.m.-12:30 p.m., Studio 1
richard@tworiversdancecenter.com

Irish Folk Dancing
1st and 3rd Mondays, 7-9 p.m., Studio 1
Liam Irish, 530 677-5549

Polynesian Dance
Tuesdays, 6-7:30 p.m. Studio 2
alohatyra@aol.com

River City Taps – Adult Tap Dance
See website for class schedules. Studio 1 & 3
www.rivercitytaps.com
richard@rivercitytaps.com

Auntie Amy's Hula
Thursdays, 3-4 p.m., Studio 1
Amy Cornellier, 916 792-5561

Kalanjali: Dance of India
Saturdays, 9 a.m.-3 p.m., Room 11
510 526-2183, katherine.kalanjali@gmail.com

Tartan Hearts
Scottish Highland Dance
Sundays, 9-11 a.m., Studio 3
tartanhearts@gmail.com
facebook.com/TartanHeartsDance

Moodment Dance
Saturdays, 2:30-3:30 p.m., Studio 2
moodmentdance.com

AfroRhythmx Dance Class
Thursdays, 7:30-8:30 p.m., Studio 1
225 263-1707

MUSIC

Nashville Songwriters Association
2nd Wednesday, 6:30-8:30 p.m., Room 12
Free • Gabrielle Kennedy: 916 476-5073

Japanese Taiko Drumming
Tuesdays, Studio 1 • Youth Ages 7+, 6-7 p.m.
Beginning Ages 9+, 7-8 p.m.
Intermediate, 8-9 p.m.
Kristy Oshiro, kristyoshiro.com

NEW!

Empire Pop Choir
Wednesdays, 7 p.m., Room 10
EmpireArtsCollective.com

MARTIAL ARTS

Eagle Claw Kung Fu Academy of Sacramento
Wednesdays, 6-7 p.m. Studio 2
Saturdays, 12:30-2 p.m., 916 441-7215

Sacramento Sword School
Martial Sword Arts of Europe
Thursdays, 6:15-8:15 p.m., Studio 2
Maestro Eric Myers: 916 276-2247

Unified Chinese Martial Arts
Tuesdays, 7:30-8:30 p.m.
Thursdays, 8:15-9:15 p.m.
Saturdays, 9-10 a.m. Studio 2
Shifu Byron, lohan36@sbcglobal.net

T'ai Chi Ch'uan
Saturdays, 8-9 a.m. Studio 1
Bradford Louie, bwlouie@yahoo.com

Hung-Gar Gung Fu
Sundays, 5:30-7 p.m., Studio 2
Sifumarez@gmail.com, (916) 764-8749

FITNESS

Zumba with Toya & Linda
Mondays & Wednesdays, 7:30-8:30 p.m., Studio 2
LaToya Bufford, toybufford15@yahoo.com

Bellyfit®
Tuesdays, 2:30-3:30 p.m.
Sundays, 4-5 p.m. Studio 1
randirobinson@mac.com

Dancehall PowerUp
Thursdays, 8:30-9:30 p.m., Studio 3
LaToya Bufford, toybufford15@yahoo.com

Zumba
Fridays, 6-7 p.m., Sundays, 11 a.m.-noon, Studio 2
Abraham Contreras, pakko.zumba@yahoo.com

Weight Watchers
Thursdays, 8:30 a.m., 12:15 p.m.
Saturdays, 9 a.m. Room 10. 800 374-9191

Stilettos with KG – Ages 18+
Wednesdays, 8:45 p.m., Studio 3
krystal, kgstilettos@gmail.com

ART

Glass Mosaic Classes
Tuesdays, Noon-3 p.m. Room 11
karensarp51@gmail.com

**YOGA**

Iyengar Yoga
Tuesdays, 10-11 a.m. Studio 3
Gladys Callander: 916 743-0246

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Show: 8 p.m.

Tickets: General: \$20
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2019 BURNETT AWARDS

Oct. 10, Doors: 6:15 p.m.

Awards: 6:30 p.m.

Tickets: General: \$35
sachistorymuseum.org



**SACRAMENTO
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Connecting People Through History

The Burnett Awards is a benefit for the Sacramento History Museum and the Center for Sacramento History. Each year the Sacramento History Alliance honors area businesses that have met the test of time. The 2019 awardees are General Produce, Goodwin Cole, Sacramento Bee, Teichert Construction, Vic's Ice Cream and Gunther's Ice Cream. Pacific Neon will make a presentation honoring the region's magnificent tapestry of historic, artistic and endangered neon signs.

HEARTS OF GLASS

Oct. 19, 4-7 p.m. Free

Tickets: EventBrite.com
WarmLine FRC, 916 455-9500

This documentary weaves the story of a cutting-edge farming enterprise with the personal journeys of several of its employees who have disabilities. Innovation and inclusion create a fertile environment for people and plants to grow.

The film will be followed by a panel discussion about competitive integrated employment for people with disabilities. State leaders will share their vision and how children can access their agencies' programs. Panelists include Director Kristin Wright, Special Education Division of the California Department of Education; Director Joe Xavier, California Department of Rehabilitation; and Jennifer Tennican, "Hearts of Glass" filmmaker.



LEISURE

BOOK CLUB

2nd Monday, 11:30 a.m.-12:30 p.m.

Oct. 14: "Ask Again, Yes" by Mary Beth Keane

Nov. 11: "The Winter Soldier" by Daniel Mason

NONFICTION BOOK CLUB

3rd Thursday, 11:30 a.m.-12:30 p.m.

Oct. 17: "The Kelloggs" by Howard Markel

Nov. 21: "Utopia for Realists: How We Can Build the Ideal World" by Rutger Bregman

FILM CLUB

3rd Tuesday, 1:30-4 p.m.

Oct. 15: "The Birds" (1963)

REIKI CLINIC

Friday, Oct. 4

10-11:30 a.m. in Room 12

Relax, melt stress away with a Reiki session.

Fees: \$10. Pre-registration is required.

Contact Katie at 916 452-3005 ext. 208

WOMEN'S FRIENDSHIP GROUP

2nd & 4th Wednesdays,

11 a.m.-1 p.m. Room 11

LIFE HISTORY WRITING

Wednesdays, 1-4 p.m.

OPEN ART STUDIO

Fridays, (except the last Friday)

Noon-3 p.m., in Room 11

BEGINNING DRUMMING

Tuesdays, 1-2 p.m. Studio 1

Fee: \$7 per class or \$25 for the month

EDUCATION

MY STORY PROJECT

2nd Monday, 1 p.m., & Tuesdays, 1-3 p.m.

STITCHER'S CIRCLE

4th Mondays, 2-4 p.m.

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A social group for sewers, knitters and more

HEAD SPACE

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3rd Mondays, 12:30-2 p.m., Room 12

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ANDROID PHONE TRAINING

Wednesday, Oct. 28. 9-11 a.m. in Room 9

Learn how to smartly use your smart phone.

With CTAP instructor Love Miller.

No cost. Registration is required.

Contact Katie at 916 452-3005 ext. 208

FITNESS

GENTLE YOGA

Wednesdays, 10-11:15 a.m.

Fees: \$10/drop-in; \$30/4 classes;

\$60/8 classes

WELLNESS PROGRAM

Punch cards: \$60/10 classes; \$35/5 classes;
or \$10 drop-in. Purchase cards in the office
or pay drop-in fee to instructors.

STRENGTH & BALANCE

Tuesdays, 11:30 a.m.-12:45 p.m., Room 12 &

Thursdays in Room 11

TAI CHI (Beginner, Intermediate & Mixed)

Mondays, 10-11 a.m. Studio 2

11 a.m.-noon Studio 3

Thursdays, 10-11 a.m., Room 12

PILATES WITH LAUREN

Tuesdays & Fridays,

11 a.m.-noon

in Studio 2

FEEL GOOD YOGA

Tuesdays, 10 a.m. Room 12

STRENGTH AND BALANCE

Tuesdays, 11:30 a.m.-12:45 p.m. Room 12

& Thursdays in Room 11

ZUMBA TONING W/ KELLY

Wednesdays & Fridays, 10-11 a.m., Studio 3

CARDS & GAMES

MAHJONG

Mondays, 10 a.m.-noon

FUN BRIDGE (RUBBER/CONTRACT)

Thursdays, 1-4 p.m.

PINOCHLE

Fridays, 12:30-3:30 p.m.

Last Friday of the month, Noon-2 p.m.

SIERRA 2 CENTER FOR THE ARTS & COMMUNITY

What's new at Sierra 2

By Valerie Burrows

SCNA Facility Administrator

A culinary festival

Join Opening Doors at their 5th Annual Festival of Flavors from 6 to 9 p.m. Saturday, Oct. 5 in Curtis Hall. Experience delicious flavors from local international restaurants, live acoustic music from Sacramento's *Flowers of the Nile*, local craft beer and regional wines.

Tickets are \$60 for food and drink or \$45 for food only. Purchase tickets at BrownPaperTickets.com.

Proceeds benefit Opening Doors' clients and programs. Your support empowers survivors of trafficking, refugees, immigrants and other underserved in our community.

Embodied aging workshop

Become your own body worker to alleviate aches and pains from

3 to 4:30 p.m. Saturday, Oct. 19 in Room 9.

This workshop will hydrate your cells from the inside out. Learn how to stimulate the cells that produce collagen in skin and restore your skin's natural hydration from the inside out. You will use a soft roller and balls to learn easy self-treatment techniques for reducing common aging issues: aches and pains, cellulite, stiffness, difficulty sleeping and even stress. A "facelift"

technique is included.

Participants should be able to get on and off the floor. The workshop is suitable for beginners and all levels. Tools will be supplied for class and available for purchase.

The workshop fee is \$25 before Oct. 12 or \$30 after 3 p.m. Oct. 12. Register at vanessalight.com. For more information, contact instructor Vanessa Light at meltwithvanessa@gmail.com.

Halloween tea

Join the Novel Tea for our Halloween High Tea, featuring a spooktacular three-tier tea menu and hands-on crafting tutorial. Enjoy make-and-take treat crafts, and traditional high tea food with a few Halloween surprises.

Sunday, Oct. 6, 1-3 p.m.
Garden Room, Fee: \$40

Zentangle pumpkins

Instructor Lee Miller teaches how to Zentangle and practice a variety of beautiful patterns and put your designs on a craft pumpkin, giving your fall décor an artsy twist. The class is beginner-friendly.

Saturday, Oct. 19, 11 a.m.-2 p.m.
Room 12, Fee: \$40

**Pumpkins with accents**

Instructor and local artist Lizzy Mailho will teach you how to add shading, highlights and texture as you paint pumpkins with pops of gold accents. This class is great for beginning and intermediate painters. All materials are provided.

Saturday, Oct. 19, 3-5:30 p.m.
Room 11, Fee: \$40



AT SIERRA 2 CENTER

THE LEARNERY

Cultivating Curious Minds

Advance registration is required for all classes. Register at 916 452-3005 x208, in person at the Sierra 2 Center office or online at sierra2.org/thelearnery.

Watercolor night sky

Local artist Tonja Wilcox will show you how to use the wet-on-wet technique to blend colors to make your choice of night sky: calm, stormy or colorful. You'll learn how to add stars, constellations and trees to make an interesting night sky painting. This class is great for beginner and intermediate painters. All materials are included.

Saturday, Oct. 26, 3-5:30 p.m.
Room 11, Fee: \$40

**Design & brush lettering**

In this introductory fall-themed class, you'll learn how to make beautiful lettering with a dual-ended pen and a large brush. All supplies are included in your fall lettering kit. All levels are welcome.

Sunday, Oct. 27, 1-4 p.m.
Garden Room, Fee: \$67

For more information and to see more listings, visit www.sierra2.org/thelearnery.



Classes offered for healthy bodies and minds



By Katie Byram

Hands-on healing sessions

Due to the popularity of the introduction to Reiki healing at the Free Friday event in August, a Reiki Healing Clinic has been added on the first Friday of each month from 10 to 11:30 a.m. in Room 12 through the end of the calendar year. Fifteen-minute sessions will take place on a massage table, fully clothed and covered with a light blanket while soft music plays in the background.

Reiki master Barbara Mariano's introductory class in August drew 15 participants with quite a few singing her praises afterward.

For some, Reiki is a powerful technique to healing

through the exchange of energy. For others, it is 15 minutes out of a busy day to slow down and breathe in a relaxing environment and receive vital physical contact from another human being.

Older adults looking for a few minutes of peaceful relaxation should sign up and give it a try. Call the office at 916 452-3005 ext. 208 to schedule a 15-minute healing session. Bring the \$10 fee for payment at the start of the session.

Mental health support

All are invited to participate in Head Space classes led by program assistant Kate Lauter. Head Space covers the fundamentals of mental health and the interaction of body systems and overall mental health and wellbeing. The classes are designed to discuss a different topic each month, exploring how that topic ties into



improving our "head space." Suggested small changes or additions can help participants achieve a more positive mental state.

Depression and anxiety are conditions that can have a dual-diagnosis, meaning they often occur at the same time, and being afflicted by one can lead to the other. Small changes to lifestyle can help improve mood, decrease the symptoms of many mental health conditions, and can have lifelong benefits.

If you are feeling down, Head Space may be the lift your spirit needs. It is an inclusive, honest and open group to talk, listen and share, always welcoming new participants. One participant associated Head Space as "like my monthly therapy. I'm so thankful this class is here, and that Kate takes the time to spend with us. I don't know what I would do without Head Space."

The group meets next at 12:30 p.m. Monday, Oct. 21 in Room 12, to introduce and practice the layered topic of journaling. There is no fee for class, but donations are accepted.

Neighbors get creative with electric lawn care

By Kathy Les

The campaign to make Curtis Park residents aware of harmful pollutants spewing from gas mowers and leaf blowers has people listening. Increasingly, neighbors are finding creative ways to minimize the use of gas-powered equipment and turn to quieter, less polluting electric lawn care.

"This is science," emphasizes Nury Eno of Sixth Avenue. "People are really motivated to make the switch when they learn how much pollution is generated even on their own property."

Eno, a strong advocate for clean and quiet lawn care, has been an active participant on the SCNA ad hoc committee to help educate neighbors about pollution from gas equipment.

Her neighbor Zachary Knight didn't want to lose his existing gardener so he invested in an electric leaf blower he keeps charged and ready for weekly use. For less than \$150, he was able to purchase a high-quality blower, battery and charger. Both he and his gardener find it gets the job done just as well as the gas blower.

Knight credits Eno for helping him and his wife, parents of a 3½-year-old son, understand how the small particulate matter mobilized by gas blowers and equipment is especially harmful to children. Gas lawn equipment emits other air pollutants, including carbon monoxide, hydrocarbons (greenhouse gases) and other smog-forming chemicals such as nitrogen oxide.



Neighbor Zachary Knight didn't want to lose his existing gardener so he invested in an electric leaf blower he keeps charged and ready for weekly use. For less than \$150, he was able to purchase a high-quality blower, battery and charger.

"People are really motivated to make the switch when they learn how much pollution is generated even on their own property."

"As a homeowner, it should be my responsibility to be sure safe equipment is being used," Knight said.

On Portola Way, Jennifer Albion asked her gardener to not use a blower on her yard. "I notice a huge difference in noise reduction and less dust," she said. "Both are appreciated with a young one in the house."

On 25th Street, neighbors Joan Muttera and Lynda White shared the same gardener for the last few years but recently switched to all-electric service.

"I'm so much more aware now how noisy gas

mowers and blowers are when I walk around the neighborhood," Muttera said. Her new electric service is only \$20 more per month than she paid previously, which she considers a fair tradeoff.

Her neighbor Lynda White, a retired nurse who fitted patients in hazardous jobs with respirators, is especially aware of damage to lungs from gas fumes. "I didn't want to breathe the fumes from gas care any longer," she said. When offered the name of an electric service, she was all for it. "The noise from my old service was irritating, but the fumes were worse."

For information on the noise and toxic pollution from gas lawn care, visit <https://sierra2.org/neighborhood-scna/advocacy/clean-quiet-yard/>.

The Clean and Quiet Yard Care Committee welcomes new members or inquiries about how to pursue electric service.

Contact Kathy.les321@gmail.com.

POINT OF VIEW

Man's best friend may be neighbors' worst enemy

By John Mathews

Dogs are one of the animal world's most efficient poopers. They can stop, drop and walk off in 15 seconds.

Why is that a problem? Because if you, the dog's human companion, are on a walk and you don't keep a close watch on the doggy discharges, Rover will quickly leave a doodie truffle on your neighbor's lawn without you being aware. Your neighbor is aware because they are looking at you through their window and thinking about returning the deposit in your mailbox.

This problem is worse when someone is walking

their dog off-leash, has more than one dog, or worse, multiple dogs off-leash. Some neighbors are just not paying close enough attention these days. If your three unleashed dogs are running around the park, you may witness and pick up four out of the six bum biscuits, but the others are left for the pre-teen girls' soccer team to stomp on. Then they track the shoe poo back to their parents' kitchen floor.

And stop walking your dog(s) off-leash. Yes, we get it, you are convinced your off-leash dog is the universe's friendliest creature since lambs and lions laid down together. You think your out-of-control dog hightailing from 50 yards away to pounce on my leashed dog should be the highlight of our day. No.

My dog is afraid, I have to pick her up, and she will be shaking until we get far away from your Cujo. You've ruined our walk. So stop staring at your phone and reading the latest mango-infused IPA influencer post, and take your dog to an off-leash park.

Off-leash dogs and piles of marooned poop are the most frequent complaints heard about Curtis Park dog owners.

Come on, neighbors – we can do better. Just keep them on a leash, and look at your furry friend more frequently.

And don't get us started about barking.

SCNA board member John Mathews is chair of the Neighborhood Concerns Committee.

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Trees of Curtis Park

Fall is time to inspect elms, plan for treatment

By Dan Pskowski

Fall in Sacramento is my favorite season. No more scorching heat and the fall colors are spectacular. However, fall may have already arrived for some residents with English elms that are practically leafless while the leaves on the neighbor's deciduous tree haven't even changed color.

The culprit causing the English elms and also Siberian elms to defoliate is the elm leaf beetle. When beetle populations are allowed to build up, the larvae feeding on the leaves cause a skeletonized appearance. Extended elm leaf beetle damage can have serious consequences for long-term elm health.

Elm leaf beetle has been a persistent pest to Sacramento's elms for decades but was brought under control by a management program developed by UC Berkeley's Dr. Don Dahlsten and his graduate student Andrew Lawson. Begun in 1996, their three-year study of monitoring and treatment brought this pest problem under control. The English and Siberian elms were no longer losing their leaves during the summer.

However, this successful program, which reduced pesticide use by 60%, was discontinued. Currently,

residents who experience an elm leaf beetle problem with the city elm trees on their block need to contact the 311 Call Center at 311@cityofsacramento.org to request treatment.

Now is the time to inspect elms and make the request because treatment needs to take place in January and February. A pesticide is applied to the soil, which is taken up by the tree to provide control throughout the summer. The city's Urban Forestry section will treat elm trees on request.

If a city elm tree requires any pruning that cannot wait for the program pruning cycle – such as low limbs over street, sidewalk and roof or cracked/split limbs – now is the time to submit this request as well.

Best management practice is to prune elms from early November through the end of March because

the elm bark beetle, which spreads Dutch elm disease through its feeding and breeding habits, is not active in winter. Pruning elms sometimes occurs during the summer due to the urgency of the request. However, it is better for all of the elms on the block to prune when the trees are dormant.



Photos/Dan Pskowski

Above is a close-up of English elm leaves skeletonized and lacey due to elm leaf beetle damage. At left is an English elm almost completely defoliated from the work of the elm leaf beetles.

In the District

Dedicated staff necessary to address district issues

My staff and I, working with other city employees, do our best to meet the needs of our District 5 constituents. I represent more than 58,000 Sacramentans in more than 20 neighborhoods, so one can imagine the overwhelming number of requests we receive for assistance. Whether it's about homelessness, traffic issues, an abandoned vehicle or an illegal marijuana grow, we take all requests and concerns seriously. Since there have been some changes over time, I thought it important to reintroduce the District 5 staff.

At City Hall, Azia Cherry handles all administrative management of the office, coordinating my schedule and planning events like movie nights and community

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meetings. She is also a new mom of baby Sam, doing her best to get a bit of sleep between all her duties.

Jasleen Escobar leads on all constituent matters. Over the past year, she has learned the ins and outs of the city and pretty much knows where to go to get answers for most any question or complaint. She also does the bulk of

our social media and outreach efforts (@jayschenirer on Instagram and Twitter). Jasleen is recently engaged to a member of the British military, so she has a significant interest in world affairs these days.

Chief of staff Allison Joe came to the district office two years ago from the California Strategic Growth Council and state government. While she does a bit of everything, she has deep knowledge of housing and transportation issues, and our office could not survive without her.

Thanks to some philanthropic fundraising, I am lucky to have three additional staff members working with me: Claudia Jasin works on youth issues and has spent a great deal of time

working on the Ryde Free RT Program – providing free transit passes for young people launching on Oct. 1; Michael Blair runs WayUp Sacramento, spending his time on all issues Oak Park; and Sommer Hayes facilitates our work with many of the schools in the district.

These are great folks without whom I simply could not meet the needs of District 5 on an ongoing basis. We get hundreds of calls, emails, tweets, messages and personal requests each week. This does not include our appointments to city boards and commissions – I'll leave that for another day.

For now, I just wanted you to know who is working for you and make sure that the team gets the credit it deserves.

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The **SIERRA 2 SENIOR CENTER** is open to all seniors (ages 55 and up) from 9 a.m. to 4 p.m. Monday through Friday in Room 12 at Sierra 2. The center provides opportunities to keep learning, exercise, meet new people and be actively involved with neighbors. Free (donations accepted) and fee-based classes and activities are on the calendar.

COMMUNITY CORNER



Photo/Joan Cusick

New neighbors settling in

The Calabretta family moved to Curtis Park at the start of September after several years of renting in Land Park. Daniel Calabretta, back left, became a Superior Court judge in January after serving as a deputy legal affairs secretary to Gov. Jerry Brown. Jonathan Calabretta is the merit award program manager in the state Department of Human Resources. Sons Parker, front left, and Declan will celebrate birthdays in January. Parker will be 5, Declan 2.

Viewpoint wants to publish your news

The Viewpoint appreciates neighbors who submit news about their babies, new neighbors, milestones and special events. This includes letters to the editor. Please send to denniscusick52@gmail.com or call the Sierra 2 Center office at 916 452-3005. Deadline for copy is the 15th of the month prior to publication.

CORRECTION: In *Viewpoint*, September 2019, the photo of the veggie garden on Page 9 was incorrectly credited. The photo was taken by Caroline Dunivant.

Retired pediatrician volunteers at clinic for asylum seekers

By Judy Scheible

Dale Stark of Marshall Way may have retired from her pediatric practice, but she didn't hang up her stethoscope. As an advocate for the underserved and abused, she volunteers at the Refugee Health Alliance clinic for asylum seekers in Tijuana.

The migrants come from Mexico and Central America and from all over the world, including Cameroon.

At the clinic set up near the U.S. border, she works with a team of volunteers to provide basic medical care, medicines, prenatal care and therapy, as well as clothing and hygiene products. The clinic coordinates with Al Otro Lado, a legal clinic in Tijuana that prepares asylum seekers for the difficult process ahead of them.

On Saturdays, the medical team loads up duffle bags with supplies and works its way to remote shelters to hold pop-up clinics.

Stark was impressed at the commitment she sees in the young volunteers who join her team. They are a mix of medical students and regular students as well as retired doctors and nurses.

Stark volunteers for a week at a time. She made her third trip this year in September.

"I'm so amazed by the resilience of these asylum seekers," she said. "They have been through so much, and I still hear the moms reminding their children to say 'Thank you.'"

Stark worked with the Sutter Medical Group for 27 years. Before that



Photo/Joan Cusick

Dale Stark volunteers for a week at a time. She made her third trip this year.

she worked at San Francisco General Hospital and La Clinica de la Raza in Oakland. She trained to be a community health worker in Mexico City.

Her trips are sponsored by the local nonprofit NorCal Resist, with whom she began working in January. The group formed the day after the 2016 presidential election. Its work supports migrants and asylum seekers in the Sacramento area through a variety of services and projects including help with housing, legal and mental health services, rides to appointments, even driving lessons. Its members conduct Know Your Rights trainings and train sponsors and accompaniers.

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Photo/Adrianna Gonzalez

Radio station KNCI hosted the first garden workday of the year at Bret Harte Elementary School.

Radio station helps prepare school garden

By Adrianna Gonzalez

Radio station KNCI (New Country 105.1) hosted the first garden workday of the school year at Bret Harte Elementary School. The KNCI Community Crew provided breakfast and recruited volunteers who joined families and Bret Harte staff to prepare the school garden for the fall. The volunteer workers weeded the garden, trimmed fruit trees, turned and amended the soil in the entire garden and mulched the Franklin Boulevard space. Green Acres-Folsom donated the soil.

This workday was a great help in keeping the garden in shape for this school year. Classes from all grades will participate in planting lettuce and peas in October.

The KNCI Community Crew plans to return on Feb. 15, 2020, to help with a project to create

a perennial bed around the entire garden to attract pollinators.

All garden workdays take place on the second Saturday of the month from 10 a.m. to noon. This school year's workdays are Oct. 12, Nov. 16, Feb. 15, March 14, April 18 and May 16.

This is a family friendly event open to the entire neighboring community. To volunteer at a future garden workday, contact the office to sign up: 916 395-1590.

School events in October include Family Lunch Day, 11 a.m. to 12:35 p.m. Oct. 4; PTA general meeting, 6 to 7 p.m. Oct. 7 in the Parent Room; School Site Council meeting, 6 to 7:30 p.m. Oct. 14 in the Parent Room; and Tamales and Talk with city school board member Lisa Murawski from 6 to 7:30 p.m. Oct. 28 in the Parent Room. This is a follow-up to the August community meeting about the school's future.



Photo/Joan Cusick

Redwood is shadow of its former self

A crew hired by SMUD trims branches from a decades-old redwood tree in a Portola Way backyard on Sept. 9 before cutting the trunk into manageable sections from top down the following day. Homeowners Madeleine Lohman, Anne-Christin Trost and Cara Arndorfer said SMUD officials approached them in February about removing the tree because of the threat it posed to the utility's power lines. The homeowners negotiated that some of the wood would go to Urban Wood Rescue, a program of the Sacramento Tree Foundation that salvages logs and then mills them for sale for use in homes, businesses and artistic projects. The three women, who are partners in Delta Mind Body Center on 10th Street, are giving away remaining slices of the redwood's trunk that are piled up in their yard. To obtain redwood slabs, send an email to deltamindbodycenter@gmail.com.



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