

Hawaiian dinner and concert set for March 2 for theater fundraiser

By Valerie Burrows
Viewpoint Staff Writer

SCNA is hosting a dinner and concert with noted Hawaiian musician and chef Patrick Landeza on Friday, March 2, to raise funds to renovate the 24th Street Theatre.

A Hawaiian dinner will be served at 6 p.m. in Curtis Hall followed by a concert at 8 p.m. in the 24th Street Theatre. The dinner menu features Kalua pork, Teriyaki chicken, white rice, green salad and macaroni salad. Beer and wine will be available for purchase.

Born and raised in Berkeley, Landeza is an award-winning slack key guitarist. He has also produced Hawaiian concerts for over 20 years, and teaches slack key guitar in music camps and classes around the country.

Landeza's 2010 release, "Ku`u Honua Mele," received the 2010 Hawaii Music Award in the slack key category, and was nominated for the Nā Hōkū Hanohano award (Hawaiian music's equivalent of the Grammy). It was the first release by a mainland artist to make it on the final ballot.

He performed at Carnegie Hall in 2012 in Listen for Life's "Power of Eight" concert. This organization awarded Landeza its Musician of the Heart award in 2014. In 2015, he received an award from the Hawai'i Chamber of Commerce in Northern California.



Hawaiian musician and chef Patrick Landeza will perform at the 24th Street Theatre after a Hawaiian dinner in Curtis Hall March 2.



The cost for both the dinner and concert is \$60. Tickets for the concert only are \$40. Tickets can be purchased on the website at sierra2.org. Theater merchandise, totes and T-shirts will also be available for purchase.

Proceeds will benefit the Restore the 24th Street Theatre campaign.

City is challenging judge's disapproval of gas station vote

By Viewpoint Staff

The question of whether a 16-pump gas station may be built in the Crocker Village development won't be settled soon, as City Council has asked an appeals court to review a Sacramento Superior Court order for a new vote on the project within 60 days.

On Jan. 3, Superior Court Judge Michael Kenny ruled that Councilmember Jay Schenirer demonstrated "an unacceptable probability of actual bias" and failed to act in an open-minded manner before the Council voted 7-2 in 2015 to deny developer Paul Petrovich a conditional use permit for the gas station. The judge's order was posted on SCNA's website, www.sierra2.org, the day it was issued.

The judge's decision didn't comment on the merits of whether the permit should have been granted. Instead, the judge pointed to text messages between Schenirer and SCNA President Eric Johnson as evidence that Schenirer had made up his mind about the project before the hearing.

The judge wrote that when the Council hears an appeal, it is required to conduct a judicial-style hearing where councilmembers don't advocate for or against the project. The judge said Schenirer violated his duty of neutrality by "coaching" Johnson on how to lobby Council members against the permit.

Council voted 6-0 in closed session Jan. 9 to appeal the judge's decision. Those in favor of filing an appeal included both councilmembers who voted in 2015 to issue a conditional use permit, Allen Warren and Larry Carr, as well as Mayor Darrell Steinberg, who was not in city government at the time of the original vote. Councilmembers Angelique Ashby, Eric Guerra and Schenirer didn't participate in the vote concerning the appeal.

Asked by *Viewpoint* why Council appealed rather
Please see Appeal, page 6

DELTA WOMEN

New center helps clients ease pains of body and mind

By Dennis Cusick
Viewpoint Editor

Three neighborhood women with professional skills to help improve other people's lives have joined forces to open the Delta Mind Body Center near Southside Park.

They will have an open house at the new location, 2014 10th St., on Saturday, Feb. 10, from 2 to 4 p.m. with a celebration and blessing ceremony from 4 to 5 p.m. All are welcome.

Planning for the new center began about three years ago, soon after Anne-Christin Trost became a massage therapist.

"It became so clear that all our passions complemented each other," said Madeleine Lohman, who is also a massage therapist, as well as a yoga instructor.

Anne-Christin's wife, Cara Arndorfer, is a counseling psychologist. All three live on Portola Way.

For a time, Anne-Christin and Madeleine shared a massage space above Pangaea, at Third Avenue and Franklin Boulevard. There were two problems with the space — it was so small that only one of them could provide massages at any given time, and it was on the second floor, limiting clientele to those able to climb a flight of stairs.

Their new space, on 10th Street between T and U streets, offered a solution. The mid-century building is single-story and ADA-compliant. Anne-Christin and Madeleine each have their own massage rooms. The center also has an office where Cara can see patients.

Cara specializes in counseling people with eating disorders, anxiety,



Photo/Joan Cusick

Left to right, massage therapist/yoga instructor Madeleine Lohman, massage therapist Anne-Christin Trost and counseling psychologist Cara Arndorfer have teamed up to establish Delta Mind Body Center near Southside Park.

depression, trauma and issues of the LGBTQ community, such as transgender people in transition. She will be at the center one day a week while continuing her practice in Davis three days a week. Cara will conduct

meditation classes at the center on Friday nights from 6 to 7 p.m.

In addition to the massage rooms and office, the center has a large open studio space for yoga and meditation

Please see Center, page 3

NOTES FROM JAN. 9ND MEETING

Johnson accepts 6th term as SCNA president

Eric Johnson was elected to a sixth term as SCNA president at the Jan. 9 meeting of the SCNA board. Also elected to the executive committee were **Bruce Pierini**, vice president; **Jonathan LaTurner**, treasurer; **Kate Van Buren**, secretary; and **Kat Haro**, board member at large.

Strategic Plan update

Kim Tucker of Impact Foundry proposed newly revised vision and mission statements. The focus emphasizes promoting Curtis Park as a community of neighbors who value inclusion and maintaining a vibrant quality of life, with Sierra 2 Center as a cultural resource to the social and architectural fabric of Sacramento.

President’s report

Eric will write a letter in support of the San Joaquin Rail Authority’s proposal to build a station at Sacramento City College.

Executive director’s report

Terri Shettle has developed an evaluation process for SCNA programming that she will incorporate into future dashboards for statistical purposes and to measure growth.

Terri reported that the fund-raising campaign for renovation of the 24th Street Theatre has raised \$13,000. However, \$60,000 is needed to match the Sacramento Metropolitan Arts Commission’s \$40,000 grant and replace the carpeting after the theater’s seats are removed.

Eric suggested board members should ask at least five friends and neighbors to contribute to the fund-raising campaign. Terri will mail letters.

Fund-raising events have been scheduled, including a Feb. 9 showing of “The Room,” and a Feb. 10 matinee showcasing cultural dancing. Tickets are \$15 in advance. The major fund-

Next meeting

The next regular meeting of the SCNA Board will begin at 7 p.m. Wednesday, Feb. 7 in the Garden Room at Sierra 2.

raiser will be a Hawaiian-theme performance in the theater March 2. See story on front page. The Big Day of Giving on May 3 is another opportunity to raise money for the theater improvements.

Lori Harder observed that SCNA’s investment will keep the theater operating and maintained for many years to come.

Treasurer’s report

Jonathan reported the overall balance sheet is good and liabilities are in line with expectations. The combined profit/loss sheet showed a mixture of low expenses and more revenue. Sierra 2 Center generates approximately \$295,000 in rental revenue. We are currently \$30,000 ahead of the budget, even though we did not receive \$10,000 in anticipated donations.

Neighborhood Concerns

A letter from SCNA to the city regarding the proposed Paseo homes in Crocker Village focused on the need for a pedestrian path so that children, families and the elderly can safely walk from their homes to the commercial district and people with wheelchairs, scooters and walkers can be safely

transported. The letter noted that a safe pathway from the residences to retail shops would encourage positive social interaction that makes a community stronger.

SCNA asked the city to clarify the relationship between Village 2, Village 3 and the Flex Zone to the southern end of the Crocker Village commercial area.

More than a dozen lampposts have been broken in Crocker Village, with glass and plastic shards littering the ground. A homeless encampment remains next to the railroad tracks, and large mounds of trash litter the area. Part of the camp caught fire a few weeks ago, but another part is still inhabited. Many dead squirrels were observed lying in the fields.

Senior Center

Angela Mia reported that annual appeal letters were sent out with a good response. The craft fair drew 715 people, up from 450 the previous year, with an income of \$1,912. People expressed the desire to host more artisan and craft tables in 2018, with Curtis Festivus as the theme.

Viewpoint

SCNA will dedicate a seat in the renovated 24th Street Theatre to **Judy Scheible** for her years as the volunteer editor of the *Viewpoint*.

— Submitted by
Kate Van Buren, board secretary

SAVE THE DATE!

CURTIS PARK
HOME & GARDEN
TOUR 2018

Saturday, April 28 • 10 am – 4 pm
to benefit SCNA and the Sierra 2 Center

PRESIDENT’S MESSAGE

From one leader to the next — cautious optimism

It is my privilege to begin a sixth term as SCNA president while looking forward to devoting the board’s energy to things that are not Curtis Park Village. As my predecessor was fond of saying, I am cautiously optimistic.

Fortunately, I have lots to be optimistic about regarding SCNA and the Sierra 2 Center for the Arts. I feel my heart flutter a bit when I ramble over to Sierra 2 for a board meeting and the parking lot is jam-packed full on a Wednesday evening. The Learnery, our version of The Learning Annex, is an unqualified success, and new classes keep getting added all the time. Right now, there’s everything from Beginning Spanish to Wabi Kusa: Japanese Water Garden Workshop.

Our biggest initiative this year is the rehabilitation of the 24th Street Theatre. This venerable institution is showing signs of its age, and we’re fund-raising with a vengeance. We’ve already replaced the roof, and we were awarded a \$40,000 matching grant from the Sacramento Metropolitan Arts Commission.

Our next priority is to raise additional funds to replace the worn-out theater seats, which were purchased second-hand from Memorial Auditorium in 1979. You can help by buying a T-shirt, purchasing a couple of the antique seats (perfect for a deck or

ERIC
JOHNSON
SCNA
Board
President



front porch) or sponsoring one of the new seats — Terri and her staff are offering donation options to fit every budget.

Also serving on the Executive Committee are **Bruce Pierini**, vice president; **Jonathan LaTurner**, treasurer; **Kate Van Buren**, secretary; and new board member **Kat Haro**, member at large.

Former SCNA President **Pat Soluri** and the longest-ever board member **Andrea Rosen** have retired from the board. Both have been invaluable resources and supporters of SCNA.

Of course, I look forward to all the events and happenings that make Curtis Park fantastic: The home tour, wine tasting, CurtisFest, Senior Center crafts fair, egg hunt ... the list goes on.

I hope you, dear reader, will consider volunteering to be on an event committee — recent years have seen an increase of staff time devoted to events, and it’s really important that we keep our events community-oriented. My time volunteering on the board has been incredibly rewarding, and I bet you’d find it rewarding also. I hear the Wine Tasting committee is a blast.

There’s a lot going on in our neighborhood, and I really enjoy being a part of it. I hope to see you out and about — I’ll be the guy sweating as I toil over the pedestrian bridge on a run, and then enjoying a frosty pint on the front porch. Stay optimistic.

VIEWPOINT	
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The *Viewpoint* appreciates neighbors who submit news about their babies, new neighbors, milestones and special events. This includes letters to the editor.

Please send to denniscusick52@gmail.com with *Viewpoint* in the subject field or call the Sierra 2 office at 452-3005.

Deadline for Viewpoint copy is the 15th of the month prior to publication.

Neighborhood harvest helps those in need



Photo/Joan Cusick

Sacramento State University student Floyd Johnson picks mandarins from a tree at a home on Portola Way. Volunteers for Harvest Sacramento gleaned fruit from three Curtis Park homes on Dr. Martin Luther King Jr. Day, with the produce donated to those in need. According to Nick Anicich of Soil Born Farms, the program is seeking a leader for Harvest Curtis Park. For more information, visit www.soilborn.org or email nanicich@soilborn.org.

Nextdoor Community-based social media for neighbors offers tips on jogging, Vietnamese food

By Craig McCulloch
Viewpoint Staff Writer

Nextdoor.com is a free community-based social media application for neighbors to share news with each other. There are currently 2,033 members residing in Curtis Park. The typical posts are about lost and found pets, crime reports, and neighbor recommendations for electricians, plumbers, roofers, and handy-persons, etc.

In recent weeks, several neighbors posted their thoughts about the safety of jogging around Curtis Park in the early hours before sunrise. Many neighbors suggested to stay away from streets such as Franklin Boulevard with higher traffic volumes and cars that may not signal a turn from Franklin, or be watching for joggers in the crosswalks. No safety issues were voiced regarding the jogging trail around the park.

One suggestion that was repeated was to use a headlamp while running in early morning hours.

A lengthy thread of posts asked about recommendations for Vietnamese restaurants in the area. Several posters recommend going to Stockton Boulevard and south of Fruitridge Road for the most authentic Vietnamese food. Others noted a recent change in ownership of the former Pho Bac on Broadway and 19th Street. It is now called Saigon Street Eats. Andy Nguyen's on Broadway near 20th Street also collected a few votes from neighbors.

Several neighbors had recently tried Thai Farm House BBQ & Bistro, which opened in August at the northwest corner of Broadway and Riverside, catty-corner from the Target store. It has received favorable reviews on Yelp and from the *Sacramento News & Review*, which called it "a slice of coziness on the verge of Land Park and the grid."

Center: Accessible to Curtis Park, it works for surrounding neighborhoods

(Continued from page one)

classes. The space is available for rent when not in use.

Madeleine says they chose the 10th Street location because it was accessible to their existing clients in Curtis Park, who make up more than 70 percent of their business, but also close to Land Park

and other neighborhoods.

The center opened its doors in November, and has been constantly adding contract professionals since then. Among them are psychologists Luana Coloma Cook and Sean Cook, who also live in Curtis Park. The Cooks have just started an eight-week course at

the center on mindful self-compassion.

Everyone appreciates the extra space at the new center. "Before, I had limited hours because I was sharing an office with Madeleine," Anne-Christin says. "Now, there's other people beside me. We're a team. It's lovely."



Strategic Plan charts SCNA path for next several years

In this new monthly feature, SCNA board members will answer questions of neighborhood interest. Send your questions to Bruce Pierini at brucepierini@gmail.com.

The SCNA board has been working with a consultant for more than six months on a Strategic Plan for the association. What is it and how it will affect the neighborhood?
— Bruce Pierini

SCNA President Eric Johnson answers:

The SCNA Board of Directors' Strategic Plan charts a path for this and future boards to follow for the next several years. It lays out overall priorities, and gives guidance when decisions between competing priorities need to be made.

This plan has a five-year horizon, and when completed, will be a robust road map for how SCNA should spend its time, money and other resources. It will provide goals with measurable outcomes so we can gauge our success or failure in achieving those goals.

It's a little challenging to say what the real impact of the plan will be (you know what God does when you make plans...), but this document will help us out when we reach those points where we meet challenges and obstacles. It will also give some clarity on what we stand for, and what values the membership's contributions support.

SCNA has not had a strategic plan for at least 10 years, and it will be good to have something in black and white that talks about who we are, what we're all about, and where we're headed.

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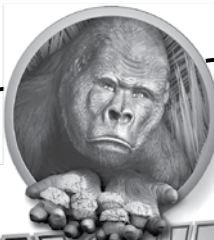
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FEBRUARY 2018 AT SIERRA 2

AT THE 24TH STREET THEATRE



8 BORDERS, 8 DAYS

Feb. 8
Doors: 6 p.m. Film: 6:30 p.m. FREE
Info: Rescue.org

The International Rescue Committee in Sacramento invites you to a screening of this 60-minute feature documentary following the story of a fierce single mother of two from Syria who is willing to risk her children's lives on a raft for a better future. This film recounts their eight-day journey to safety. The IRC works with government bodies, civil society actors, and local volunteers/supporters to help refugees translate their past experiences into assets valuable to their new communities.

THE ROOM
BENEFIT SCREENING

Feb. 9
Showtime: Doors open 7 p.m.; Film: 8 p.m.
Tickets: \$15 per person
Info: sierra2.org

Dubbed the best worst movie ever, the phenomenon of The Room can't quite be explained. Come see what this cult film is all about. Sponsored and emceed by Sacramento Horror Film Festival Founder and Director Tim Meunier, this interactive show invites fans to dress up as their favorite characters, toss small footballs to each other, yell insulting comments, recite lines and throw plastic spoons. There is no pressure to participate, just come enjoy the experience. The film is rated R and for Mature Audiences only.



STORIES IN DANCE
BENEFIT SHOW

Feb. 10
Showtime: Doors open 1 p.m.; Show 2 p.m.
Tickets: \$15 advance; \$20 at the door; \$10 ages 12 & under
Info: sierra2.org

Several of the dance groups that rent year round at Sierra 2 have come together to showcase their talents in this celebration of cultural and artistic dance performances to benefit the 24th Street Theatre Restoration Project. This family-friendly show will include performances by Manasa American Tribal Style Belly Dance; Kalanjali: Dances of India; Rincones de mi Tierra Mexican Folklorica, River City Taps and Hinalei Polynesian Dance.



DISNEY'S ALICE IN
WONDERLAND JR.

Feb. 23-25
Showtimes:
Friday, 7 p.m.;
Saturday, 10 a.m., 12:30,
3 p.m., 5:30 & 8 p.m.;
Sunday, 11 a.m. & 1:30 p.m.
Tickets: \$12 adult; \$10 students
Info: youngactorsstage.com



Players in the Young Actors Stage group take theatergoers down the rabbit hole to join Alice on her madcap adventure. This fast-paced version of the classic tale features updated songs from Disney's animated movie.

HAWAIIAN DINNER & CONCERT
WITH PATRICK LANDEZA

March 2
Dinner: 6 p.m. Curtis Hall **Concert:** 8 p.m.
Info: sierra2.org
Tickets: \$60 dinner & concert; \$40 concert only

Join us for a special theater fundraiser dinner and concert with award-winning Hawaiian musician and chef Patrick Landeza. (See story on front page.) Proceeds benefit the 24th Street Theatre.

ACTIVITIES AT SIERRA 2

DANCE

Adult Ballet
Two Rivers Dance Center
Mondays & Saturdays
richard@tworiversdancecenter.com

Heels & Sass Dance class
7:30-8:30 p.m., Thursdays, Studio 1
mzballerina@gmail.com

Irish Folk Dancing
1st and 3rd Monday, 7-9 p.m., Studio 1
Liam Irish, 530 677-5549

Polynesian Dance
Tuesday, 6-7:30 p.m.
Studio 2 • alohatyra@aol.com

River City Taps – Adult Tap Dance
See Website for class schedules. Studio 1 & 3
www.rivercitytaps.com
Richard@rivercitytaps.com

Auntie Amy's Hula
Thursday, 3-4 p.m., Studio 1
Amy Cornellier, 792-5561

Kalanjali: Dance of India
Saturdays, 9 a.m.-1 p.m., Rooms 10 & 11
510 526-2183, katherine.kalanjali@gmail.com

Sacramento Academy of Ballet
4:30-5:30 p.m., Tuesdays
5-6:30 p.m. Wednesdays, Studio 1
Janelle Sebren, 971-0945

West African Dance
5 p.m., Saturdays, Studio 3. All ages
205-3970 or fenixdrumanddance.com

Burlesque Dance Class
7:30-8:45 p.m., Wednesdays, Studio 1
Jessica Carter, movementwithmeow@gmail.com

FITNESS

Hot Hula Fitness
7-8 p.m.
Fridays, Studio 2
OhanaFiit, 595-3765

Zumba with Toya & Linda
Monday/Wednesday, 7:30-8:30 p.m.,
Studio 2
LaToya Bufford, toybufford15@yahoo.com

Bellyfit®
Tuesdays, 2 p.m., Studio 2;
Randi Robinson-Snaer
randirobinson@mac.com

Dancehall PowerUp
Thursday, 8:30-9:30 p.m., Studio 3
LaToya Bufford, toybufford15@yahoo.com

Motivational Aerobic Dance Exercise
Monday/Wednesday, 6:30-7:30 p.m.,
Studio 1 • Kia: keynorrisfitness@gmail.com

Zumba
Friday, 6-7 p.m., Studio 2
Sunday, 11-noon., Studio 2
Abraham Contreras, pakko.zumba@yahoo.com

Weight Watchers
Thursdays, 9 a.m., noon, 6 p.m.
Saturdays, 9 a.m. Room 10 . 800 374-9191

All Levels Pilates Mat Class
6:30 p.m., Thursdays, Studio 1
Lauren, 956-0876

Zumba Gold
Tuesday/Thursday, 4:45 p.m. (50 min. class)
richard@tworiversdancecenter.com

YOGA

Iyengar Yoga
Tuesday, 10-11 a.m. • Studio 1
Glady's Callander: 743-0246

SPIRITUAL SERVICES

Sacramento Native American Believers Fellowship
Sundays, 10:30 a.m.-12:30 p.m., Room 10
Lee Aviles, 203-6461

Mustard Seed Faith Ministries
Sundays, 10:30 a.m.-12:30 p.m., Room 9
Pastor Dorothy Hayes, 213-0901

Good Shepherd Parish
Sundays, 9:30 a.m.-12:30 p.m., Room 12
Contact: Mother Elizabeth English
502-6773, GoodShepherdCommunity.org

Empowerment Theological Seminary
Mondays, 6-9:55 p.m., Room 9, 308-7646
empowermenttheologicalseminary.com

True Life Ministries
Sundays, 2:45-4:15 p.m., Room 9
Pastor Grant Harper: 382-2885

OTHER

The Playground:
An Improv Community
7-9 p.m., Wednesdays, Room 9
betsaidalebron.com, 573-0301

Cochlear Community Meetings
6-8 p.m. 2/22, 5/17, 8/16, 11/15, Curtis Hall
Cochlear.com/US/events

Know Thyself as Soul – Meditation
1st Sunday of the month, 1-4 p.m. Curtis Hall
knowthyselfassoul.org

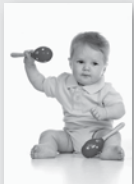
Marxist School of Sacramento
Guest Speakers Lecture
Third Thursday, 7 p.m., Room 9
799-1354, marxistschool.org

ART

Glass Mosaic Classes
Tuesday, Noon-3 p.m., Room 11
karenssharp51@gmail.com

CHILDREN

Capital City Music Together
Children 5 and under.
For schedule: Jennie Ribadeneira: 990-3222
www.capitalcitymusictogether.com



MUSIC

Nashville Songwriters Association
2nd Wednesday, 6:30-8:30 p.m., Room 12,
Free • Gabrielle Kennedy: 476-5073

Japanese Taiko drumming
Tuesday, Studio 1 • Youth Ages 7+, 6-7 p.m.
Beginning Ages 9+, 7-8 p.m.
Intermediate, 8-9 p.m.
Kristy Oshiro, kristyoshiro.com

West African Drumming
4 p.m., Saturdays, Studio 3. All ages
205-3970 or fenixdrumanddance.com

MARTIAL ARTS

Eagle Claw Kung Fu Academy of Sacramento
Wednesdays, 6-7 p.m. 441-7215
Saturdays, 12:30-2 p.m., Studio 2

Sacramento Sword School
Martial Sword Arts of Europe
Thursdays, 6:15-8:15 p.m., Studio 2
Maestro Eric Myers: 276-2247

Unified Chinese Martial Arts
For schedule, e-mail Shifu Byron at
Lohan36@sbcglobal.net

Adult Dance Fitness with a Twist!
Feb. 16 & 23 — Theme: Twerk Werk (Cardi B)
7:15-8:30 p.m., Studio 3
jdancemovement@gmail.com

ADULT BALLET CLASSES
BALLET BASIC BALLET 1
FLOOR STRETCH & CONDITIONING
instructor: Katie Rogers
for information contact:
Richard@TwoRiversDanceCenter.com
class location: Sierra 2 Center

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Driver safety, Pilates, Tai Chi and smartphone classes

By Katie Byram
Viewpoint Staff Writer

AARP Driver Safety

The two-day AARP Driver Safety Course returns from 9 a.m. to 1 p.m. Monday, Feb. 5, and Tuesday, Feb. 6, in Room 10. This course helps keep drivers safe by making sure they have all the updated information because cars, driving rules and road conditions have changed over the years. This course is specially designed for drivers age 50 and older, and addresses such common age-related issues as vision, hearing and reaction time. Seniors (and drivers under 25) have the highest risk of serious collision and injury-involved accidents. Driving is a skill that can and should be continually improved to reduce risks to drivers, passengers and pedestrians.

This refresher course is \$15 for AARP members and \$20 for non-members. Sign up by completing the registration form found at the Sierra 2 Center or on sierra2.org. Please mail forms and payment to instructor Jim Finnegan at 804-9777.

Texts, photos, apps

Phones aren't just for making calls these days. Today's smartphones let users check email, browse the internet,

play games, check weather, take pictures and maintain good health -- to name a few of the many uses. A Leap Ahead IT and Bit Fellowship are hosting two smartphone classes for older audiences. The first class, from 2 to 4 p.m. on Monday, Feb. 26, is for iPhone and iPad users, while the March 19 workshop will cover Android phones and tablets. Students should bring their devices to class. To register, please call 452-3005 to let them know you're coming. The \$20 fee can be paid at the door with check or cash.

New Pilates, Tai Chi classes

The Wellness Program's most popular classes, Pilates with Lauren and Tai Chi, have expanded and updated their class dates and times. Starting in February, Pilates with Lauren will meet from 10:30 to 11:30 a.m. on Mondays, Tuesdays and Fridays in Studio 3. With Pilates, students can strengthen the mind and body with a focus on the spine-protecting core.

Tai Chi has split its Monday class into two levels. Beginner students can attend class at 10 a.m. and intermediate at 11 a.m. in Studio 2. Thursday classes are for all levels from 10 to 11 a.m. in Room 12. Seniors come to Tai Chi to work on balance, relaxation and overall better health. See the Wellness Program at www.sierra2.org/senior-center.

SIERRA 2 SENIOR CENTER

Room 12 • 455-6339
seniorcenter@sierra2.org

A schedule of regular, on-going activities can be found at the Sierra 2 Center or online at Sierra2.org. Below are new, special or updated events & activities.

EVERYONE IS WELCOME.

(Activities are free except where noted. Donations appreciated. All activities take place in Room 12 unless otherwise noted.)

LEISURE

Book Club
11:30 a.m.–12:30 p.m., 2nd Monday
Feb. 12: "The Warmth of Other Suns" by Isabel Wilkerson
March 12: "The Little Paris Bookshop" by Nina George

Nonfiction Book Club

11:30 a.m.–12:30 p.m., 3rd Thursday
Feb. 15: "The Fracture Zone" by Simon Winchester
March 15: "Drift: The Unmooring of American Military Power" by Rachel Maddow

Film Club

1:30-4 p.m., 3rd Tuesday
Feb. 20: "Some Like It Hot" (1959)
March 20: "Batteries Not Included" (1987)

EDUCATION

Computer Classes:
3rd Mondays (unless otherwise noted); 2-4 p.m. Room 12. Cost: \$20/class. Please sign up in advance; no laptop necessary.
Feb. 26: iPhones and iPads
March 19: Android Phones & Tablets

FITNESS

Pilates with Lauren
New dates & times!
Mondays, Tuesdays, Fridays
10:30-11:30 a.m. in Studio 3

EVENTS

AARP Driver Safety Program
9 a.m. - 1 p.m., Feb. 5 & 6, Room 10
Fee: \$15 (AARP members) or \$20 (non-members)
Register: Jim Finnegan, 804-9777

Potluck

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the LEARNERY

AT SIERRA 2 CENTER

Advance registration is required for all classes. Register by phone at 452-3005, in person at the Sierra 2 Center office or online at Sierra2.org/thelearnery. To see a full list of classes and workshops, visit sierra.org/thelearnery.



For the Love of Plants Workshop
Dispelling myths about succulent, air plant and terrarium care plus a planting project.
Saturday, Feb. 3
2:30-3:30 p.m. in Room 11
Fee: \$25/person

Beginning Guitar

6-week introductory course for chords, strumming, finger-picking.
Saturdays, Feb. 3-March 17 (skipping March 3)
10-11:15 a.m. in Room 12
Fee: \$120/person

Guitar 2

6-week course for students expanding on guitar experience.
Saturdays, Feb. 3-March 17 (skipping March 3)
11:30 a.m.-12:45 p.m. in Room 12
Fee: \$120/person

Shall We Dance? –

A Couples Valentine's Dance Class
Hosted by ballroom dance instructor Barnaly Pande
Sunday, Feb. 11
2–3 p.m. in Room 10
Fee: \$25/couple

Wabi Kusa: Japanese Water Garden Workshop

Hosted by Joe Triglia of Tufarock Designs
Saturday, Feb. 17
2:30-4 p.m.
Fee: \$35/person
To see a full list of classes and workshops: www.sierra2.org/thelearnery.

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IN THE DISTRICT

Community service brings joy, takes hard work

Martin Luther King Day brings out the best in us. In addition to feeling an overwhelming sense of community and hope for the future while participating in the march from Oak Park to the Convention Center with 30,000 other Sacramentans, I also took part in two community service days.

Saturday morning was at Maple Neighborhood Center, where I found myself shoveling wheelbarrows of mulch from a very large pile into the nearby playground. It always feels good to support a wonderful organization like La Familia. Many volunteers were from The Mission Continues, a national organization that



City Councilmember Jay Schenirer

empowers veterans who are adjusting to life at home to find purpose through community impact.

Sunday, B'nai Israel congregation scheduled a service day at Bret Harte Elementary School. We were told to bring shovels and rakes. I spent a good chunk of time shoveling wheelbarrows of mulch from a very large pile to a nearby playground. In addition to members of B'nai Israel, I was excited to see a number of folks from

the neighborhood who are on the Bret Harte Garden Committee. Like La Familia, I am happy to support Bret Harte and its wonderful principal, James Tucker. He is doing great things in the school and in the

community and we should all support his efforts.

On another note, I've spent the last couple of weekends in the district talking to Curtis Park residents. One of the main complaints I heard was about low-level crime – bikes stolen, car break-ins and packages stolen from front porches. I have since spoken with the new police captain for the area, Alisa Buckley. Capt. Buckley has committed to increasing patrols and running a bait package sting operation in the neighborhood. I'd also like to help those who want to form neighborhood watches. If you are interested, please contact Azia Cherry in my council office: 916 808-7005, acherry@cityofsacramento.org.

If you have any questions, comments or concerns, please get in touch.

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TREES OF CURTIS PARK

Inspect your trees for broken limbs or cracks

By Dan Pskowski
Viewpoint Staff Writer

As winter storms roll in, the rain is a welcome respite from Sacramento’s hot dry summers. Wind usually accompanies major rainstorms and, depending on the severity, trees will shed large branches. In extreme cases, the entire tree may blow over.

During this storm season, remember to inspect your trees.

After every windstorm, I recommend inspecting trees for broken limbs or cracks at the branch unions. These problems should be addressed immediately by calling an ISA-certified arborist. This will limit damages to the tree and possibly to your property.

Cracks in large limbs or at the branch union require a tree support system. These are used to provide supplemental support for individual branches or entire trees by the use of cables, braces and guys. The goal is to provide support by limiting the movement of branches or the entire tree.

Large branches can pose a higher risk of failure due to weak unions or the length and weight of the limb. Branch

unions that are narrow and look like a “V” are more prone to failure during windstorms than U-shaped ones.

Proper pruning can reduce the wind load of a tree. However, this may not be enough and that is when a support system should be used.

Cabling involves the attachment of stranded or braided wires between branches to restrict the distance that branches can move in relation to each other. Brace rods are used to reduce the risks of two or more significant limbs spreading further apart. They are also used to fasten together a branch union or branch that has split apart. Cobra, a support system introduced from Europe, incorporates the use of woven ropes that provide more flexibility than metal cables and requires no drilling into the tree.

The installation of support systems requires experience and skill, which is why many tree companies don’t offer this service. When done correctly, cabling and bracing can greatly extend a tree’s life and prevent removal. The placement of cables and rods is a controversial subject.

American National Standards Institute has developed guidelines



for tree support systems. However, every tree will be different, and the arborist must understand the tree’s architecture.

The installation of a cable-brace system is no guarantee against failure because trees are subjected to environmental stresses beyond our control. Once installed, cable and Cobra systems require annual inspections.

Support systems are not just for trees that have breaks. They can also be used preventively to reduce the risk of branch failures. Proper care for older, mature trees may require a tree support system, which can be costly, but not

when compared to the cost of tree removal.

The ubiquitous plane tree — commonly referred to as a sycamore — is one species that rarely needs a support system due to its branch structure. Conversely, the valley oak will greatly benefit from a support system. Curtis Park residents have been losing large valley oaks over the years due to catastrophic limb failures.

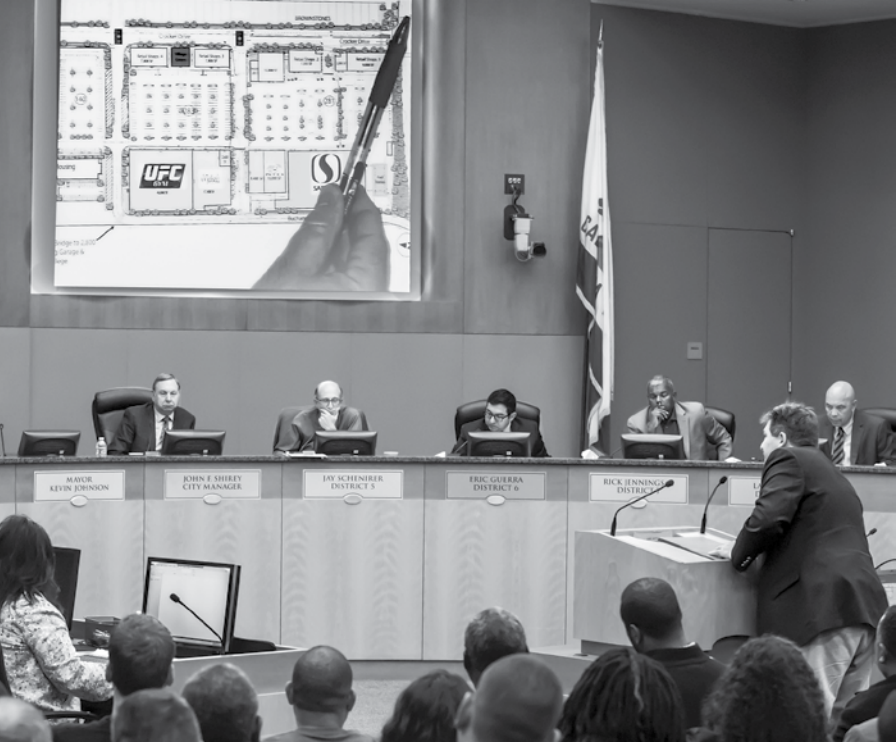
For questions or concerns about city trees, call the City Call Center at 311 or email 311@cityofsacramento.org. Urban Forestry will respond to any branches or trees that fall onto the street and sidewalk.

Appeal: Unanimous vote to appeal shows Council’s determination

(Continued from page one)
than simply taking another vote, Assistant City Attorney Matthew Ruyak said, “The Council considered the scope and approach of this ruling and the implications it may have on current and future projects. They decided that the short-term and long-term interests of the city are best served by an appeal.”

Dueling essays by Petrovich and Schenirer appeared in *The Sacramento Bee* on Jan. 11. Petrovich called the city’s appeal “a waste of money and a slap in the face of every taxpayer in this city.” Schenirer wrote that he had kept an open mind but he would “never back down from representing my constituents in the most deliberate and transparent manner, or providing them with full access to my office.”

Johnson also weighed in: “The SCNA board was disappointed in Judge Kenny’s ruling, and heartened by the City Council’s unanimous decision to appeal,” said Johnson. “We look forward to a positive outcome of the appeal, and the eventual evolution of Crocker Village into the pedestrian-, bicycle- and community-friendly development it is meant to be. As Princess Leia so presciently stated, ‘It’s not over yet.’”



Jay Schenirer (center) listens as Paul Petrovich (standing at lower right) shows a map of the planned development at the Nov. 17, 2015 City Council meeting.

Photo/Joan Cusick

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Angel Tree brings joy

About 150 children received bikes, scooters, dolls and strollers, outfits, jackets and shoes and other gifts from neighborhood donations to the Salvation Army's Angel Tree program at Sierra 2 Center this past holiday season. The program serves thousands of children and families in the Sacramento area each year.



History enthusiast Mike Himmah

Longtime Portola Way resident **Mike Himmah** died Jan. 7 after a valiant battle with cancer. He was 64.

Mike worked as a supervisor and sales representative for a variety of businesses, including Home Depot, AT&T and Busch Gardens, but his real passion was Civil War history.

He was a Navy veteran of the Vietnam War.

Mike received a bachelor's degree



Mike Himmah

from the University of South Florida. He graduated from Luther Burbank High School in Sacramento.

He is survived by his wife, **Bonnie Lins**; a son, Shaun Michael Himmah; stepdaughters, Desiree Falker, Lisa Jenkins and Sheila Dodson; parents, Alan and Ruth Himmah;

brothers, Dave and Ted Himmah; sister, Chris Johnson; and a number of nephews, nieces and grandchildren.

— Viewpoint Staff

Postal clerk Tim Davie, 56

Tim Davie knew how to ask, in 10 languages, "Would you like to buy stamps?"

He would greet customers of the Oak Park Post Office by name when they walked in the door.

When customers were uncertain how to mail a package, he would suggest the cheapest option.

So it came as a shock to regular customers when another postal clerk had the unenviable task of informing them in mid-January that Tim had suffered a stroke, had been taken to the hospital, and had died. He was 56.

More than 100 people signed the guest register during the viewing at Thompson's Funeral Home on Fifth Avenue. Hundreds more attended his funeral at Thrive Church in Elk



Tim Davie

Grove, where he was a member.

A native of Indiana, he served four years in the Air Force and was honorably discharged at McClellan Air Force Base in 1986. He was a postal worker for more than three decades.

He was an avid golfer who organized an annual Father's Day golf outing with his many friends.

He is survived by his wife of 22 years, Lisa Ann Davie; children Terrell Davie, Latrice Milton, Kamile Milton, Timothy Davie Jr., and Miles Davie; brother Robert F. Davie; sister Doris E. Davie; and eight grandchildren.

In lieu of flowers, the family requested donations to Wellspring Women's Center.

— Dennis Cusick

Sacramento Bee editor/neighbor moves on to new opportunities

Curtis Park resident **Joyce Terhaar** has been replaced as editor of *The Sacramento Bee*. In a consolidation of management functions, McClatchy Newspapers announced in mid-January that it is bringing in Lauren Gustus, the editor of its newspaper in Fort Worth, Texas, to be a regional editor overseeing its California newspapers and another newspaper in Boise, Idaho.

The announcement quoted Joyce as saying she and husband **Geoff Long** hope to take a few months "to recharge" and travel. She said she had thought about writing and teaching, and the change is "an opportunity to decide if that time is now."

Joyce came to *The Bee* as a reporter in 1988, and became city editor in 1993, managing editor in 1998, and executive editor in 2011.

Become a member of SCNA:
www.sierra2.org or
call 452-3005

New neighbors on 25th Street

Brian Woodworth and **Elysia Alvarez, M.D.**, started settling into their new home on 25th Street in October. They moved to Curtis Park from Redwood City.

Brian is a software engineer who works for Health Management Systems in Sacramento. Elysia is a pediatric oncologist at the UC Davis Medical Center. She was formerly at Stanford Hospital. The couple has a 4-month-

old daughter, **Isla Alvarez Woodworth**. They also have a mixed-breed dog.

Moving out of the house is Celia Nilsen. She's planning to move to Australia next summer after her daughter graduates from St. Francis High School. In the meantime, the family is renting a home in Curtis Park.

— Craig McCulloch

Clarification

The December *Viewpoint* reported that SCNA board member **Andrea Rosen** was moving to Los Angeles to be closer to her granddaughter. True, but this is a temporary relocation for a portion of 2018. She plans to return to her Curtis Park home.

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BRET HARTE NEWS

Campus tours offered to parents of next year’s kindergarteners

By Adriana Gonzalez
Viewpoint Staff Writer

Are you thinking about kindergarten for the 2018-19 school year? Bret Harte hosted a visitation day in January and will continue to offer campus tours upon request.



Prospective parents will get an opportunity to meet Principal James Tucker and teachers, observe classrooms, discuss the many programs offered, such as music, STEM, garden, mindfulness and before/after school Target Excellence. Campus tours give parents a chance not only to learn about classrooms and school policies but also to ask questions.

Please support your local school by visiting Bret Harte to find out how its caring, safe and nurturing kindergarten program will benefit your child. Bret Harte is looking forward to meeting you. Call the office at 277-6261 to schedule a tour.

Sly Park

It’s that time of year again for the fifth- and sixth-grade students to attend Bret Harte’s signature field trip to Sly Park science camp. On Feb. 5, students will depart for this unforgettable week- long outdoor science learning adventure. This trip would not be possible without the help of its local community. Thanks to all the residents who donated on site and to Principal James Tucker’s Sly Park GOFUNDME account. These financial contributions sponsored eight students and fully funded the transportation costs.

Mark Your Calendar!

FAMILY LUNCH DAY is Feb. 2

GARDEN WORK DAY
10 a.m. to noon. • Feb. 24

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in Viewpoint,
call Fran at 452-3005.



City map shows street to be resurfaced in spring

The dark lines on this map show the areas of Curtis Park to be resurfaced in spring 2018. The tentative schedule is for construction from April through June. Streets will get what is called a cape seal resurfacing, which is a two-part process. The first step is a chip seal, a layer of rock placed in an asphalt emulsion, which gives the appearance

of a gravel road. Seven to 14 days later, a final layer of slurry seal will be placed. Information will be posted on the city’s website at www.cityofsacramento.org. The city says informational flyers will be mailed to all residents before the project begins, and door hangers will be placed at every residence indicating the date of roadwork.

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