

Music in the Park & First Friday

6–8 p.m. • Friday, Sept. 6
William Curtis Park

Cool music and no cooking, a great way to wind down summer with the family. The June Music in the Park event was canceled due to extreme heat, and has been rescheduled to coincide with the September First Friday dinner. Turn off the stove, grab a blanket and join friends for this wonderful Friday evening of music and outdoor dining.

Mr. Cooper and the Bad Catz are back on schedule to perform. Drewski's food truck will serve delicious sandwiches and meals. Selections range from \$3 to \$8. Beer, wine and soft drinks will be available in the beer tent. Councilmember Jay Schenirer will serve Gunther's treats.



Bad Catz will perform rock, rhythm and blues Sept. 6 at Music in the Park and First Friday dinner in Curtis Park.

23rd annual wine tasting event set for Oct. 5

By Terri Shettle
Special to the Viewpoint

One of the most popular annual events in the area, SCNA's Wine Tasting, Silent Auction & Beer Garden fundraiser, is scheduled for Saturday, Oct. 5, from 4–7 p.m.

The event, presented by Cook Realty and sponsored by six other local businesses (see page 3), will feature food samplings from the area's finest restaurants, wines from more than 50 wineries, a silent auction and raffle items that encourage friendly competition, and a Craft and Belgian Beer Garden.

This event is the biggest fundraiser of the year for SCNA. Beneficiaries in 2013 include Bret Harte Elementary School's Sixth Grade Sly Park trip and C.K. McClatchy High School's Drama Club and Debate Club.

The remainder of the proceeds will go to the upkeep and restoration of the Sierra 2 Center, and to support SCNA initiatives such as the operation of the Senior Center at Sierra 2, hosting neighborhood gatherings such as Music in the Park and children's play groups, the artisan festival Curtis Fest, and enhancing the neighborhood's quality of life.

More than 20 of the area's finest restaurants, plus wineries and a dozen breweries will provide samples of their foods and beverages within the halls and courtyards of Sierra 2. Besides the great food and beverages, attendees will vie for high-end



Photo/Joan Cusick

Kelsey Danley, left, and Emily Pierucci enjoyed tasting food, wine and beer at last year's popular event.

auction items and experiences.

In addition to tasting rooms and the outdoor pavilion, the event features the Craft and Belgian Beer Garden organized by Pangaea Two Brews Café & Bottleshop owner Rob Archie, a photo booth by Giggles & Riot, and a Farm to Fork cooking demonstration by culinary students from American River College's Oak Cafe.

The Wine Tasting & Silent Auction committee has confirmed some of its favorites will return again, including The Supper Club, Lucca, Aioli Bodega, Tower Café, Chops Steakhouse, Espresso

Please see Wine Tasting, page 2

Love of reading inspires book exchange

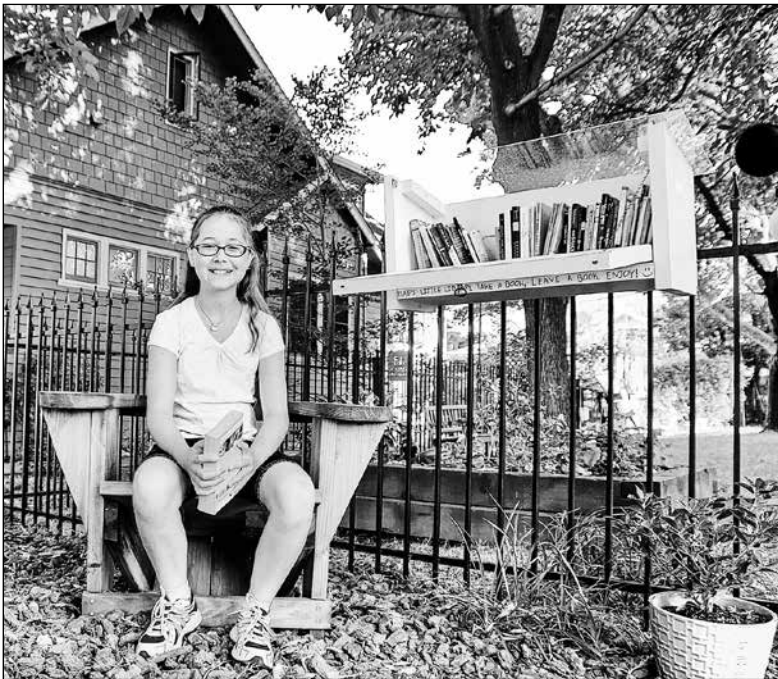
By Terri Shettle
Special to the Viewpoint

Eleven-year-old Mae Krause of Donner Way is a classic bookworm. From the time she was old enough to hold a book, she could be seen wandering with some type of reading material — any type of reading material. Mae frequents used bookstores and belongs to Friends of the Sacramento Public Library. Her love of reading led her to create a book exchange under the big tree in her front yard at 2765 Donner Way.

Mae was inspired by a recent article in *The Bee* that highlighted neighborhood book exchanges and the discovery of such an exchange on Markham Way.

Mae recruited her father, Broc, to help her build a decorative and easy-to-use box. Mae's book exchange sits on top of a wrought-iron fence and is perfectly positioned under a large tree, inviting one to relax in the accompanying Adirondack chair disconnecting from the world. The box has as much character as the books it holds -- simple but beautifully crafted painted wood encases the old stained-glass cabinet window that was pulled from the house some time ago.

One of the great things about Mae's book exchange is that it is open to all ages. She is personally on the lookout for her favorite genres that include magic, sorcery and history. For Mae, reading serves as a way to learn about new places



Photo/Rudy Calpo

Mae Krause set up a lending library with the help of her father, Broc, in front of her home on Donner Way.

and things. As an insatiable reader, Mae hopes to see lots of books coming and going, providing an outlet for used books while encouraging visitors to pick up one they haven't read. She just wants to share her love of reading.

Mae attends Leonardo da Vinci School. She has a sister, Thea, 8, and a dog, Libby.

Inside:

- Need help finding vintage-style tiles?.....page 6
- Schoolhouse lights installation complete.....page 6
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- New business: Delta Workshop.....page 8

City to link alley to Village main road

The city plans to connect the alley between Donner Way and Fifth Avenue to the new main road inside Curtis Park Village. This connection will allow residents of 24th Street between Donner Way and Fifth Avenue to have access to the west side of their homes. That portion of 24th Street will be abandoned when the new road connects to 24th Street at Fifth Avenue.

Connecting the existing narrow dirt and gravel alley will allow cars to turn off the main Village road and drive all the way to Franklin Boulevard down the alley. A gate may be installed in the alley to stop through traffic, but it would take a coordinated effort by the homeowners on Fifth Avenue and Donner Way.

The city has a process to gate alleys, but homeowners have to petition and pay part of the installation costs. This issue will be the main topic at the Neighborhood Concerns Committee meeting from 7 to 9 p.m. Sept. 25. For more information, send an email to NCC@sierra.org.

Best Friend Friday

Best Friend Friday returns from 5:30–7 p.m. Friday Sept. 13 in the Garden Room.

Hosted this month by Veterinary After Rescue Kare, this social mixer is open to the public to enjoy. V.A.R.K. is a nonprofit organization dedicated to the medical needs of rescued animals. Admission of \$5 includes delicious bites. Beer, wine and soft drinks will be available. Attendees can learn more about this group while they unwind with friends and meet new ones. Previously rescued animals will make an appearance in the V.A.R.K. mobile vet van.



Notes from July 10th meeting

Revisions to Village project increase number of single-family homes and decrease multifamily and commercial space

Name change proposed for 12th Avenue

Members of the St. Paul Missionary Baptist Church in Oak Park are leading an effort to change 12th Avenue from Franklin Boulevard to Stockton Boulevard to Dr. Ephraim Williams Avenue to recognize their pastor of more than 40 years. Within Curtis Park, only a small stretch of 12th Avenue from Highway 99 to Franklin Boulevard would be affected.

Proponents have reached out to affected businesses and offered to cover costs of printing new materials once the street name is changed. They reported the majority of responses have been positive. The SCNA board voted to send a letter of support for the project.

The SCNA Board meets at 7 p.m. in the Garden Room on the second Wednesday of the month. The next meeting is Sept. 11. For more information, call the Sierra 2 office at 452-3005.

Support for Curtis Park Village revisions

The Board voted to write a letter supporting revisions in the Curtis Park Village plan, which Phil Harvey of Petrovich Development Co. described.

The revisions to the CPV plans include a reduction in commercial square footage and multifamily units and an increase in the number of single-family homes. Senior housing and high-density housing have moved into the

previously dubbed “flex zone,” which is closer to Sutterville Road than their previous location.

This shift made more room for single-family homes, which the development is calling paseo homes because the front will face pedestrian-only corridors — or paseos.

Phil said he expects the plan revisions to go in front of the planning commission in October and City Council in December.

Elm treatments will continue

Arborist and board member Dan Pskowski took an in-depth look at the preventive treatment SCNA has been funding against Dutch Elm disease and found the treatment does work, but at a high cost. SCNA spends \$13,000 every

three years to treat 16 trees in the park, some of which are in bad shape due to improper pruning and age. The board decided to continue funding the treatment, but would like to consider alternative care for the trees including proper pruning.

Music in the Park rescheduled

Due to extreme heat on June 30, Music in the Park was canceled. The board decided to reschedule the event to coincide with First Friday on Sept. 6. Food trucks will be on site, the beer garden will be set up, and the Bad Catz band will perform (story on page one).

— Submitted by Nicole Quinonez, Board Recording Secretary

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Wine Tasting: Lots of fun silent auction items up for bid

(Continued from page one)
Metro, Taylor’s Market, American River College’s Oak Café, Dad’s Kitchen, Gunther’s Ice Cream and Freeport Bakery. Scott’s Seafood will return with its fabulous oyster dish. Newcomer Chris Jarosz, of Wicked ‘Wich mobile food truck fame, is introducing his brick-and-mortar restaurant, Broderick’s.
Dick Ebert, wine guru at Taylor’s Market, is again coordinating the more than 50 wineries. There will be no shortage of ways to pair the food options with the beverages flowing from table to table, with representatives on hand to answer questions and provide suggestions.
Each year, more than 150 items are put up for bid on silent auction or included in a raffle. Spa certificates, art and photography pieces, an electric guitar, interior and remodeling design consultations and fencing lessons are some of the items up for bid. But the items that cause the most stir are the experience-based packages and the private group dinners. These “experience packages” combine the best in educational and cultural outings, culinary adventures and outdoor recreation experiences. Vacation rentals will be offered for Lake Tahoe, Santa Cruz and Cabo San Lucas.

Also up for bid are date night packages, private wine tastings in Napa, cut your own Christmas tree outing, Create the Flavor of the Month at Gunther’s Ice Cream and more.

President’s message

Neighbors keep Curtis Park Village in line

There’s the briefest touch of autumn in the air in August, which can only mean that Sacramento is saving some scorching heat for September. The city is fickle that way, but I’ve found the benefits of living in Sacramento and Curtis Park far outweigh the negatives.

One of these benefits is having neighbors who are concerned and active. A recent example of this happened on 24th Street, when homeowners noted red tags on the 60-foot plane trees on the other side of their back fence. Distressed that such large trees were tagged for removal, the homeowners entered into a discussion with a representative from the Petrovich Development Co., which is proceeding with the next phase of Curtis Park Village.

The homeowners requested a survey of the property lines, and within 90 minutes Petrovich had a surveyor on site. The surveyor discovered the property line did not adhere to the back fence; the property line was 10 feet beyond it. Once the survey was completed, the trees were found to be on the homeowners’ property, and will be saved. Although relatively small in the grand scheme of things, it was a testament to our neighborhood’s vigilance and follow-through.

There are other things you’ll be seeing in in the Curtis Park Village area as Petrovich begins to install infrastructure: streets, utility lines, trenches, and other necessary operations to lay the literal and figurative foundation for building homes. With the planned rezoning of almost 80,000 feet from commercial to residential, it appears that the interests of the developer and the neighborhood may be coming into alignment.

This wouldn’t have been possible without the efforts of previous boards and all the work they did to advocate for Curtis Park. They are in many ways responsible for what we hope is the final map of the development. Their ceaseless work resulted in the preservation of dozens of trees, the inclusion of bike/pedestrian features and many other items large and small that will improve the character and quality of Curtis Park Village.

ERIC JOHNSON
SCNA Board President



I’m hoping that the construction of Curtis Park Village will give the board and neighborhood time to concentrate on other things of importance to our community. The possible development and expansion of activities at the Sierra 2 Center, and expanding

our interactions with bordering neighborhoods are only two of the things I’d like to work on.
As always, your suggestions and attendance at board meetings are welcome.

VIEWPOINT	
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Deadlines	
Deadline for Viewpoint copy is the 15 th of the month. Neighbors who have an interesting story or event in our neighborhood are encouraged to submit ideas or articles to the editor via the Sierra 2 office at 452-3005.	

SCNA’s Wine Tasting, Silent Auction & Beer Garden

And now... A word from our sponsors

By Rosanna Herber
Viewpoint Staff Writer

We asked the six major sponsors for the 23rd Annual Curtis Park Wine Tasting and Silent Auction Event to respond to this question: “What do you love about Curtis Park?”

TREY BONETTI of Cook Realty:

“Sierra School and Curtis Park hold a special place in my heart. I went to elementary school at Sierra, and grew up with kids from the surrounding areas. It is truly a unique neighborhood, and it deserves our continued and enduring support.”



VINCE MCDONALD of McDonald Plumbing, Heating and Air Conditioning:

“We love the charming variety of vintage homes. Our company has served homeowners in this unique neighborhood for over 56 years and is fortunate to be ‘next door’ to Curtis Park.”



ROB ARCHIE of Pangaea’s Two Brews:

“I love the sense of community, the consciousness of what is happening in the world and how supportive neighbors are of local businesses.”



MARCO GUIZAR of Fitsom Studios:

“Coming from a small town in Colusa County, I feel I’m at home in Curtis Park. I love the trees, the houses and the variety of folks that come together to make community here. ”



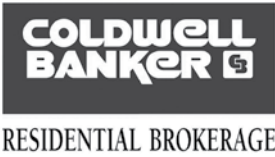
JOSEPH ESCHLEMAN of Wells Fargo Investments:

“I love the close-knit, unpretentious community that is just a little off the radar screen, in a very good way!”



STEFFAN BROWN of Coldwell Banker:

“What’s not to love? Character, community and a commitment to preserve those values for future generations. Curtis Park is HOME. It’s my privilege to live here and help others do the same.”



Sierra Curtis Neighborhood Association
presents



CURTIS PARK WINE TASTING, SILENT AUCTION & BEER GARDEN
Saturday, Oct. 5, 4–7 p.m.
Sierra 2 Center, 2791 24th St., Sacramento, 95818
ADVANCE TICKETS THROUGH Oct. 2 -- \$35 SCNA members, \$45 non-members;
TICKETS FROM Oct. 3 -- \$50 for everyone
Tickets: www.sierra2.org or Sierra 2 Center office, 452-3005

By Valerie Burrows
Facility Administrator

Beginning quilting

Have you ever wanted to learn how to quilt? Were you afraid it’s too hard to learn? This five-session class, held from 6-9 p.m. on Tuesdays from Sept. 17 to Oct. 15 in Room 11, will teach you everything you need to know to make a modern quilt from start to finish. You need to own a sewing machine and have (very) basic sewing skills. The class cost is \$170 plus materials. Instructor Genevieve Stevens started quilting three years ago and instantly fell in love. She is a patient, energetic teacher who hopes to pass her passion for quilting on to you. For details or to reserve your space in the class, please email genevieve.stevens@gmail.com.

Holistic fitness experience

Bellyfit fitness classes are dedicated to serving the needs of women in body, mind, spirit, heart and lifestyle. Classes are held from 5:30 to 6:30 p.m. on Thursdays in Studio 1. Instructor Randi Robinson-Snaer says that you can expect a fabulous workout combining the fun of Dance

What’s new at Sierra 2

Aerobics inspired by Bellydance, African Dance and Bollywood, with the mindfulness of Pilates and the spiritual integrity of Yoga. By blending the power and wisdom of ancient practices with the research and trends of the modern world, Bellyfit classes offer much more than a workout. To learn more, visit: www.bellyfit.com.

Pain relief class

Do you experience pain, headaches or insomnia? MELT can help! As seen on Dr. Oz, MELT Method is a simple self-treatment method that combats chronic pain, improves performance and decreases the accumulated stress caused by the repetitive postures and movements of everyday living. Regular MELTing can help prevent pain, heal injury and erase the negative effects of aging and active living.

Instructor Vanessa Light found her way to MELT through her own journey with chronic pain. Upon improvement, she brings this technique to others. MELT Hand and Foot classes are held from 5:45 to 6:45 p.m. Tuesdays in Studio 1. Walk-ins are welcome, but space can’t be guaranteed. For information or to reserve your space: meltwithvanessa@gmail.com.

Learn to sing with your body

Eurythmy is a movement art that requires your entire body to speak. Your thoughts and feelings play just as active a role as your body. In eurythmy class you will become oriented with your body in space in a way you probably never have before. It will open you to the world of imagination where you’ll find magical ways of making the audible into something visible.


Learn to sing with your body and be a poet in movement. The Sacramento Eurythmy Youth Ensemble holds classes every Saturday in Room 12 with a live pianist, playing beautiful works of music for the exercises, warm-ups and artistic work. The pianist will also accompany students into the land of fairy tales, creating music that helps tell the stories the class will eventually perform.

There are two meeting times: the first from 10 to 10:45 a.m. for ages 12-adult that is on a drop-in basis, working with poetry and music, and the second from 11 a.m. to 1 p.m. for grades 7 through 12 for working on a fairy tale.

For information, contact Rebecca Sweet at (530) 615-4620 or email mindreality@gmail.com.

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\$15 Kids (12 and under)
Info: 207-1226 or www.runawaystage.com

...Without Really Trying! Following the advice of a book entitled “How to Succeed in Business,” a young window-cleaner, J. Pierrepont Finch, begins a meteoric rise from the mailroom to vice president of advertising at the World-Wide Wicket Co. Finch’s unorthodox and morally questionable business practices jeopardize not only his career but also his romance with secretary Rosemary Pilkington. With a beloved score by Frank Loesser, “How to Succeed in Business Without Really Trying” is packed with hit standards such as “I Believe in You,”



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Information: 207-1226 or www.runawaystage.com

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with a very un-princess like young woman, the Queen devises an impossible test to prove her suitability. The young woman must feel a single tiny pea underneath 20 mattresses and quilts to prove her royal heritage.

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- Italian Cultural Society
Language School
482-5900
- La Famiglia Catering
739-6034
- River Song Meditation
212-0062
- Runaway Stage Productions
207-1226
- Sacramento Braille Transcribers
455-9121
- Sacramento Yoga Center
996-5645
- Straight Men's AA
454-1100

MARTIAL ARTS

- Eagle Claw Kung Fu Academy of Sacramento
Wednesday, 6-7 p.m. 441-7215
Saturday, 12:30-2 p.m., Studio 2
- Sacramento Bushido Kai
Japanese Martial Arts for ages 4-Adult
Monday, 6-7 p.m., Studio 2
Wednesday, 6-7 p.m., Studio 1
For schedule, Michael Mason: 616-5452
- Sacramento Sword School
Martial Sword Arts of Europe
Thursday, 6:15-8:15 p.m., Studio 2
Maestro Eric Myers: 276-2247
- Unified Chinese Martial Arts
For schedule, e-mail Shifu Byron at Lohan36@sbcglobal.net



- CHILDREN**
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452-3005
- Capital City Music Together
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Call for class schedules.
Jennie Ribadeneira: 990-3222
www.capitalcitymusictogether.com
- Education Française
de Sacramento
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Wednesday, 4-5:15 p.m.
Rooms 11 & 12 • www.efsac.com
- Young Actors Stage
Saturday, Studios
Call for schedule
Musical Theater: (ages 6-14)
Broadway Tap: Beginning (all ages):
Theater Dance (all ages)
Info: youngactorsstage.com

DANCE

- Sacramento Eurythmy Youth Ensemble
Drop-in class ages 12-adult, 10-10:45, Rm 12
Ensemble class grades 7-12, 11am-1pm, Rm 12
Rebecca Sweet, mindreality@gmail.com
(530) 615-4620
- New York Salsa
Tuesday, 7-9 p.m., Studio 1
Sunday, 12:30-3 p.m., Studio 2
Oscar Castenada • 296-2216
- Mindful Bellydance
Tribal fundamentals class for all levels
Thursday, 7 p.m., Studio 1
Sawako Ama • lovebreath@infocircle.net

- Awakening Bellydance
Cardio class to live music for all levels
Fourth Saturday, 11 a.m., Studio 1
Sawako Ama • lovebreath@infocircle.net
- Irish American Ceili Dancers
1st and 3rd Monday, 7-9 p.m., Studio 1
Helen Healy: 444-8051
- Manasa Tribal Dance
Sunday, 2-3:30 p.m., Studio 1
Patrice Norris: 736-1730
- River City Taps – Tap Dance
Monday-Thursday 5-8:30 p.m.
Tues: Tues/Thurs 10 a.m.-1:30 p.m.
Saturday 9 a.m.-1:30 p.m., Studio 3
www.rivercitytaps.com
- Polynesian Dance
Tuesday, 6-7:30 p.m.
Studio 2 • alohatyra@aol.com

SPIRITUAL SERVICES

- Baha'is Call for schedule: 491-5871
- Bethlehem Baptist Church
4th Sunday, 12:30-2 p.m., Room 9
Pastor Willie Benson: 688-8818
- Believers Fellowship
Sunday, 10:30 a.m. - 12:30 p.m., Room 10
Lee Aviles: 203-6461
- Bethesda AOH Church of God
Sunday, 11 a.m. - 2 p.m., Room 11
Pastor Geraldine Carte: 392-2877
- New Covenant Ministries
Sunday, 9 a.m.-noon • Room 9
Bible Study: Wednesday, 7-8:30 p.m.,
Room 12 • Pastor John Jacobs

- Rising Star Ministries
Sundays, 1:30-4 p.m. Room 10
Pastor John Parker, 904-9552

YOGA

- Iyengar Yoga
Tuesday, 10-11 a.m. • Studio 1
Gladys Callander: 396-8055
- Tai Chi - Chi Kung & Yoga
Call for schedule. Tara Stiles: 454-5526
- Art of Living Foundation
Yogic breathing/meditation
Thursday, 6:30-8 p.m., Room 11 • 601-3101

MUSIC

- Nashville Songwriters Association
2nd Wednesday, 6:30-8:30 p.m., Room 12,
Free • Gabrielle Kennedy, 476-5073

FITNESS

- Zumba
Friday, 6-7 p.m. Sunday, 11 a.m.-noon • Studio 2
Abraham Contreras, pakko.zumba@yahoo.com
- Weight Watchers
Monday, 5:30 p.m. • Wednesday, 9 a.m.
Thursday, 9 a.m. and 6 p.m.
(800) 374-9191 • Room 10
- Gokhale Method
Posture & movement educational courses
or schedule: Robyn Penwell, 812-2607
- Brazilian Capoeira
Saturday, 2-3 p.m. Studio 2
Mestre Caboclinho Aruanda, 588-5463

- Zumba
Monday/Wednesday/Friday, 10-11 a.m.
Tuesday/Thursday. 5-6 p.m.
Saturday 11 a.m.-noon • Sunday 4-5 p.m.
Studio 2 • Vanessa • itsvtime@live.com
- Bellyfit
Thursday, 5:30-6:30 p.m., Studio 1
Randi Robinson-Snaer: www.bellyfit.com
- MELT Method
Tuesday, 5:45-6:45 p.m., Room 12
Vanessa Light: meltwithvanessa@gmail.com
- Nia
Tuesday, 5:30-6:30 p.m., Studio 1
Kelly Holland: www.NiaNow.com

OTHER

- Master Sha's Soul Power Group
Soul Healing Techniques
Schedule: soulpowergroupsacramento.com
- Atheist and Other Freethinkers
1:30-4 p.m., Sept. 26, Curtis Hall
www.aofonline.org
- Know Thyself as Soul – Meditation
1st Sunday of the month, 1 - 4 p.m. Curtis Hall
knowthyselfassoul.org
- Platinum Insurance & Financial Services
Medicare 101 • Sept. 10; Oct. 1; Nov. 12 & 26
Garden Room • John Peterson: 832-4815

Fall prevention exercise helps seniors build strength

Falls are the leading cause of injury deaths among older adults. If you or someone you know is in danger of falling, the Sierra 2 Senior Center has a program you should know about.

The National Center for Injury Prevention and Control says, “Falls are a major threat to the health and independence of older adults, people aged 65 and older. Each year in the United States, nearly one-third of older adults experience a fall.” Falls occur more often among this segment of the population because risk factors increase as we age, usually associated with health and aging conditions.

Falls are preventable in many cases. Effective prevention programs can help older adults live better, longer lives. The Center for Disease Control and Prevention has identified appropriate types of exercises as an intervention to effectively reduce falls. These include Tai Chi and strengthening exercises combined with balance exercises.

Certified yoga instructor Pat Shaw believes the key for seniors to enjoy independent living is having a flexible spine, attainable through the practice of yoga.

Pat enjoys teaching traditional Raja yoga and particularly chair yoga to seniors throughout the Sacramento area (Greater YMCA, Ethel MacLeod Hart Senior Center, Eskaton). Pat has helped many people cope with the rigors of chronic diseases such as Parkinson’s, arthritis, chronic migraines, fibromyalgia, scoliosis, stress and drug addiction.

Sierra 2 Senior Center in September

The Senior Center is open to all seniors (age 55 and up). It is open from 9 a.m. to 4 p.m. Monday through Friday in Room 12 of Sierra 2. The center provides opportunities to keep learning, exercise, meet new people and be actively involved with neighbors. Free (donations accepted) and fee-based classes and activities are on the schedule. See the calendar.



Photo/Carol Blackman
Instructor Pat Shaw keeps in balance with Don Burchard, center, and Don McHugh in the Fall Prevention class.

Pat continues to share her passion for assisting seniors improve their quality of life, heading the Sierra 2 Senior Center’s Fall Prevention Program. Her program integrates the Fall Stop/Move Strong™ Program, which was designed to help the over-60 population deal with decreasing balance by building strength and energy.

Fall Prevention classes are held from 11:30 a.m. to 12:30 p.m. on Tuesdays and Thursdays in Room 12. Join Pat as she guides you through movements to reinforce proper body alignment, balance and breathing. This is a low-impact class and everyone works at their own pace. Exercises are seated and standing. Be sure to wear comfortable clothing and tennis shoes.

For further information, or to sign up, please call Pat at 856-0136.

— Valerie Burrows, Facilities Administrator

Schenirer’s message

Infrastructure investments offer opportunity to invest in labor force with apprenticeships

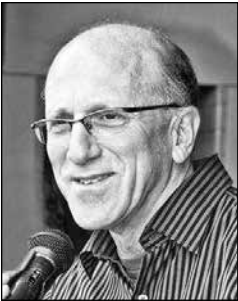
With more than \$1 billion of investments coming to Sacramento for civic amenities and capital improvement projects, Sacramento has an amazing opportunity to think long term and develop a local labor force that will be ready to help Sacramento grow and thrive for years to come.

A high-quality construction labor force and apprenticeship programs are fundamental to sustaining the building trades’ labor pool. Despite all of the setbacks our local construction industry has suffered in the past five years, I believe Sacramento has the opportunity to create an apprenticeship program across multiple trades that could be a model for the state and the country.

Our local economy has begun to show signs of life. This is great, but significant economic growth may be several years away. Many older workers who otherwise would have retired remained in the labor force because of the economic downturn. This, coupled with the overall reduction in construction jobs over the past few years, has meant that opportunities for apprenticeships for younger workers were all but eliminated from the building industry.

These factors have combined to create a potential perfect storm in the construction trades, where older workers are retiring in large numbers with not enough trained workers to take their place.

Fortunately, Sacramento has taken advantage of favorable bond ratings to fund several badly needed



Jay Schenirer
City Councilmember

water and sewer infrastructure projects. The opportunity to rebuild our downtown, catalyzed by a new entertainment and sports complex, should result in development that will likely exceed \$1 billion in construction activity. These near-term investments will create thousands of new construction jobs and the opportunity to create a model apprenticeship program to train our region’s future workforce.

To capitalize on this opportunity, I have asked various city departments and the building trades unions that operate the apprenticeship programs to come together and figure out how we can scale existing apprenticeship programs to meet our region’s need for skilled labor. The ideal apprenticeship program would serve both the public sector and private industry, and operate across multiple jurisdictions, including the city, county and school district and across multiple disciplines in the building trades.

This is no small task. I’d like to acknowledge Curtis Park’s own Maurice Read and school board member Patrick Kennedy for stepping forward to help make sure we don’t miss this opportunity.

This Labor Day, I’d like to thank and acknowledge our local labor unions for their continued work to ensure a living wage and healthcare for all workers. I would like to specifically thank the building trades representatives of the electrical, plumbers, carpenters, machinists, sheet metal workers and others for their continued commitment to providing training of our future workforce.

SIERRA 2 SENIOR CENTER

September 2013
Room 12
Info: 455-6339.
Everyone is welcome.
Activities are free (donations accepted) except where noted.

FITNESS
Community Acupuncture Clinic
9:45-11:15 a.m. (\$15)
Sept. 10 & 24
Zoë Griffin: 212-2170

Fall Prevention
11:30a.m.–12:30 p.m.
Tuesdays/Thursdays
(4 classes \$20; 8 classes \$35)
Pat Shaw: 856-0136

Gentle yoga
Wednesday, 10-11 a.m. (6 classes \$40)
Tara Stiles: 454-5526

Tai Chi
Free Intro class: Sept. 4
Wednesday, 11:15 a.m.-12:15 p.m.
(6 classes \$40)
Tara Stiles: 454-5526

Walking and Polewalking Clinic
9 a.m. Thursdays

Meditation and Chi Kung
Friday, 10-11 a.m. (6 classes \$40)
Tara Stiles: 454-5526

LEISURE
Beginning Drawing
Thursday 9:30–10:45 a.m.
(4 classes \$48)
Patris: 397-8958

Improvisation acting with Jetta
3–5 p.m. Last Friday of the month

Book Club
11:30 a.m.–12:30 p.m. 2nd Monday
Sept: “The End of Your Life Book Club”
by Will Schwalbe

My Story Project meeting
1–4 p.m. Monday/Tuesday

Everyone Can Drum
1-2 p.m. Tuesdays (\$5) Studio 1

Crafts and Conversation
1-3 p.m. Fridays (except last Friday)

Sierra 2 Jewels
1–3 p.m. Fridays (except last Friday)

Life History Writing
1–3 p.m. Wednesdays

Open Art Studio
10 a.m. – noon Fridays Room 11
Bring projects to work on

CARDS AND GAMES
Mahjong
10 a.m.–noon, all Mondays except second

Fun Bridge
1–4 p.m. Thursdays

Ginasta
9:30-11:30 a.m. Mondays

Pinochle
1-3 p.m. Fridays

EVENTS
AARP Driver Safety Program
9 a.m.–1 p.m. Sept. 16 & 17 Room 11
\$12 (AARP Members) or
\$14 (non-AARP Members)
To register: Jim Finnegan 804-9777

Potluck
Noon–2 p.m. Room 10
Last Friday of the month

Senior Committee Meeting
1st Monday, 3 p.m. (Sept. 2)

seniorcenter@sierra2.org

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Living and Working in Curtis Park

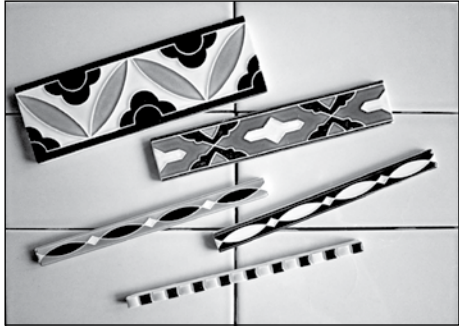
Vintage-style tile available for Curtis Park houses

By Erik Fay
Special to the Viewpoint

Colorful tile installations are a design highlight of homes built from the 1920s through the early 1950s. The original tiles in Curtis Park homes were primarily designed and manufactured in Los Angeles, San Jose and Oakland. Most of the companies went out of business in the Great Depression. Larger tile manufacturers bought out the few that survived in the 1950s.



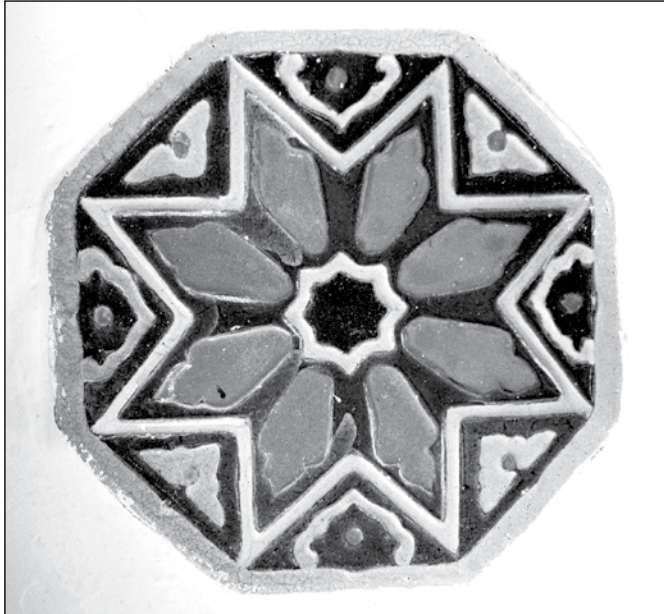
Tile quality for residential use declined significantly in the 1950s by becoming thinner and more fragile. Curtis Park homeowners remodeling or restoring their kitchens and bathrooms in the past had a nearly impossible time finding period-appropriate field tiles, decorative inserts, liners and trim pieces. Fortunately, several companies are producing high-quality



Mission Tile West reproductions of 1920's tile and decorative tile liners.

reproductions of the tiles that were installed when Curtis Park homes were constructed.

Solon & Schemmel Tile of San Jose crafted some of the finest tiles in Northern California in the 1920s. Its tiles are found in the main entry of the Sierra 2 Center, many Curtis Park homes and in public installations throughout Sacramento and the Bay Area. Happily, the original 1920s molds for Solon & Schemmel tiles still exist and are now used by Stonelight Tile in San Jose. Its website (www.stonelighttile.com) does not show every tile it can make, but the owner and designer are very helpful. Stonelight makes exceptionally high-quality tiles, with brilliant period colors. It has a direct



Photos/Erik Fay

A vintage 1920's tile in a Curtis Park Home.

historic connection to Curtis Park and will do custom orders to match existing tiles.

B&W Tile in Gardena has manufactured tiles for more than 60 years, producing tiles in a variety of historically correct shapes and colors. It offers liners for use in kitchen and bathroom tile backsplashes that match what was for sale in 1930. Its website (www.bwtile.com) is basic, but B&W sales people are very helpful, ship samples quickly, and take custom orders. A few Sacramento area tile dealers, including Tile to Stone Design in Rancho Cordova, carry B&W products.

The majority of the 1920s and 1930s tile manufacturers were based in Southern California. Mission Tile West in Pasadena (www.missiontilewest.com) recreates vintage designs of many of the best original Los Angeles area tile manufacturers. Its Los Angeles area showrooms feature a large inventory of designs and colors. Mission Tile West will do custom orders.

Monterey Ceramic Tile and Marble Inc. (www.montereyceramictile.com) and Catalina Classic Tile Co. (www.catalinaclassic.com) both produce excellent reproductions of decorative tiles by Catalina Tile and Malibu Tile. They do not carry field tiles but you can mix their decorative tiles with field tiles from other companies.

Subway Tile (www.subwaytile.com) crafts historically accurate field tiles and trim pieces in several period-correct colors. It also carries excellent reproductions of marble floor patterns from the 1890s through the 1930s.

The restoration of your vintage home's bathroom, kitchen, stair risers, fireplace surround, entryway or patio tile work is much easier than just a few years ago. Homeowners have access to companies making high-quality reproductions of our homes' original tiles. They are colorful, historically accurate for Curtis Park and a great design investment.

17 old-looking lights now installed at Sierra 2

By Susan MacCulloch
Viewpoint Staff Writer

Phase 1 of the Schoolhouse Lights installation project is complete: 17 reproduction lights with thick opal glass and solid fixtures now illuminate the first-floor hallway at Sierra 2. The new lights meet modern energy standards with CFLs hidden inside in the warm color spectrum reflecting the warmth of the original incandescent lights.

Curtis Park neighbors continued their longtime support of Sierra 2 by donating \$5,000 to sponsor 25 lights at \$200 each. From that amount, \$3,400 was allocated to Phase 1, with \$1,600

held in a restricted account for use in the next phase, projected to be the installation of lights in Room 10, the former kindergarten classroom.

An additional \$370 was generated from donations and Heritage Committee member Dan Murphy's bicycle history tour. These funds were used toward other expenses associated with the light installation. SCNA also contributed \$1,004 toward Phase 1.

Rejuvenation Hardware sold the reproduction lights at a nonprofit discount. Schetter Electric donated permit drawings and worked with Sierra 2 on the electrical installation at a nonprofit rate.



Photo/Rudy Calpo

New lights adorn Sierra 2 hallway.

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COMMUNITY CORNER

A neighbor's first novel, born in Chiapas

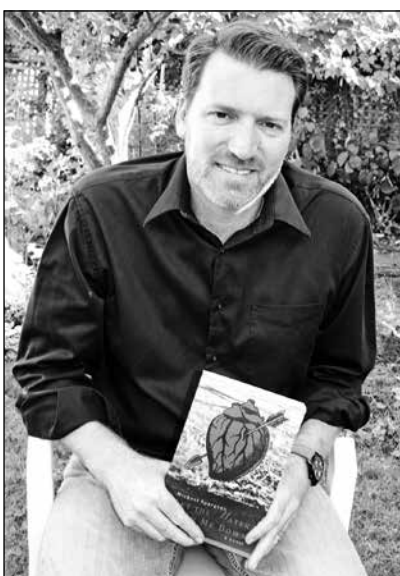
By Eric Brazil
Special to Viewpoint

Two decades after witnessing the birth of Mexico's Zapatista revolution, **Michael Spurgeon** of Marshall Way has written a page-turning first novel about it.

For Spurgeon, a professor of English at American River College and a Curtis Park resident since 2006, "Let the Water Hold Me Down" is the creative distillation of his experience while living in San Cristobal de las Casas, capital of the Mexican state of Chiapas in 1993-94.

That Spurgeon arrived in Chiapas at a pivotal point in its troubled history was fortuitous. He had been working in San Francisco at a post-graduation job he disliked, when he quit and joined an old friend on an open-ended venture into an alluring unknown town in Mexico. Both hoped to find a place to embed themselves and concentrate on writing. After sampling other areas, the pair picked Chiapas — a state that Spurgeon acknowledges he knew nothing about until he arrived. He found San Cristobal to be "a magical place." His writing pal gave up and flew home.

Spurgeon perfected his rudimentary knowledge



Photo/Carol Blackman

At home on Marshall Way is writer/professor Michael Spurgeon.

of Spanish via lessons from his wife, **Elizabeth**, a native of Yucatan. They met while working at a popular San Cristobal restaurant — he as a bouncer, she as a bartender. She works now as a translator at Sutter Memorial Hospital. Their children, **Holden** and **Catherine**, are both students at California Middle School.

The novel's protagonist is **Hank Singer**, a guilt-ridden American expatriate who caused a boating accident that killed his wife and daughter. His Chiapas connection is **Cesar Lobos de Madrid**, a charismatic world-class athlete who starred for Singer's college soccer team and became his best friend and godfather to his daughter.

Hank gradually finds his sympathy lies with the Zapatista revolutionaries. The novel turns irretrievably dark when he learns to his dismay that Cesar is leading a murder squad whose targets are activists supporting the revolution.

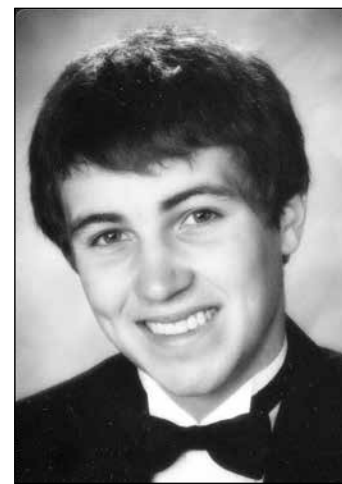
"Let the Water Hold Me Down" is available for \$12.75 on-line from American River College's Ad Lumen Press, the only community college literary publisher in the country. The first printing of 1,000 is almost sold out.

MORE GRADS!



Jessica Cadena, daughter of Maria Alvarez of 25th Street, graduated from The Met Sacramento High School. She will be traveling with the AmeriCorps NCCC program for a year beginning in October. When she returns, she will attend SCC.

James Bresnahan of Third Avenue is a graduate of Sacramento High School West Campus. He plans to major in physics at Humboldt State University in the fall. James is the son of Susan and John Bresnahan and grandson of Maria Lueras, all of Third Avenue.



Former neighbor dies in crash

Bob Garrison, who lived in Curtis Park before he moved to Newcastle about eight years ago, was killed in late July in a three-vehicle crash in Mendocino County while driving his son and four other Scouts to a Boy Scout camp. The Scouts and the other drivers were hospitalized, according to news reports.

Bob, wife Lisa and son Sean formerly lived on 25th Street in Curtis Park. Bob was a nationally recognized leader in wildlife education, having worked at the state Department of Fish and Game, in recent years with the California Watchable Wildlife Project, and in his own business promoting wildlife viewing programs.

While they lived in Curtis Park, Lisa served on the SCNA board in addition to working at the state Franchise Tax Board, where she continues as chief financial officer.



Stephanie Cook with Superintendent Raymond

Stephanie Cook is city teacher of year

Stephanie Cook, daughter of Barbara and Frank Cook of 25th Street, has been chosen Teacher of the Year by the Sacramento City Unified School District. She was one of 56 nominated teachers and will now compete for Sacramento County Teacher of the Year.

Stephanie Cook teaches ninth-grade geography, 12th-grade economics and U.S. government and yoga at George Washington Carver School of Arts & Science.

In addition to her classroom duties, she organizes the school's annual World Cultures Fair and guides teens through the award-winning Poverty Project. She also volunteers with students at the Sacramento County Juvenile Hall.

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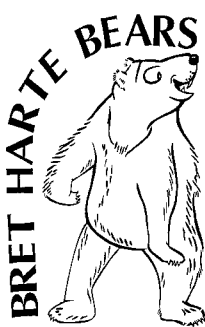


Bret Harte News

Principal shows commitment to students achieving their best

My name is Lorena Carrillo, the new principal at Bret Harte Elementary. It is my privilege and honor to join Bret Harte and the Curtis Park community. I am looking forward to an exciting year of learning and growing with our students and working with our professional staff and you, our parents and community members.

My main goal is to ensure that every student is provided the highest quality of education possible in a safe and supportive



learning environment. Working together as a team with our staff and parents, I am committed to helping each student achieve their very best. Every student is valued and worthy of our best effort.

I also look forward to building partnerships with the community of Curtis Park. I strongly believe that it takes a community to build a school. I

welcome you to come by the school and visit at some future school/community event.

I look forward to meeting everyone!
Lorena Carrillo, Principal



Photo/Elizabeth Sterba
In front of Bret Harte Elementary School are new Principal Lorena Carrillo and Vice principal Bao Moua.

Volunteer to be a lunch buddy

A new program is being launched this year that opens up an opportunity for adults in our community to make a real, lasting and positive change in the lives of elementary school students, by sharing their lunch hour with a “Lunch Buddy,” once a week.

Training and ongoing support will be provided. For more information, contact Elizabeth-sterba@scusd.edu

— Char Klassen

Mark Your Calendar

SCHOOL RESUMES – 8 a.m. Tuesday, Sept. 3

Delta Workshop: New gallery on 21st Street is feast for eyes



Photo/Judy Harper

Shop owner Bridget Lewis shows the locally handmade scarves she sells. She will present an open house from 10 a.m.–8 p.m. Saturday, Aug. 31, with food trucks, live music and a free block-printing workshop from 2–5 p.m.

By Nicole Quinonez
Viewpoint Staff Writer

Step inside Delta Workshop and it’s hard to decide what to look at first. Browse greeting cards or hand-printed apparel and tea towels, admire handmade ceramic dishes, lust after the artisan jewelry or ponder the fine art lining the exterior walls.

Delta Workshop owner Bridget Lewis has carefully arranged this feast for the eyes. With an education in fine arts and experience as a project manager in the corporate world, Bridget decided to combine her passion for art and management skills to create a space “where I would want to hang out.” In selecting the items for sale, Bridget focuses on local artists, items she finds inspiring and things she would want to own.

Delta Workshop is at 21st Street

and First Avenue. Bridget chose the location after looking for space in Midtown, Curtis Park and Land Park. A South Land Park resident, she wanted a short commute. Ultimately, she was drawn to the corner spot for the natural light that spills in from two walls of windows.

Bridget plans to have a new show each month. Paintings by Francis Marin will be on display until Sept. 6. Paintings by Davis artist Lauren Brandy will be on display from Sept. 14–Oct. 4.

Bridget also maintains a blog highlighting artists, products and workshops.

For details on upcoming workshops, shows and items for sale, visit www.deltaworkshopsac.com. Delta Workshop is open from 11 a.m. to 6 p.m. Tuesday to Friday, from 10 a.m. to 6 p.m. most Saturdays, and until 8 p.m. on Second Saturdays.

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