

Oct. 8 marks SCNA's biggest fundraiser of the year

October ushers in one of the most popular events in our area: the Curtis Park Wine Tasting, Silent Auction & Beer Garden event presented by Cook Realty, to benefit SCNA/Sierra 2 Center for the Arts & Community, McClatchy High School, and Bret Harte Elementary School.

The event is the neighborhood association's biggest fundraiser of the year. More than 500 culinary enthusiasts come to enjoy these three hours of indulgence and to feel good



about boosting the coffers of Bret Harte and McClatchy High school as well as the historic Sierra 2 Arts & Community Center.

The Wine Tasting & Silent Auction committee has confirmed some of its favorites will return, like Aioli Bodega/Brasserie

Capitale, Ambrosia Fine Foods, Tower Café, Espresso Metro, Masullo Pizza, American River College's Oak Café, Vallejo's, Dad's Kitchen, Gunther's Ice Cream, and Freeport Bakery.

26th annual Curtis Park Wine Tasting, Silent Auction & Beer Garden



Presented by: Sierra Curtis Neighborhood Association

Location: Sierra 2 Center, 2791 24th St., Sacramento 95818

Date: Saturday, Oct. 8 **Time:** 4-7 p.m.

Cost: Advance Tickets (online and in office) through Oct. 5: \$45 SCNA for members; \$50 non-members

After Oct. 6: Tickets \$60 for everyone, in office or at the door only

Tickets: www.sierra2.org or Sierra 2 Center office, **452-3005**

Note: This is an adult-only event; no children of any age will be allowed, including infants.

Newcomers include Iron Steaks, Station 16, and Fortune Chinese.

As a slice of our city's Farm to Fork program, the students from the Oaks

Cafe at American River College will again do a cooking demonstration with seasonal produce and offer samples of

Please see Wine Tasting, page 8

A little kitchen has served a big family for 20 years

By Janice Fitch
Viewpoint staff writer

When Leo Forget spotted a *Sacramento News & Review* ad for a kitchen for lease, he jumped at the opportunity. A former manager at Frank Fat's in Sacramento, he and his business partner, Jeff Roberts, planned to open a catering company in Sacramento that would meld classic Italian dishes and service based in treating clients like family.

Thus began La Famiglia Catering, which will celebrate 20 years of operating in the Sierra 2 Center kitchen next year. In that time, Forget and Roberts have served hundreds of clients as a local mainstay at weddings, lunches for local organizations, and community events.

As the Sierra 2 Center became a neighborhood hub of activity, La



Photo/Katie Byram

From their tiny kitchen at Sierra 2, Jeff Roberts, left, and Leo Forget of La Famiglia Catering have served hundreds of clients for 20 years.

Famiglia stepped right in to host events such as First Friday dinners and the annual Curtis Park Wine Tasting and Silent Auction. Facility administrator Val Burrows comments

that "Jeff and Leo take time to understand needs and preferences to create menus that satisfy the palate and the budget. We in the office

Please see La Famiglia, page 6

Neighbors can pitch in to help the community

By Kate Williams
Special to the Viewpoint

The next time you clean out your closets and want to donate the baby stroller you no longer need, or those work clothes that no longer fit, remember the Sacramento Food Bank & Family Services is nearby at 34th Street and Broadway. This non profit provides many services to Sacramento families, including parent education, refugee resettlement, adult and children's clothing, and, of course, food distribution. The Food Bank also provides these services to needy families for free.

The Food Bank expanded its services in 2014. When it merged with other charities, it became the regional provider of food to more than 200 partner organizations. With this

Please see Family Services, page 3

First Friday dinner returns Nov. 4

As the cooler weather returns, so does First Friday from 6-8 p.m. Nov. 4 in Curtis Hall at the Sierra 2 Center.

It's All About You Catering will also return with its delicious marinara pasta, salad and popular beer bread.

Adult meals will be \$8 and child portion meals will be \$4. Beer, wine, and soft drinks will be available for purchase separately.

For more information, 452-3005.

Annual meeting set for Nov. 10

SCNA's
ANNUAL MEMBERSHIP MEETING
and BOARD ELECTIONS
Thursday, Nov. 10
Curtis Hall, 6:30-8 p.m.



Photo/Erik Fay

In the 1950s the sides of buildings were often used as billboards. This mural advertising Coke appears on a building in Curtis Park. It's among the few that survive in Sacramento's downtown and midtown. *Viewpoint* columnist Erik Fay writes about it this month in his Heritage column on page 6.

Mural's story starts with its shop in Curtis Park

Notes from Sept. 7th meeting

Removal of trees in Crocker Village provokes frustration

In house business

By unanimous consent, **Andrea Rosen** was elected vice president of SCNA. The board also welcomed new member **Andrew Booth**.

Up for discussion

Executive Director **Terri Shettle** updated the board on the companies submitting bids for the new Sierra 2 website. **Heather Hogan**, website project consultant, has worked as a facilitator during the process. She along with **Terri** and board members **Bruce Pierini** and **Kate Van Buren** will be present during interviews of the top contenders.

The new wine tasting committee reported more than 17 wineries are participating in the Oct. 8 event. The silent auction and raffle will add to the fun. During the event SCNA board members will wear their name tags and act as ambassadors for the association.

President's Report

The Executive committee met regarding the performance review and compensation of the executive director.

Eric Johnson met with city personnel in an attempt to find out who was responsible for the decision to remove more trees from Curtis Park Village, and find out why they encouraged the developer to remove them before the tree ordinance went into effect. There is great frustration on the board regarding the flagrant abuse of the tree ordinance by the

city and developers. At this time there are virtually no consequences for illegal and unnecessary tree removal.

Executive Director's Report

Curtis Fest was a huge success with over 1,500 attendees. Thank you to board members **Rosanna Herber**, **John Mathews**, **Andrea Rosen**, **Angela Mia** and **Larry Easterling** for their time and energy supporting the event. All the participating vendors were happy and some gave donations to SCNA.

The Big Day of Giving will be Thursday, May 4 next year and steps are being taken to prevent the website donation debacle of last year.

Three homes are already confirmed for the next Home Tour.

Sierra 2 has added Facility Monitor staff at night and the weekend.

Standing Committees

Treasurer's Report

Jonathan LaTurner reports that expenses are down and revenues are excellent. Membership and sponsors are down. The Senior Center turned a profit this year because of the change in operations.

Facilities

Parking lots need to be resurfaced every 2-4 years. Eventually, it will need to be regraded because it is a high traffic area. A guest of Sierra 2 accidentally hit the HVAC unit with their car but the insurance is taking care of

Next meeting

The next meeting of the SCNA Board will begin at 7 p.m. Wednesday, Oct. 5 in the Garden Room at Sierra 2.

the cosmetic repairs, and no major damage was sustained.

The new walk-in cooler (in the Curtis Hall kitchen) will cost \$10,000 and will be installed in mid-January.

Neighborhood Concerns Committee

Dan Pskowski reported on the revised tree ordinance. At the City Council meeting, **CM Harris** put the tree ordinance first, which limited public comment on the policy. Because of new rules regarding the submission of comments, and the early start of the agenda item, concerned citizens and board members getting off work had no chance to voice their concerns regarding the elimination of the "heritage tree" definition or removing trees without an independent report by certified arborists. At least 20 people had wanted to testify.

According to **Rosanna Herber**, Curtis Park played a critical role in making improvements to the ordinance via a neighborhood wide effort to send emails to council members. Thank you to **Rosanna** for leading the talks with council members and getting neighbors to deliver the tree fliers. **Dan** was also thanked for saving the 16 trees on

R Street that were in the developer's crosshairs. Another coordinated email and phone call effort made the difference.

Rosanna reports that the underpass project is moving forward, and SCNA will have an opportunity to weigh in on what it will look like. SCNA donated \$500 toward the project. The steering committee ultimately decides the design.

John Mathews reports that the water meters are just about finished. Holes will be patched and in a year, streets will be assessed to see which ones need to be completely repaved. The little yellow flags marking the gas lines in neighborhood yards can now be removed by the homeowner.

Rosanna would like to plant eight trees to offset the four trees just cut down in CPV along the Portola alley. A planting is being discussed for November.

Personnel

Angela Mia and **Terri** will update the employee manual.

Senior Center

Angela reported on meetings in July and August. The open house was a big success. **Katy Byram** is doing a great job at the center, and the seniors like her. The open house may be something to do twice a year.

— Kate Van Buren, board secretary

Executive director's report

Sierra 2's family of tenants provides unique appeal in our community

Tenants are often considered the anchors of the cultural hub at Sierra 2 Center. Originally positioned to be neighborhood-serving resources for the Curtis Park community, tenants now span a variety of organizations and purposes. Some long-term tenant organizations and individuals have recently moved on, while others embark on their work with Sierra 2 Center as their new home.

Angela Curiale, Ph.D., a psychologist with a practice since 1995 in Room 16, has decided to reduce her workload by moving her office closer to home in Fair Oaks. Angie has been a friend to Sierra 2 Center staff and also a wonderful placeholder in our community. She left our tenant family Aug. 31.

Another long-term tenant, Runaway Stage Productions, relocated to West Sacramento on July 1. The acting group had been a tenant in the Castro Cottage (front) and the Sierra House spaces since December 2004. They will continue shows in the theater through 2016, but they are building a space that includes a theater and hope to open in February 2017. With their departure, half of the Castro Cottage became additional space for Warmline

TERRI SHETTLE
Sierra 2 Executive Director



Family Resource Center, which now occupies the entire cottage. The Sierra House space has been identified as the future home of the Tech Lab but will require many updates before the Tech Lab or any other use can launch there.

Beth Johnson, operator of Riversong Meditation since 2011 in Room 14, turned over the

operation of the space to Diamond Light Tibetan Buddhist Group on July 1. The new operators are a 501(c)(3) nonprofit who will maintain most of the existing programs and classes offered by Riversong Meditation.

Finally, Hope Harris and Charr Craile added Leann Holtsman to their photography studios in Room 19. Leann takes the place of The Sacramento Bee photographer Lezlie Sterling, who was part of the studio group for nearly two years.

We are also happy to celebrate La Famiglia's 20-year anniversary and other long-term relationships with the Italian Cultural Society (35), Straight Men's AA (31), Great Beginnings Day Care (24), Sacramento Braille Transcribers (35), and Sacramento Yoga Center (12). Newer but established tenants include Warmline Family Resource Center (2)

and Sugar Plum Vegan (2). This truly is a family that provides a unique appeal in our community.

As the saying goes, "The only constant is change." Sierra 2 Center is a busy, vibrant community asset that continues to evolve, ebbing and flowing with demands and changes in the neighborhood and City.

VIEWPOINT

Neighbors who have an interesting story (news about their babies, new neighbors, milestones and special events) are encouraged to submit ideas or articles to the editor. Please send to jgscheible@hotmail.com with Viewpoint in the subject field or call the Sierra 2 office at 452-3005.

Deadline for Viewpoint copy is the 15th of the month prior to publication.

To advertise in Viewpoint, call Fran at 452-3005.

What's new at Sierra 2

By Valerie Burrows
Facility Administrator

Experience West African dance

Professional dance instructors from Senegal and Guinea will begin teaching traditional West African dances Oct. 9 at Sierra 2. The fun, high-energy class will run from 12-1:30 p.m. every other Sunday in Studio 3. Open to nearly all ages and ability levels, the classes will feature live drumming. The cost is \$12 per class; family rates are available. For more information, email Jessa Cruz at jessakaycruz@gmail.com.



Instructor Alain Zinsou of Senegal demonstrates a high-energy West African dance move.

A conversation with SMUD

SMUD board member and Portola Way neighbor Genevieve Shiroma and SMUD staff will answer rate payers' questions during the utility district's Ward 4 community roundtable from 6-7:30 p.m. Monday, Oct. 3 in Curtis Hall. Refreshments will be provided during this free event.

Neighbors are encouraged to RSVP by email to rsvp@smud.org, or call Chantel Johnson at 732-5131 or email chantel.johnson@smud.org.

Tools for reducing stress and creating joy

Smartypants Happiness' workshops aim to reduce stress and develop a sense of contentment. The group will conduct an

inspirational 4-part workshop series from 6-7:30 p.m. on consecutive Tuesdays, Oct. 18, 25 and Nov. 1 and 8 in Room 10. Each class includes meditation exercises, group activities, and a whole lot of fun. Participants will learn to become less stressed, develop mindful awareness, and tackle that pesky inner critic and how to nurture their own gifts and talents. Cost for the series is \$100. To register, visit SmartypantsHappiness.com or contact instructor Margaret Lorenz at (310) 854-9292 or info@SmartypantsHappiness.com.

Fun, fitness and meditation with hoops

Fall is a good time to work on personal goals, learn something new, and build body strength while making friends. It's all possible in hoop class.

It's a Rivalution will offer two new Hoop classes. The first is a 6-week course, Intro to Hooping. It will run from 5-6 p.m. Mondays, Oct. 17-Nov. 21, in Room 10. This course is perfect for people new to hooping. It will cover mostly on-body hooping, as well as some off-body hoop moves with a few tricks and transitions. The course fee is \$80.

Starting Oct. 24, a Hoop Meditation class will be taught from 6:30-7:30 p.m. every other Monday in Room 9. Participants will learn how to slow down, let go, unwind and breathe, both in and out of the hoop, all while building strength and quieting the mind. Pre-registration is \$10, drop-in is \$12.

To register and for more information, contact instructor Riva Jean-Paul at itsarivalution@gmail.com. Handmade hoops will be provided for both classes.

A delicious way on Oct. 22 to make our community stronger

On Oct. 22 neighbors have an opportunity to enjoy the foods of Afghanistan, Iraq, Ethiopia, Mexico, El Salvador and Japan while simultaneously helping Opening Doors, the nonprofit which helps resettle refugees and other people in need. The Festival of Flavors food event will take place from 6-10 p.m. in Curtis Hall Saturday, Oct. 22.



Among the Sacramento restaurants preparing the foods for this third annual fundraiser are Kru, Cielito Lindo, Pita Kitchen, Afghan Market and Malfoofe's. Beverages will include local craft beer, regional wines, and Two Rivers Cider.

Festival of Flavors will also feature live entertainment and a silent auction containing pieces from local artists, restaurant dinners, local concert tickets, and even a rock climbing class.

Opening Doors' CEO is Deborah Ortiz, formerly a member of the City Council, the State Assembly and State Senate. She says Curtis Park residents have been generous volunteers and donors for her group's programs.

"Curtis Park continues to represent all that is great about our City. Your commitment to inclusion, respect for diversity and generosity to those in need has been truly amazing. It has eased the lives of the families we serve."

In addition to helping refugees, Opening Doors assists immigrants, survivors of human trafficking and local residents in need.

Tickets to the event are \$40 in advance and available at www.festivalofflavors2016.eventbrite.com. Tickets at the door are \$45.

Family Services: Volunteers with smiles make positive impact

(Continued from page one)

expansion it went from serving about 50,000 clients a month to 150,000.

Their motto is "farm-to-every-fork." All food distribution is managed from the new center in North Sacramento. All Family Services are provided at the Oak Park campus. The Family Services programs goes beyond the immediate problem of hunger to educate and help families get to the next level of self-sufficiency.

Over the years many Curtis Park neighbors have helped support the Food Bank. Currently Bob Scarlett of Donner Way is serving on the non-profit's board of directors.

"I have volunteered at Sacramento Food Bank & Family Services for over 11 years and have never seen a more professional and dedicated staff and organization," Bob said. "It is the little stories that I feel demonstrate the positive impact of Sacramento

Food Bank & Family Services – such as a family being supported through Refugee Resettlement Services, or the man getting a job offer after being clothed in business attire by the Clothing program."

After only two months of volunteering at the Food Bank, I agree with Bob. I recently attended their volunteer orientation and started working in the children's boutique. I am amazed with the size of the facilities, the number of services offered, and the positive and professional attitude of the staff.

These numbers demonstrate the scope of services provided over the past year:

Food Bank Services

- 1,198,421 visits for food
- 16,728,424 pounds of food distributed
- 11,082 Thanksgiving turkeys distributed

Family Services

- 3,921 visits to 308 parenting workshops
- 153,629 articles of clothing distributed
- 3,984 visits to GED tutoring
- 75 individuals resettled

There are many ways Curtis Park neighbors can pitch in:

- **Volunteer time.** They need volunteers in all programs.
- **In-kind goods.**

They accept a variety of donations but are currently short on business clothes for job interviews, men's clothing, and baby supplies, including high chairs and strollers.

- **Financial donations.**

They accept one time and recurring monthly donations.



Free parent education classes are offered through the Sacramento Food Bank.

Donation Drop-off locations and times

3333 Third Avenue, near 34th & Broadway in Oak Park
Monday – Friday 8 a.m.–4:30 p.m.
Wednesdays – 8 a.m.– 7 p.m.

For more information, www.sacramentofoodbank.org.

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Oct. 14-23
Showtimes: Friday at 8 p.m.; Saturday at 2 p.m. and 8 p.m.; Sunday at 2 p.m.
Cost: \$20 general; \$18 SARTA Members ; \$15 Children (12 and under)/Senior (65+), or SARTA members
Note: Accommodations for persons with disabilities are available upon request.
Tickets: Brownpapertickets.com and at the door; Info: 258-5687
Email: lightoperasacramento@gmail.com;
Web: www.lots.company

Gilbert and Sullivan’s “The Pirates of Penzance” follows the story of an orphan boy who is mistakenly apprenticed to a pirate instead of a (ship’s) pilot. One of the most popular operettas ever written, “Pirates” is a hilarious farce featuring soft-hearted pirates, bumbling policemen, impressionable young ladies, an eccentric Major-General. Featuring unforgettable melodies such as “Poor Wandering One,” and tongue-twisting songs such as “I am the Very Model of a Modern Major-General.” The company performs with a live orchestra and supertitles.



One of the most popular operettas ever written, “The Pirates of Penzance” is a hilarious farce featuring soft-hearted pirates and a cast of unforgettable characters.

ACTIVITIES AT SIERRA 2

FITNESS

Zumba with Toya & Linda
Monday/Wednesday, 7:30-8:30 p.m., Studio 2
LaToya Bufford, toybufford15@yahoo.com

Dancehall PowerUp
Thursday, 8:30-9:30 p.m., Studio 3
LaToya Bufford, toybufford15@yahoo.com

Motivational Aerobic Dance Exercise
Monday/Wednesday, 6:30-7:30 p.m., Studio 1 • Kia: keynorrisfitness@gmail.com

Zumba
Friday, 6-7 p.m. & Sunday, 11–noon. Studio 2
Abraham Contreras, pakko.zumba@yahoo.com

Weight Watchers
Thursday, 9 a.m. and 6 p.m.
Saturday, 9 a.m. • Room 10 • (800) 374-9191

YouGotThis! Fitness
Easy 8s Dancercise
Thursday, 7:30-8:30 p.m., Studio 1
Shelly@yougottthisfitness.com

MUSIC
Nashville Songwriters Association
2nd Wednesday, 6:30-8:30 p.m., Room 12,
Free • Gabrielle Kennedy: 476-5073

Japanese Taiko drumming
For schedule: Kristy Oshiro, kristyoshiro@gmail.com

ART
Glass Mosaic Classes
Tuesday, Noon-3 p.m., Room 11
karenssharp51@gmail.com

Watercolor class
Friday, 9 a.m.-noon, Room 11
Michael Mikolon, 730-9347



CHILDREN
Capital City Music Together
Children 5 and under. For schedule:
Jennie Ribadeneira: 990-3222
www.capitalcitymusictogether.com

SPIRITUAL SERVICES
Bethlehem Baptist Church
2nd & 4th Sunday, 11 a.m.-1 p.m., Room 12
Pastor Benson, 230-8069

Wings of Mercy & Grace Church, FCF
Sunday, 2:30-4:30 p.m., Rm. 11
Pastors Dee & Eric Asberry: (209) 276-5340

Sacramento Native American Believers Fellowship
Sunday, 10:30 a.m.–12:30 p.m., Room 10
Lee Aviles, 203-6461

Baha’is
Call for schedule: 491-5871
sacamentobahais.org

Mustard Seed Faith Ministries
Sunday, 10:30 a.m.-12:30 p.m., Room 9
Pastor Dorothy Hayes, 213-0901

Good Shepherd Parish
9:30-11 a.m., Sunday, Room 12
Mother Elizabeth English
502-6773, GoodShepherdCommunity.org

Empowerment Theological Seminary
Monday, 6-9:55 p.m., Room 9
308-7646
empowermenttheologicalseminary.com

YOGA
Iyengar Yoga
Tuesday, 10-11 a.m. • Studio 1
Gladys Callander: 743-0246

MARTIAL ARTS
Eagle Claw Kung Fu Academy of Sacramento
Wednesday, 6–7 p.m. 441-7215
Saturday, 12:30-2 p.m., Studio 2

Sacramento Sword School
Martial Sword Arts of Europe
Thursday, 6:15-8:15 p.m., Studio 2
Maestro Eric Myers: 276-2247

Unified Chinese Martial Arts
For schedule, e-mail Shifu Byron at Lohan36@sbcglobal.net

OTHER
Know Thyself as Soul – Meditation
1st Sunday of the month, 1–4 p.m. Curtis Hall
knowthyselfassoul.org

Marxist School of Sacramento
Speaker Series: call for schedule
799-1354, marxistschool.org

Improv Jam class
Sunday, 5 p.m., Room 9
Cost: \$5 per class, drop-ins welcome
Michael Davenport, michaeldavenport78@gmail.com

Hoop Meditation
Bi-weekly starting Oct. 24
6:30-7:30 p.m. , Room 9
\$10 Pre-register; \$12 Drop-in
itsarivalution@gmail.com

DANCE
Mindful Bellydance
Tribal fundamentals class for all levels
Thursday, 7 p.m., Studio 1
Sawako Ama • lovebreath@infocircle.net

Awakening Bellydance
Cardio class to live music for all levels
Fourth Saturday, 11 a.m., Studio 1
Sawako Ama • lovebreath@infocircle.net

Irish Folk Dancing
1st and 3rd Monday, 7-9 p.m., Studio 1
Liam Irish, 530 677-5549

Manasa Tribal Dance
Sunday, 2-3:30 p.m., Studio 1
Patrice Norris: 736-1730


River City Taps – Tap Dance
Monday/Thursday, 5–8:30 p.m.
Thursday, 10 a.m.–1:30 p.m.
Saturday, 9 a.m.-1:30 p.m., Studio 3
www.rivercitytaps.com

Polynesian Dance
Tuesday, 6-7:30 p.m.
Studio 2 • alohatyra@aol.com

Auntie Amy’s Hula
Thursday, 3-4 p.m., Studio 1
Amy Cornellier, 792-5561

Brazilian Dance
Friday, 7-8:30 p.m., Studio 2
Marta Santos, 833-9724

West African Dance class
Every other Sunday starting Oct. 9,
Noon-1:30 p.m., Studio 3
jessakaycruz@gmail.com



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Tech support and a nonfiction book club are among new activities at the Senior Center

It's an exciting time in the Senior Center as staff, interns and seniors buzz about with ideas for new activities and events. New instructors are eager to teach classes and work with the seniors. This month, we kick off our technology program and offer a range of activities from mandala art to a photo organization workshop.

A desire for technology

The Sierra 2 Senior Center started offering technology and computer classes for its participants, as part of the first phase in the Sierra 2 Center's plan to offer a tech lab with relevant, forward-thinking programs accessible to all. Surveys, feedback, and expertise are being used to curate classes based on need and interest of older adults active at the Center. A brief introductory survey revealed that the most popular topics are: smartphone and tablet use, Microsoft Office Suites, graphics (digital scrapbooks, greeting cards, calendars) and special interest like photo editing and genealogical research.

This month seniors and community members can use the new One-on-One Tech Support, where you can have your issues addressed with an expert. Tech Support sessions take place the third Monday of each month, from 1-5 p.m. and can be scheduled in one-hour increments for \$15. Advance registration is required for Tech Support.

One-on-One Tech Support and other computer classes are taught by **Deborah King**, a personal technology coach and independent IT consultant. She has worked in technology positions for Thunder Valley Resort, Sacramento Coca-Cola, and, most recently, the City of Sacramento, where she built the TechConnections program for older adults.

Schenirer's message

Like fences, leashes make good neighbors

I have a Golden Retriever named Louie. Every day, morning and evening, my wife or I take Louie for a walk in the park. Golden Retrievers are generally gentle dogs who love nothing more than a little attention. Louie is no exception, and in the 10 years I have had him, I have never heard him growl or seen him defensive. When I take Louie on a walk, he is always on a leash. Not because I think he will run but because it is the law and because other people who may have a fear of dogs don't know he's a sweetheart.

Last week as I was taking a walk, a woman with two small dogs, both on leashes, asked another of our neighbors to leash their dog. She asked three times before the couple yelled back at her, with some incredibly rude words, and bluntly ignored her request. It's not the first time I've witnessed this type of scene. I've also seen numerous posts on Next Door and Facebook with complaints about dogs running loose in the park and the neighborhood.

I understand folks want to allow their dogs to run, but



Photo/Katie Byram
In Sierra 2's new Tech Lab, from top to bottom: Charlotte Dodgson, Mary Reilly, and Paul Self learn more computer skills.

More wellness offerings

The Wellness Program is a popular way for older adults to participate in exercise classes at the Senior Center. Of the Wellness classes, Thursday morning's Tai Chi class is the most popular with attendance ranging from 5-12 people every week. **Tai Chi** will now also be offered from 10:30-11:15 a.m. Mondays in Studio 3.

Chair Massage is now from 4-5 p.m. Mondays in Room 11, and **Yoga + You** has moved to 11:30 a.m. Wednesdays in Room 12.

Come try these wonderful activities that promote flexibility, recovery and relaxation.

New activities offer something for everyone

For the creatively inclined, we now offer a **mandala art class** from 2:30-3:30 p.m. Mondays in Room 11.

The fee is \$6 per individual class or you can pay \$20 for the month. Mandalas, taught by **Sam Soun**, help build artistic skills.

For those itching to organize, a **photo organization workshop** takes place from 9-11:15 a.m. Tuesday, Oct. 18 in Room 12. In this two-hour workshop, hosted by **Judy Bujold** of Captured Moments, participants will organize boxes of old photographs while Judy scans and digitizes the photos. This workshop is \$35, and participants will leave with 100 of their favorite photos digitized and organized.

Finally, we've added a **nonfiction Book Club** that meets at 11:30 a.m. the third Thursday of each month. All interested in joining this book club should attend the October meeting on Oct. 20, where book choices will be discussed. Attendees are encouraged to bring a few book choices to the first meeting to help build a selection list for future meetings.

Make sure to pick up a copy of the October calendar in the Senior Center to stay up-to-date on what's new at the Senior Center.



Jay Schenirer
City Councilmember

that is why we have dog parks. Having your dog off leash at Curtis Park is possible for the few because most of us adhere to the law. Sierra 2 and Belle Coolidge are the two off-leash areas closest to our neighborhood. So, a simple request: Obey the law, be considerate of others, and keep your dogs on a leash.

Golden moment

This month also brings the opening of the Golden 1 Center. While controversial to some at the time of its approval, I believe most Sacramentans are excited about the opening. The positive impacts of a large entertainment venue downtown are already evident. It is estimated that property values in the surrounding area have increased by \$180 million. The new Kimpton Sawyer Hotel is under construction, the Vanir office tower is already being leased, and new restaurants are being planned.

The Golden 1 Center will host more than 200 events a year, creating a vibrant center for arts and enrichment. While it's premature to call the Golden 1 Center a success, early indicators suggest that the Golden 1 Center will soon be the thriving hub of culture and entertainment for our region.

OCTOBER ACTIVITIES

SIERRA 2 SENIOR CENTER

Room 12 • 455-6339

seniorcenter@sierra2.org

Everyone is welcome.

Activities are free except where noted.
(Donations appreciated.)

FITNESS

Gentle Yoga

10-11 a.m., Wednesdays
\$10/drop in; \$30/4 classes
Pat Shaw: 856-0136

Fall Prevention

11:30 a.m.-12:45 p.m., Tuesdays/Thursdays
4 classes \$20; 8 classes/\$35
Pat Shaw: 856-0136

LEISURE

Book Club

11:30 a.m.-12:30 p.m., 2nd Monday

Oct. 10: "A Man Called Ove"

by Fredrik Backman

Nov. 14: "Everything I Never Told You"
by Cynthia Ng

Nonfiction Book Club

11:30 a.m. - 12:30 p.m., 3rd Thursday
October is the first meeting;
please bring book choices to vote on.

Popcorn & Movie

"The Martian"

1:30-3:30 p.m., Third Tuesday

Donation: \$1-3 (includes popcorn)

My Story Project meeting

1-3 p.m., 2nd Monday of the month

Everyone Can Drum

1-2 p.m., Tuesdays, Studio 1. \$5

Life History Writing

1-4 p.m., Wednesdays

Open Art Studio

Noon-3 p.m., Friday. Room 11

EDUCATION

Beginning Drawing

9-10:15 a.m., Oct. 6 and 13
\$48/month; \$13/drop-in
Patris: 397-8958

Mandalas 101

2:30-3:30 p.m., Mondays, Room 11
\$20/ month; \$6/drop-in

One-on-One Tech Support

1-5 p.m., 3rd Mondays
\$15 for 1 hour- session
Advance registration required.
Call 452-3005

CARDS & GAMES

Ginasta & Mahjong

9:30 a.m. - noon, Mondays

Fun Bridge

1-4 p.m., Thursdays

Pinochle

1-3 p.m., Fridays

WELLNESS PROGRAM

10-class punch card \$60; 5-class punch card \$35; Drop-ins \$10
Purchase cards in the Senior or Sierra 2 Center offices

Chair Exercises with Allison

1-2:15 p.m., 2nd, 4th and 5th Wednesday, Room 10

Healthy Back

4:30-5:30 p.m., Mondays, Studio 1

Yoga + You

11:30-12:30 p.m., Wednesdays, Studio 3

Chair Massage

4-5 p.m., Mondays

Appointment only

Fitness Walking & Lessons

9 a.m., Thursdays
Lessons: punch card; Walking: Free

Tai Chi

10:30-11:15 a.m., Mondays in Studio 3 and Thursdays, Room 12

EVENTS

Get Your Photos Out of Chaos workshop

Hosted by Judy Bujold

of Captured Moments

9-11:30 a.m., Oct. 18

Fee: \$35; register in advance at 452-3005

Grief & Loss Support Group

Hosted by Susan Willis

of Rx Hospice Care.

9-10:30 a.m., Sept. 6-Oct. 11. Free

Potluck

Noon-2 p.m., Last Friday, Room 12

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Heritage Matters

Acme Bottle Shop sign has survived 70 years

By Erik Fay
Viewpoint staff writer

Before billboards, signs painted on the sides of buildings were a frequent form of advertising. Sacramento’s Downtown and Midtown retain a few such signs. Curtis Park had several painted signs through the 1950s. However, the Trails sign was recently painted over, so now only one remains. The Acme Bottle Shop sign at 2912 Franklin Blvd. is a spectacularly painted sign has outlasted the business it advertised by many decades.

The bottle shop sign, painted on brick, features a hand holding a bottle of Coca-Cola and reads, “Drink Coca-Cola” and “Work Refreshed.”

In the late 1930s Coca-Cola began advertising a refreshment theme. Ads would read, “Play Refreshed,” “Drive Refreshed,” “Travel Refreshed,” “Shop Refreshed,” and so on. “Work Refreshed” was often used in a scene featuring people enjoying a Coca-Cola with their lunch in a work setting. The hand holding the bottle in the Acme Bottle Shop sign was common feature in 1930s and 1940s advertising. The bottle shop sign has a U.S. patent registration on it. It may have been linked to the



Sacramento Coca-Cola bottling plant and distribution center on Stockton Boulevard. The Acme Bottle Shop sign has a hand painted date in the lower right corner: 7/26/46. The

shop first appears in the 1953 Sacramento Business Registry and phone directory, but it was clearly operating in 1946. While listed under Liquors, the shop obviously sold soda, too.

Curtis Park residents Rose and Joseph Mezzanares were the original shop owners, living nearby on Third Avenue. Joseph was deceased by 1953, and Rose Mezzanares sold the business in 1954 to Curtis Park residents George and Leotha Sullivan of Fourth Avenue. The Sullivans appear in the phone directory as the business owners, starting in 1955. In 1956 only George Sullivan is listed as a business owner. The shop reappears in the 1958 directory with new owners, this time Jack Berger and Tom Heise, who do not appear to have been Curtis Park residents. The shop is listed again in 1959 but was never relisted after that year.

The Acme Bottle Shop left us with an interesting and colorful example of historic business

advertising. Large-scale painted advertising signs are now rare in California. Most were painted over, were neglected and flaked away, or were lost when their buildings were demolished or remodeled. It’s rather amazing the Acme Bottle Shop sign has survived 70 years.

Constructed in the 1920s, the building was originally brick fronted like its sides. The front underwent some unfortunate “updating” with stucco, doors and windows that don’t match the period of the building. The sign is not visible from the front, which is probably why it’s untouched. Curtis Park residents may not have seen it through the bushes and a large redwood tree.

The Acme Bottle Shop sign faces south, into the front yard of 2916 Franklin Blvd.; the house was recently sold. History buffs hope the new owners will not paint over this wonderful piece of Sacramento and Curtis Park history.

The best way to see the Acme Bottle Shop sign is to walk on the west side of Franklin Boulevard from Marshall Avenue toward Fourth Avenue. You’ll be treated to a rare, colorful example of commercial advertising art from a Curtis Park neighborhood business of the past.

Crocker Village update

Status of home sales and the homeowners’ association

By Craig McCulloch,
Viewpoint staff writer

Home buyers in the Curtis Park Village area, sometimes called Crocker Village, are all members of the Homeowner’s Association (HOA). “The purpose of the association is exterior landscaping, maintenance of the common areas and the alley that backs up to homes along 24th Street,” according to Mike Paris. Paris is president of the association and of BlackPine Communities, the homes’ developer. Paris controls the association

as his company still owns the unsold homes along Crocker Drive.

The HOA has 76 members. A separate HOA was established for the cottages built on 24th Street. Neither HOA has been involved in the controversy about CPV’s pending commercial development — the shopping center and gas station. However, individuals may be interested in the development.

BlackPine has built 29 homes, including the 12 cottages on 24th Street. All of the cottages were sold and six homes remain unsold in the larger village area along Crocker Drive. The houses feature two

distinct styles — “Brownstones” go up to 2,537 sq. ft. and the larger “Estates,” up to 3,031 sq. ft. Three homes in each style remain. The residential builder purchased 86 of the development’s lots. A sales office is in the alley behind Crocker Drive.

New construction is under way for three Brownstones on Crocker Drive. Additional Estate homes along the north end of Crocker Drive will start to go up soon. Home construction into the interior portions of the Curtis Park Village area does not have a timetable and may involve additional builders.

La Famiglia: A favorite dish is peaches and cream French toast strata

(Continued from page one)
love hearing their singing and laughter from the kitchen.”

Forget and Roberts managed to achieve longevity in this detail-oriented business in part due to their insistence on doing it all themselves, serving between 25 and 1,000 people at various events in the Sacramento region. When necessary, they call in friends and family to help, but they often manage on their own, with Leo focusing on the cooking and Jeff handling the presentation. Clients frequently comment not only on the quality of the food but also on their stunning displays.

Both owners have backgrounds in the restaurant industry. While they specialize in Italian dishes such as lasagna, arancini (stuffed rice balls), and chicken piccata, they enjoy experimenting with French, Indian, and Asian cuisines. Their

peaches and cream French toast strata with extra thick bacon is a crowd pleaser. Another popular mainstay is the tri-tip and pasta salad with sun-dried tomato and feta. Much of their business is comprised of happy returning clients from various businesses and organizations throughout Sacramento.

Their secret is a dedication to professionalism and punctuality combined with a sense of service to a larger Sacramento family. “The kids at the center come and say “hi” when they smell the bacon,” Leo comments. “We’ve seen them grow up here.”



Leo Forget, left, and his partner, Jeff Roberts provide catering with classic Italian dishes and service, based in treating clients like family.

Photo/Katie Byram



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10th annual Curtis Fest draws big crowd



Photos/Will Carlton

Linda Bell of Fourth Avenue, left, was among the 1,500 people who visited the artists showing their work at the 10th annual Curtis Fest in late August. Here Linda looks over the creations by Natalie Thiele of Montgomery Way, right. New interactive features at this year's event included children's climbing toys, a mandala coloring station and hula hoop demonstrations. Sac Prep Music entertained visitors while they roamed about, stopping to pet the alpacas, enjoy homemade ice cream and watch the bubble fairy. Curtis Fest is produced by the Sierra Curtis Neighborhood Association.



Crafts varied from handmade to commercial art.



Petting the animals delighted the children.



Tibetan bowls for sale at Curtis Fest.



Stained glass artist schmoozes.

New neighbors on 22nd Street, Susan Joy and Scott Dilyard were welcomed at a neighbor party in September.




Photo/Judy Scheible

From the Midwest to the West


When Susan Joy and Scott Dilyard moved from Cleveland, Ohio, they decided Curtis Park was their kind of neighborhood. They are still unpacking boxes and furnishing their home at 4th Avenue and 22nd Street while working. Susan's position as a sports medicine physician for Kaiser Permanente brought them here, and Scott, who says he can work anywhere, is a winemaker. About two dozen neighbors gathered recently to welcome them and share a little neighborhood history.

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Bret Harte news

Bret Harte set to welcome new principal

By Fayzah Mughal
Viewpoint staff writer

Bret Harte expects to have a new principal this month to replace former administrator **Lorena Carrillo**, who announced her impending departure shortly before school began. In between principals, the school was in the capable hands of **Olga Bautista**, a former principal who took a break from retirement to ensure a smooth transition for Bret Harte. Look for more about our new administrator in November’s *Viewpoint*.



A different kind of STEM sell

As part of the State’s effort to improve student outcomes and prepare children for globally in-demand jobs, Bret Harte sent a team of teachers to undergo STEM training over the summer. STEM education (Science, Technology, Engineering and Mathematics) seeks to make the sciences relatable and accessible to all students, with a focus on problem solving, collaboration and creativity. Continuing in this vein, the volunteer-based Garden Team will soon unveil a program that integrates STEM principles into their garden workshops. This season’s lessons will be directed at the younger students (1st–3rd grade). The focus will shift toward older students (4th–6th grade) in the spring. This program was made possible through the efforts of community volunteers **Brian**

and **Karen Hill** of Sixth Avenue and staff member **Onethia Riley**, who developed the curriculum.

City Councilmember ruins appetites – for a good cause

Councilmember and Bret Harte neighbor **Jay Schenirer** generously sponsored a Gunther’s Ice Cream Social Fundraiser to help support the school’s 6th Grade Sly Park trip. The ice cream was sold from 5–6 p.m. during Bret Harte’s Back to School Night, during what’s known as “dinner time.” Many happy tummies (and slightly annoyed moms) would like to thank Schenirer and his staff member **Keilani Paneda** for their support. Also deserving recognition is Gunther’s Ice Cream, for being such a scrumptious community partner.

Bears at State Capital

The Runnin’ for Rhett program returns to Bret Harte this season, and training begins early this month. The non-profit organization aims to improve children’s fitness through nutritional education, fun physical activities and, of course, running. Curriculum is provided to participating sites, and programs are run by volunteering teachers, parents or community members. Our Special Education teacher, **Carla Packwood**, has once again volunteered to coach the running program. Student participants will go on to a 5K run that will start at the State Capital on Sunday Nov. 6. The course will go through Old Sacramento, along the Waterfront, around Raley Field and over



Photo/Karen Hill

Volunteers help to prepare school garden for new STEM-based workshops: (from left, Bill Manasian, Fayzah Mughal, Isa Abdur-Rahim, Torrey Stoddard and Colin Bailey.

the Tower Bridge. If you would like to join the race, registration is available (at cost) on-line at www.runbecauseyoucan.org. Race fees cycle back into Rhett programs, such as the one provided at Bret Harte, so we hope to see you there. Go Bears!

Harvest Fundraiser on Oct. 27 to benefit teachers

Bret Harte will hold its Harvest Fundraiser from 4–7 p.m. Thursday, Oct. 27. The festivities will feature raffle prizes, family-friendly activities, and lots of candy in a fun, safe environment. Food and beverages will also be available for purchase. Though entry will be free, proceeds generated from the activity stations, raffles and snack sales during this event will go directly to support teachers’ classroom needs. This festive event is open to the community, and neighbors are encouraged to stop by with their children for a fun evening with a noteworthy goal.

Wine Tasting: Musical instruments are among 150 items up for bid

(Continued from page one)
their creations.

With the retirement of Dick Ebert from the fundraiser (not from being the wine guru at Taylor’s Market), the committee is working with local and regional wineries to represent California. With beer drinkers in mind, Rob Archie, owner of Pangea Bier Café on Franklin Boulevard, will again organize the Craft and Belgian Beer Garden,

which is sponsored by McDonald Plumbing, Heating & Air Conditioning. Beyond the event’s tantalizing food and drink, guests eagerly anticipate the raffle and silent auction where more than 150 items are up for bid. Patrons will vie for things like spa certificates, art and photography, interior design consultations, and musical instruments. Then there are the neighborhood dinners, which

sell out almost immediately. These are privately hosted, themed dinner parties for six or more people. They are sold by individual seats. The race to buy a seat begins at 4 p.m. This year we anticipate more than a dozen of these special dinners with themes like “Six on 6th Progressive Dinner,” “Tini’s and Tapas cocktail party,” “Italian Dinner for 6,” and Specialty Wine and Cheese pairings. For more information: 452-3005.

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