

A Publication of the Sierra Curtis Neighborhood Association

Vol. 36, No. 4

2791 - 24th Street, Sacramento, CA 95818 • 452-3005 • www.sierra2.org

November 2014

### Shop with a local passport in November

By Viewpoint Staff

'ou don't need a Curtis Park Passport to shop in the neighborhood, but if you get one and use it during November, you may win a nice prize. You'll also be showing your support for the businesses with roots in our neighborhood.

This fun approach to highlighting these businesses comes from the Curtis Park Character Advocates group and their teammates: SCNA, the North Franklin District Business Association and the Greater Broadway Partnership. They call the campaign the Curtis Park Loves Local Biz Celebration.

It will culminate with a party from 3-5 p.m. Nov. 29 at Pangaea Bier Café and Gunther's Ice Cream at Third and Franklin. The drawing for prizes will take place at this event, which will also feature music, face painting, treats to share and a bicycle parade.

"This is the first time the neighborhood and businesses are partnering together to highlight our unique neighborhood," said Rosanna Herber, one of the Character Advocates.

Marti Brown, the executive director of the North Franklin Business District, likes enticing neighbors to explore businesses in and around Curtis Park. "There are some wonderful, small businesses on Franklin Boulevard," Brown said. "You can buy flowers at La Rosa Azul Florists, eat at El Novillero, pick up a prescription at Leaders Pharmacies or buy some fresh sausage at

Please see Local Biz, page 3



Photo/Nancy McKeever

The proposed gas station for Curtis Park Village would look similar to this Safeway station in Elk Grove.

### 24-hour fuel center proposed for **Curtis Park Village shopping center**

By Viewpoint Staff

n Aug. 19 Petrovich Development Corporation filed an application to build a 24-hour fuel center with 8 multi-product dispenser stations. It would serve 16 cars on a half-acre lot on the corner of Crocker Drive and the Access Easement to the Shopping Center. On Sept. 10, SCNA received a copy of the application from the City of Sacramento asking for comments by Sept. 26.

SCNA received an extension to late October. SCNA has been informed that Safeway, the announced grocery tenant for Curtis Park Village, is requiring a Safeway fuel center as a condition of its tenancy. Sacramento has two Safeway gas stations: Del Paso Road (7miles north) and Elk Grove-Florin Road (9.8 miles south). The proposed station in Curtis Park Village would be the first centrally located Safeway fuel center to offer loyalty-point discounts on gasoline.

The Curtis Park Village Fuel Center application (P14-036) requires two entitlements from the City: a conditional use permit (CUP) (see City code17.808.200 for requirements) and site plan and design approval (see City code 17.808.180 for requirements).

In addition to the 24-hour selfservice dispensing stations, the applicant proposes a 740-square- foot mini-mart that would sell snacks, automobile fluids, coffee, soda and water. The mini-mart is proposed to be closed late evening until early morning. The gas station requires a CUP because it is auto-related. Approval of a conditional use permit is discretionary on the part of the City.

According to Lindsey Alagozian, a City planner, a CUP is normally heard in about 6 months. This application will be decided upon initially by the City's Planning Commission (though an appeal may be taken to the City Council). A hearing date has

Please see Gas Station, page 8



nce a year neighbors meet to find out the latest information about developments at the Sierra 2 Center and in the

neighborhood. This year that meeting will begin at

An overview of Sierra 2's financial report is on page 8.

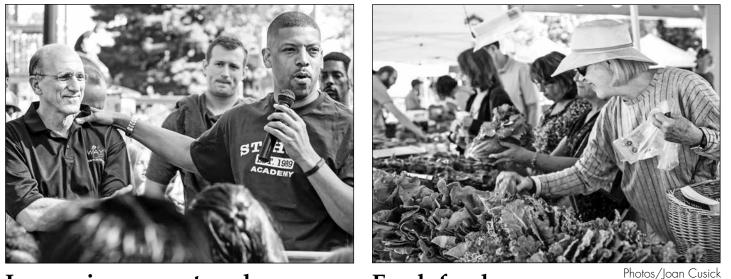
6:30 p.m. Tuesday, Nov. 18 in Curtis Hall. Sierra Curtis Neighborhood Association President Eric Johnson and Executive Director Terri Shettle will make presentations regarding the neighborhood and the Sierra 2 Center. In addition, staff from the City of Sacramento will update us on potential traffic improvements for 21st and 24th streets.

There will also be elections for board members. Anyone who is interested in joining the board (and you should be — it offers a great way to be connected with Curtis Park, and have direct input on neighborhood issues) please let the staff at Sierra 2 know so they can add your name to the ballot.

Light snacks will be provided during the meeting.

### Sierra 2's annual **Angel Tree needs** generous 'parents'

hildren who could use a littl help around the holidays will find it through Sierra 2's participation in the Angel Tree program. For the second year the



### Improving a great park

In mid-October neighbors and City officials, including Councilmember Jay Schenirer, left, and Mayor Kevin Johnson, gather in McClatchy Park to celebrate the completion of many improvements. Schenirer helped lead the push for financing to make this project happen.

### Fresh food

This is the last month for the Saturday morning Farmers Market in McClatchy Park. Its fresh produce, prepared foods, music and activities for children draw neighbors from both sides of the freeway.

### First Friday dinner Nov. 7 brings a taste of Italy See story on page 3.

Sierra 2 Center will



partner with

News 10 and the Salvation Army to provide gifts for children in need.

Last year neighbors stepped up for 60 children. This year the goal is 100. Beginning Nov. 13 neighbors can come by the Sierra 2 Center office to select an "Angel Tag" that represents a specific boy or girl who could use some assistance this holiday season. Each tag provides the name, gender and age of their "adopted" child along with some suggested gift items. Unwrapped gifts are then brought back to Sierra 2 so they can be delivered to the Cal Expo coordination center for wrapping and delivery on Dec. 12.

For more information, contact the Sierra 2 office, 452-3005.

#### 

### Notes from October 8<sup>th</sup> meeting Board votes to hire counsel to conduct an environmental analysis of the impacts of a gas station in Curtis Park Village

#### **Changes to the SCNA Board**

The Board voted to elect **Cara Martinson** as the new secretary of SCNA. Ms. Martinson has served on the Board since June 2013 and currently also serves as the chair of the Development Committee. The Board's previous secretary, **Nicole Quinonez**, is taking a reprieve as she and her husband recently welcomed their first child.

In addition, the Board voted to welcome **Bruce Pierini** as the newest member of the SCNA Board. The SCNA Annual Meeting will be held Tuesday, Nov. 18. (*See separate story on Page 1.*)

### Next meeting

The SCNA Board meets at 7 p.m. in the Garden Room on the second Wednesday of the month. The next meeting is Nov. 12. For more information, call the Sierra 2 office at 452–3005.

#### Wine Tasting a great success

The annual Wine Tasting and Silent Auction was a great success this year with more than 600 people in attendance. The Board discussed possible dates for next year's event to avoid conflicts with Sacramento's Farm to Fork events and to encourage more vendors to participate. Many thanks to all who participated, contributed and helped make this year's event a great success. (*See separate story on page 3.*)

### Concerns over proposed CPV fueling station

The Board discussed the Curtis Park Village fueling station proposal at length and what type of environmental review the City would conduct to analyze the impact of a gas station in Curtis Park Village. Concerns were raised about what type of environmental review would be conducted and the possibility of an abbreviated time frame in which the Board might be

able to review and comment on an environmental document. In order to take a proactive stance, SCNA voted to authorize the expenditure of up to \$8,000 to retain counsel to conduct an independent environmental analysis of the impacts of a gas station in CPV. A subcommittee of the Neighborhood Concerns Committee has been tasked with developing a recommendation to the SCNA Executive Committee for a qualified expert within the next month. (See separate story on page 1.)

> — Submitted by Cara Martinson Board Secretary

### President's message Why I'm thankful, let me count the ways

A lthough continues to be dryness and warmth and drought, I browbeat my brain into believing in autumn when the calendar gets into doubledigit months.



November, as always, begins the process of looking back over the year and seeing the highs and lows, ups and downs, ins and outs. As usual, there are many things to be thankful for in my life; quite a few of them have to do with Curtis Park.

I'm thankful for the opportunity to live and raise a family in such a wonderful, connected neighborhood. There are neighbors who have become friends, and friends who have moved here and become neighbors. In the past year, at least two

GREEN, CLEAN, QUIET LAWN SERVICE FRESHAIR VARDCARE 916 475–7956 www.FreshAirYardCare.com CA License #993114 houses on our street have built front-porch patios to further be connected with the streetscapes.

I'm thankful that I've been able to serve as Board President. Not only has it given me insight into how the city and community work, but it's also given me skills that apply to both my business and personal life: If I can smoothly run a community meeting filled with some of the sharpest and most opinionated minds in town, I can do pretty

much anything.

I'm thankful that those sharp, opinionated minds are willing to jump in and volunteer their time and efforts for the good of the neighborhood. So much is still to be settled with Curtis Park Village, and I'm confident that our Neighborhood Concerns Committee, with its wealth of institutional knowledge and dedication to details, will make CPV the best it can be.

I'm thankful that the Board and the Sierra



2 Center have so much support from the neighborhood. The Center's financial situation is currently on firm footing, courtesy of an extremely professional staff and hearty core of volunteers. Our neighborhood events only get better, including record attendance at October's Wine Tasting, Beer Garden and Silent Auction. There's a reason our neighborhood gets kudos for its level of engagement.

I'm thankful we have this outlet of *The Viewpoint* to let people know what's going on. The tireless efforts of our writers, editors, publishers and delivery people add a big helping of character to our slice of Sacramento — not many other neighborhoods have hand-delivered newspapers on every doorstep.

Finally, I'm thankful for you, our readers. By opening up *The Viewpoint*, you are showing your interest in Curtis Park, its people and its events. That interest is what keeps our neighborhood exciting, vibrant and a great place to call home.





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#### Deadlines

Deadline for *Viewpoint* copy is the 15<sup>th</sup> of the month. Neighbors who have an interesting story or event in our neighborhood are encouraged to submit ideas or articles to the editor via the Sierra 2 office: 452-3005.

### Wine Tasting event expected to exceed \$50,000 in revenue, a new record for raising funds

By Terri Shettle Executive Director of SCNA

Tearly 600 attendees meandered through the 24th annual Wine Tasting, Silent Auction and Beer Garden event venue this year. They scooped up lots of great food, sipped wine and beer and bid on the more than 150 Silent Auction items. Even the heat did not deter these hearty supporters.

With the combination of ticket sales, sponsorships, Neighborhood Dinners, and silent auction receipts, SCNA expects revenue to come close to \$51,000. Seats for the Neighborhood Dinners went fast. Within the first 45 minutes, 147 of 154 seats were sold. That income plus

the income from the silent auction contributed more than 40 percent of the event's total receipts.

The budget for the event this year was ambitious, but it will be achieved due to the robust revenue totals and the control of expenses.

The Wine Tasting committee is discussing how to allocate funds, including consideration of the additional beneficiaries. When all receipts and expenses have been reconciled, the committee will make its recommendation to the board.

Much of the wine tasting event ran on a combination of volunteer and Sierra 2 staff power. Neighbor Cari Anderson co-chaired with Terri Shettle, executive director of SCNA.



Early on, before the crowds arrived, Kris Backus of Portola Way checks out the silent auction items.

worked the event, according to Shettle.

Among the hard-working volunteers for the event were Tony

All of the staff members at Sierra 2 Linch, Dennis Gunvalson, Joe Larrea and Melissa Heede and various neighbors as well as volunteers from Bret Harte and McClatchy High School.

### La Famiglia caterers plan **Italian meal for First Friday**

irst Friday diners in  $\Gamma$  November will have a choice of penne pasta with Bolognese sauce or vegetarian marinara sauce, a green salad and garlic bread. The Italian meal will be prepared by La Famiglia, the in-house caterers who frequently cook for SCNA events.

Dinner will be served from 6 to 8 p.m. in Curtis Hall. The cost is \$8 for adults and \$4 for children 12 and under. Beer, wine and soft drinks will be available for purchase separately.

For questions, please call the Sierra 2 office at 452-3005.

### **Local Biz: Passport signatures** qualify shoppers for the drawing

#### (Continued from page 1)

Morant's Sausage, all along Franklin Boulevard."

Neighbors can get a passport at the Sierra 2 Office or from a flyer in the *Viewpoint*. While shopping locally during November, they can ask the business owner to sign in their passport. There is no limit on the number of passports. Boxes for the drawing will be divided by the number of signatures (five, 10 or 15 and above). The top prize is a \$100 gift certificate

from Pangaea's Bier Café. Another prize is a \$50 gift certificate from Gunther's Ice Cream.

"I just love this neighborhood," said Marlena Koepp, owner of Gunther's Ice Cream. "We will celebrate 50 years of ice cream in Curtis Park next May."

Volunteers are needed to help plan children's activities and reach out to community businesses.

If you can help, contact Curtisparkcharacter@gmail.com.

By Valerie Burrows Facility Administrator

#### How to get a State job

Finally, a workshop that teaches everything you need to know to obtain a State position. This one day workshop will be held from 9 a.m. to noon Nov. 15 in Room 11. When you learn the steps to getting a State job, you will be able to: create a profile; complete the application

process, apply for open positions; take the exams; understand Veterans' preferences and student assistant positions.

This Saturday workshop will be led by Kevin Temby and will cost \$105. For more information or to regisiter, call 457-4012 or visit: http:// howtogetastatejob.bpt.me/.

#### A time to honor holiday sorrow

We are culturally led to believe

that the traditions of the holiday season are supposed to be a time of joy, family and shopping. But for many people, it is a time of sorrow and introspection. Someone or something is missing or, our bodies long to follow the seasonal time of darkness.

The Creativity through the Holiday Blues workshop from 10 a.m.-3 p.m. Nov. 22 in Room 12 will be a time to express the part

of ourselves that wants to embrace silence using expressive arts. Participants will write and read poetry and experience simple but profound art processes.

Facilitator Joann Moylan-Aube has a master's degree in counseling with a focus in death education and counseling. The workshop fee of \$50 includes materials. For more information and to register, visit BreadofLife.org.

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### NOVEMBER AT SIERRA 2

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#### MAME

#### **Runaway Stage Productions**

Oct. 24 – Nov. 16

**Shows:** at 8 p.m. Fridays and Saturdays, at 2 p.m. Sundays **Tickets:** \$25 adults, \$23 seniors (60+), \$18 kids (12 and under) **Info:** (916) 207-1226 or www.runawaystage.com

Prepare to make your life a banquet and journey back in time to the height of the fabulous 1920's as the eccentric Mame Dennis must drastically adjust her lifestyle when she becomes the guardian of Patrick, her 10-year-old nephew. Patrick's life is turned upside down as they cope with the Depression in a series of adventures.

Throughout all, Mame teaches us to enjoy living life to the fullest, following her famous moto, "Life is a banquet and most poor suckers are starving to death." This Tony award-winning show features classic tunes such as "We Need a Little Christmas" and "It's Today, Bosom Buddies." It's an exciting, fun adventure for audiences of all ages.



CINDERELLA Runaway Stage Productions Storybook Theater Noon & 2 p.m. Nov. 1, 8, & 15 Tickets: \$8 general, \$6 children (12 and under) Info: (916) 207-1226 or www.runawaystage. com

This timeless fairy tale becomes a new audience

favorite in the musical "Cinderella," an adaptation of the treasured film geared toward young audiences. Poor Cinderella is endlessly mistreated by her wicked stepmother and stepsisters and denied a chance to go to the royal ball. With a little help from her mice friends, and a lot of help from her Fairy Godmother, Cinderella's dreams come true. She goes to the ball, meets the Prince, and falls in love.

### WHERE THE WILD THINGS ARE

#### **Contemporary Dance Conservatory**

2 p.m. and 7 p.m. Nov. 22 Tickets:: \$20 adults; \$15 students WTWTA.eventbrite.com Info: (916) 317-2265 | Email: Lenalogandance@gmail.com

Inspired by Maurice Sendak's classic children's story where Max, a disobedient little boy sent to bed without his supper, creates his own world: a forest inhabited by ferocious creatures who crown Max as



their ruler. Director and choreographer, Lena Logan and the dancers of Contemporary Dance Company twist this tale into a Contemporary Ballet that takes the audience for a wild ride. The performance features Keith McCann (Cirque du Soleil dancer and Julliard graduate), Agata Grzelak (Martha Graham School of Contemporary Dance), and Samantha Matsumoto.

#### **MARTIAL ARTS**

**Eagle Claw Kung Fu Academy of Sacramento** Wednesday, 6–7 p.m. 441-7215 Saturday, 12:30-2 p.m., Studio 2

Sacramento Bushido Kai Japanese Martial Arts for ages 4-Adult Monday, 6-7 p.m., Studio 2 Wednesday, 6-7 p.m., Studio 1 For schedule, Michael Mason: 616-5452

Sacramento Sword School Martial Sword Arts of Europe Thursday, 6:15-8:15 p.m., Studio 2 Maestro Eric Myers: 276-2247

Unified Chinese Martial Arts For schedule, e-mail Shifu Byron at Lohan36@sbcglobal.net

Typhoon Philippine School of Martial Arts Tues/Fri, 8:30-9:30 p.m., Studio 2 Master Maurice Gatdula: 509-6671

#### OTHER

**Center for Soul Healing** 2nd Thursday and 4th Tuesday 6:30-8 p.m. • Room 9 CenterForSoulHealing.com

Know Thyself as Soul – Meditation 1st Sunday of the month, 1 – 4 p.m. Curtis Hall knowthyselfassoul.org

Marxist School of Sacramento Speaker Series: call for schedule 799-1354, marxistschool.org

### **ACTIVITIES** AT SIERRA 2

#### DANCE

Mindful Bellydance Tribal fundamentals class for all levels Thursday, 7 p.m., Studio 1 Sawako Ama • lovebreath@infocircle.net

#### Awakening Bellydance

Cardio class to live music for all levels Fourth Saturday, 11 a.m., Studio 1 Sawako Ama • lovebreath@infocircle.net

Irish American Ceili Dancers 1st and 3rd Monday, 7-9 p.m., Studio 1 Helen Healy: 444-8051

Manasa Tribal Dance Sunday, 2-3:30 p.m., Studio 1 Patrice Norris: 736-1730

**River City Taps – Tap Dance** Monday–Thursday 5–8:30 p.m. Tues: Tues∕Thurs 10 a.m.–1:30 p.m. Saturday 9 a.m.-1:30 p.m., Studio 3 www.rivercitytaps.com

**Polynesian Dance** Tuesday, 6-7:30 p.m. Studio 2 • alohatyra@aol.com

West African Dance Fridays, 6–7 p.m., Studio 1 Jessa Cruz: jessakaycruz@gmail.com

Auntie Amy's Hula Thursday, 3-4 p.m., Studio 1 Amy Cornellier, 792-5561

#### CHILDREN

Capital City Music Together Children 5 and under Call for class schedules. Jennie Ribadeneira: 990-3222 www.capitalcitymusictogether.com

Rio Valley Charter School Arts Guild: K-12 Monday/Wednesday, 9 a.m.–noon Room 10 and Studio 3 www.riovalley.org

Tartan Hearts School of Highland Dance: Ages 4+ Sundays, 11 a.m., Studio 1 Jessica Bach, facebook.com/ TartanHeartsDance

#### SPIRITUAL SERVICES

The Vibe Church of Sacramento Sunday Services : 10-11:30 a.m., Garden Rm. Bible Study: 6:30-8:30 p.m. 1st & 3rd Wednesdays, Room 11 John Macdonell, Pastor: 595-5622

#### **FITNESS**

Motivational Aerobic Dance Exercise Mondays & Wednesdays, 6:30-7:30 p.m., Room 10 Thursdays, 5:45-6:45 p.m., Studio 1

Kia: keynorrisfitness@gmail.com Zumba with Annalisa

Tuesday, 7-8 p.m., Studio 1 Annalisa Brown, (530) 513-0768

#### Zumba

Friday, 6-7 p.m. & Sunday, 11–noon. Studio 2 Abraham Contreras, pakko.zumba@yahoo.com

#### Weight Watchers

Thursday, 9 a.m. and 6 p.m. Saturdays, 9 a.m. • Room 10 (800) 374-9191

#### Nia

Tuesday, 5:30-6:30 p.m., Studio 1 Kelly Holland • www.NiaNow.com

#### YOGA

**Iyengar Yoga** Tuesday, 10-11 a.m. • Studio 1 Gladys Callander: 382-9943

Art of Living Foundation Yogic breathing/meditation Thursday, 6:30-8 p.m., Room 11 • 601-3101

#### MUSIC

Nashville Songwriters Association

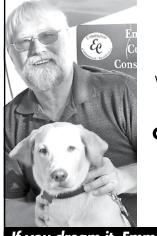
#### ART

Awaken My Art Collective Glass mosaic classes Tuesdays, Noon-3 p.m., Rm. 11 karensharp51@gmail.com New Destiny Ministries Sundays, 12:45-2:15 p.m., Room 9 Pastor Singleton, 532-5581 2nd Wednesday, 6:30-8:30 p.m., Room 12, Free • Gabrielle Kennedy: 476-5073

String orchestra lessons Second and Fourth Wednesday 7:30-8:30 p.m., Room 9 Krystyna Taylor, 216-0429







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### Holiday Faire provides treats from Santa Dec. 5

oliday shoppers with a sweet L tooth will want to time their visit to the Senior Center's Holiday Faire during the hours of treats. Organizers of the annual event at Sierra 2 expect 18 arts and craft vendors to show their work from 11 a.m. to 7:30 p.m. Friday, Dec. 5 in Rooms 10, 11 and 12 at the Center. Santa and Mrs. Claus, a.k.a. Joe and Bubbles Miguel, will hand out treats from 1 to 3 p.m., and one of Santa's favorite elves, Angela Mia (Senior Committee chairperson), will hand out more treats and accept letters from neighborhood children from 5:30 to 7 p.m. Funds raised by the Faire help support the Senior Center.



Bubbles and Joe Miguel are Mrs. Claus and Santa.

Among the jewels for sale at the faire are those created by Senior Center volunteers who work their magic from jewelry that's donated to the center all year long.

Other vendors sharing tables this year include Awaken Your Art Collective, whose members meet Tuesdays at Sierra 2 to create the mosaics they will have for sale this year. Another vendor is Bob Miller, who is well known for his watercolors of local landmarks.

Our own Crafts and Conversation group and Open Art Studio members are all providing handmade items

like "soft books for children."

First-time vendors are Kara and Carol from Knit n' Kaboodle designs. To preview their work, go to www.etsy. com/shop/knitnkaboodledesigns.

We are also requesting participants and local residents to donate a prize to use in the raffle on that day. Come by to enjoy a cookie and coffee and shop to your hearts content.

If you have any questions or donations for this year's event call Phoebe Celestin at (916) 455- 6339. We are looking forward to seeing you at the Faire.

> — Phoebe Celestin Senior Center Coordinator

#### Sierra 2 Senior Center

The Senior Center is open to all seniors (age 55 and up). It is open from 9 a.m. to 4 p.m. Monday through Friday in Room 12 of Sierra 2. The center provides opportunities to keep learning, exercise, meet new people and be actively involved with neighbors. Free (donations accepted) and fee-based classes and activities are on the schedule. See the calendar.

### Schenirer's message **Building sustainable systems to address** issues of disparity and eventually solve them

Tt is not unusual for me to be in Length meetings or convenings in rooms with vastly different groups of Sacramentans. What is striking to me, over and over, are the differences in the lives we lead and the challenges we face. A recent week for me began by speaking at the high school graduation of the Sacramento Regional Conservation Corps. It concluded with meeting some of Sacramento's wealthiest business leaders for a discussion with MLS representatives about our city's

potential for attracting a professional soccer team.

As I go through my week, I can't help but be struck by the degree of fiscal disparity among those I meet. As a councilmember and vice mayor, I represent both groups and want them to succeed.

This inequality is, in part, a product of our market economy. Nonetheless, the gap in where we each start life can be shocking, but it need not be life determining.

As an elected community leader, I often struggle with how I spend my limited time and resources. It is so easy to lose focus on what is truly important, what I should be doing to represent my community and also help Sacramento continue developing into a great city.



Jay Schenirer City Councilmember

My hope is to collaborate with others across the spectrum to build sustainable systems that will address the issues of disparity and, over time, actually solve them.

I know my work will continue taking me to unequal rooms, but I am okay with that if we make progress in closing that gap. We are all better off when young people have a better start. I welcome your input and help, because we will only succeed working together.

On an unrelated note, a quick update on the pedestrian bridge at Curtis Park Village: As you may recall, the City of Sacramento received a grant award of nearly \$7 million from CalTrans to build the pedestrian bridge at Curtis Park Village.

Unfortunately, the initial designs came in over budget and the bridge had to be redesigned. The bridge was put out to bid and the City received three responses. A low bid was selected, and subsequently challenged for technical reasons by a losing bidder. Under normal circumstances, the city works with McGeorge School of Law to resolve bid protests. However, because the funds from Caltrans must be expended before Oct. 31, the City is considering suspending competitive bidding and awarding the contract to a qualified bidder. We are also working with CalTrans to receive a time extension so that we may follow our normal bid protest process. We will keep you informed as to the final outcome.

### NOVEMBER ACTIVITIES

#### SIERRA 2 **SENIOR CENTER Room 12**

455-6339 or seniorcenter@sierra2.org Everyone is welcome.

Activities are free except where noted. (Donations appreciated.)

Senior Center is on Facebook. Please "like" us!

#### FITNESS

**Community Acupuncture Clinic** 10–11 a.m. (\$15) Nov. 4 & 18; Dec. 2 & 16 • Rm. 12 Zoë Griffin: 212-2170

Meditation/Movement/Verse Instructor: Alexa Mergen 9:45-11 a.m. Fridays Rm.12 • \$30 for 4 sessions

Hatha Yoga Instructor: Alexa Mergen 9:45-11 a.m. every other Tuesday \$30 for 4 sessions

**Gentle Yoga** Instructor: Pat Shaw 10-11 a.m. Wednesdays

**Fall Prevention** 11:30 a.m.-12:45 p.m. Tuesdays/Thursdays (4 classes \$20; 8 classes \$35) Pat Shaw: 856-0136

#### Tai Chi **Instructor: Frank Gaviola** 10:30-11:15 a.m. Thursdays Rm. 12 • \$40 per month

Walking and Polewalking Clinic 9 a.m. Thursdays One time instruction fee \$5

#### LEISURE

Improvisation acting with Jetta 3–5 p.m. Last Friday of the month

#### **Book Club**

11:30 a.m.-12:30 p.m. 2<sup>nd</sup> Monday Nov. 10: "We Are All Completely Beside Ourselves" by Karen Joy Fowler

**Travel Writing Facilitator: Phoebe Celestin** 11:30 a.m.-12:45 p.m. Wednesdays Rm. 12. Fee: \$3 per class

My Story Project meeting 1-3 p.m. 1st Monday of the month

**Everyone Can Drum** 1-2 p.m. Tuesdays (\$5) Studio 1

Sierra 2 Jewels & **Crafts and Conversation Open Art Studio** 11 a.m.-3 p.m. Fridays (except last Friday)

Life History Writing 1–3 p.m. Wednesdays

**EDUCATION Beginning Drawing by Patris** 9-10:15 a.m. Thursdays

**CARDS AND GAMES Monday Morning Games** Ginasta, Mahjongg & More 9:30 a.m.-noon

Following my re-election in June, I have given considerable thought to my priorities. My focus remains the same:

- Supporting success in our young people in health and education
- Meeting the challenges of homelessness
- Creating jobs

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Fun Bridge 1-4 p.m. Thursdays

Pinochle 1–3 p.m. Fridays

#### **EVENTS**

Potluck Noon-2 p.m. Nov. 21 Loccation to be decided

#### Senior Committee Meeting

3 p.m. • Nov. 3 First Monday of the Month Location to be announced

**Quarterly All Senior Center Meeting** 3 p.m. Wednesday, Dec. 17 • Rm. 12

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# Librarian turns monthly book club into dramatic adventures for eye and ear

*By Char Klassen* Viewpoint *Staff Writer* 

When Third Avenue resident Stephenee Borelli was a children's librarian at Sacramento's Central Library downtown, she hosted baby lap sit readings. Then she moved upstairs to the adult literature section. Denizens of the library may remember "How Austentatious!" her wildly successful Jane Austen Book Club program in 2010.

That program morphed into the regular program called "Notable Books" with the tagline: "The Book Club led by English professors. Read the classics the way you've always wanted. No papers. No tests. No tuition."

# Notable Book Events at the Sacamento Central Library

#### Sunday • Nov. 16 • 3-4:30 p.m.

Selection: F. Scott Fitzgerald's short story "Babylon Revisited" Program presenter: Andrea Lagomarsino Reader: Stephanee Borelli

#### Sunday • Dec. 7

5th annual Jane Austen Birthday Tea sborelli@saclibrary.org The program's genesis came about when Borelli was working days as a children's librarian and studying for her master's degree in English at California State University, Sacramento, where she was taking David Bell's popular Jane Austen class.

"Three in the class were auditing the course for no credit — and I understood why, Borelli said. "I was an English student for the same reason. I didn't need the degree. I was studying English for the simple pleasure of reading great books, participating in interesting discussions and learning new things."

Less than a month after graduation, Borelli contacted Bell to talk about an adult literacy program featuring the works of Jane Austen. The resulting six-month series was free, open to the public and a huge success.

"If you think kids get to have all the story time fun, think again," Borelli reported. "Something happens when I pick up a book... I can't help but read with great feeling. I just become the characters."

Borelli does more than sound as if she were a character. She wears their clothes, often one-ofa-kind period costumes that she's made. In 2013, Borelli made an 18th century ensemble for a series devoted to the Outlander books by Diana Gabaldon. You can see her creations at www.saclibrary.org/ outlander.

Borelli's next Notable Book event at the Central Library focuses on F. Scott Fitzgerald's short story "Babylon Revisited" from 3 to 4:30 p.m. Nov. 16. Andrea Lagomarsino, a high school English teacher who wrote her master's thesis on Fitzgerald, will present, and Borelli will read aloud the story in its



Photo/Fawn\_Johns

When the library's book club focused on an Outlander novel by Diana Gabaldon, Third Avenue resident Stephenee Borelli made a costume to fit the character she became for the event.

entirety, but this time she will not wear a costume.

December is the exception because there is a Jane Austen Birthday Tea instead. Contact Stephenee Borelli at sborelli@saclibrary.org to be put on a mailing list for the Notable Books series and the fifth annual Jane Austen birthday tea on Dec. 7.



Photo/Dan Pskowsk Lots of trees line 25th Street between 4th Avenue and Marshall Way.

### Medical research discovers why we should plant plenty of trees

*By Dan Pskowski* Viewpoint *Staff Writer* 

**I**'ve always had a natural affinity for trees. As a lad growing up in northern New Jersey, there was an abundance of red maples, red oaks, and a 70-foot tall eastern white pine on our one-acre parcel.

My brothers and I spent endless hours climbing the trees, and eventually we constructed a tree house in one of the maples. The trees were our friends and would never let any harm come to us. We believed in the power of trees. Was this just a child's imagination, or do trees really possess magical powers?

Bark from the Pacific Yew (taxus)

health benefits of trees and green spaces.

One example was a study conducted by Dr. Roger Ulrich on 46 patients who had gall bladder surgery. Patients who could view a small stand of trees outside their hospital room window spent 8.5 percent fewer post-operative days in the hospital. They also required less pain medication than patients with a brick wall view from their hospital room.

Another study, led by Dr. Geoff Donovan in Portland, Oregon, found a strong relationship between leafy neighborhoods and the health of new born babies. There was a direct correlation between tree canopy density within 164 feet of expectant mothers' homes and their babies' birth weights. Trees as friends: Research shows a strong correlation between trees and green spaces with human health consequences. For more information on the healing power of trees visit www. arborday.org/bulletins and click on Bulletin 71.



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is used to produce taxanes, one type of plant alkaloid used to treat cancer. This is an example of a tree's medicinal properties. The National Arbor Day Foundation recently published a bulletin titled "The Healing Power of Trees," which illustrates the significant human



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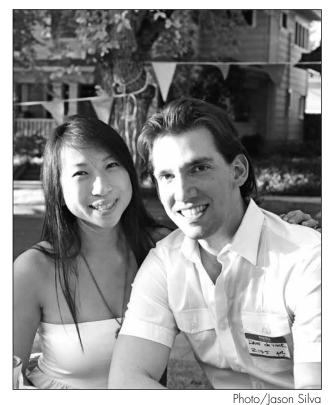


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**Emily and Dave de Vinck** 

## New neighbors

here was no time for the dust to settle in Jacki L Phillips' home on Fourth Avenue before new neighbors Dave and Emily de Vinck moved in. Both are from the East Coast. Dave is a physician who works as a pathologist in a private laboratory. He works mostly on diagnosing cancers. Emily is a banker.

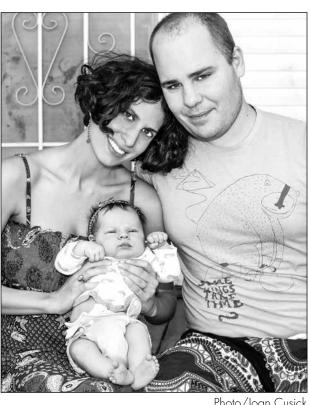
### Hot October night

bout 50 neighbors who live on Third and  $\mathbf{A}$ Fourth avenues gathered in early October between two double garages for the second annual Alley Party hosted by Katie and Tim Denham and Rob and Barbara Sherry. Everyone brought food to share and chairs to sit on while eating and listening (and dancing) to the rock n roll tunes pumped out by the Republicrats. Among the band's musicians was County Supervisor Phil Serna, a former neighbor when his late father, Joe, was mayor.

One neighbor reminded Phil she had been his babysitter. It was Susan Bresnahan, who lives on Third Avenue a few doors east of her mom, Maria Luares.

Host Rob Sherry made a home brew for the event and also tapped into a keg from Rubicon.

Around 9:30 p.m. the band broke into Happy Birthday for Third Avenue resident Don Staub, who was returning from his 90th birthday celebration with his family.



Michelle Kizner and Joshua MacAron with Camilla

## Yoga baby

**Tichelle Kizner** and **Joshua MacAron** Welcomed their first child, Camilla Sage, on Sept. 22 with the birth at their home on Portola Way near 21st Street. Little Camilla, who weighed just under 7 pounds, will soon be part of Mommy and Me yoga classes that Michelle will lead for the Sacramento Yoga Center. The Mommy and Me sessions are scheduled for 9:30 a.m. Thursdays beginning Nov. 6 at the Sierra 2 Center.

### Art with light and shadows



Katie Thomas of Portola Way with her art at Delta Workshop.



Nicole and Adam Quinonez with Harrison

### Born acrobat

dam and Nicole Quinonez of 24th Street welcomed Harrison Grey in the evening of Oct. 6. He weighed in at 8 pounds 5 ounces and measured 21 inches with lots of hair. The parents are already considering enrolling him in gymnastics because of his acrobatics. His scheduled C-section in late Sept. 30 was canceled when he flipped to the head-down position. In less than a week he flipped back to a breech position and surgery was scheduled.

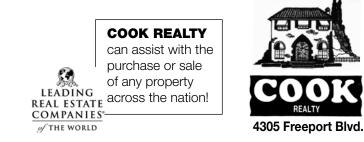
> **O**ortola Way's resident artist, **Katie L** Thomas, had an incredibly busy weekend in September. Her first solo show opened on Friday, Sept. 12, at Delta Workshop on 21st Street. It was a fascinating display of different interactions between light and shadows. The rest of the weekend was taken up with the annual Sac Open Studios tour, as she is one of the resident artists at Verge Center for the Arts. Katie received her bachelor of arts degree with honors in 2010 from Mills College.

Photo/Judy Harper

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### Bret Harte News Drop, cover and hold on

*By Char Klassen* Viewpoint *Staff Writer* 

Remember the days of fire drills? Elementary schools still conduct them along with other drills. In mid-October, Bret Harte participated in a district wide safety drill called



The Great California ShakeOut. This annual event gives the community an opportunity to practice earthquake safety.

The state's education code requires, as part of the school safety, that public elementary schools conduct a "drop" procedure once every quarter. Participation in the ShakeOut drill complies with this regulation.

I asked my children about the drill. One said, "You get under a desk, cover your head with your hands and try to hold on to the desk, or something." Spoken like kid.

I wondered if they took it seriously. When we discussed that



FALL FESTIVAL Friday, Nov. 7, 5–7 p.m. ↔ THANKSGIVING BREAK

Nov. 24–28

I had actually been in the 1990 Southern California earthquake — 5.4 magnitude — they seemed more engaged. I told them that I used the "Drop, Cover and Hold On" principle in a yogurt shop.

"You mean people really got under tables?" the oldest asked. "They did," I replied.

If you are interested in earthquake safety for you, your family or business, visit www.shakeout.org/ california and see what "Drop, Cover and Hold On" looks like in practice.

#### Vanir Foundation to donate food baskets to parent/guardian volunteers

Last year, the Vanir Foundation partnered with Bret Harte to promote parent/guardian volunteerism, and they are doing so again this year.



Photo/ Char Klassen

Taking cover during the school's earthquake safety drill are, from left, Analis Velasquez, Pedro Reyes and Gabriel Lambert.

Every family that volunteers just 10 hours before the winter break receives a food basket filled to the brim with good fresh food and fixings for a holiday meal. Last year, 90 baskets were passed out to volunteering families.

"The baskets are really nice. They will be filled with things like ham, fresh veggies, rolls and pie, of course" Principal Lorena Carrillo said. Principal Carrillo hopes even more families participate in volunteering their time and talents this year. Volunteering can range from simple tasks like stapling homework for teachers or volunteering to pass out water at a festival. More hands-on interaction with students includes working with learning groups, going on a field trip, helping with a special in-class project, or even coaching an interdistrict sports team.

### Gas station: SCNA plans to review details with Petrovich

#### (Continued from page 1)

not yet been set. SCNA has not yet met with the applicant to discuss this application. However, SCNA President Eric Johnson said, "SCNA sees progress being made in the development of Curtis Park Village, and we look forward to reviewing the details of this proposal with Petrovich Development."

Currently the City is seeking review and comment from all affected City departments as well as other agencies and nearby neighborhoods.

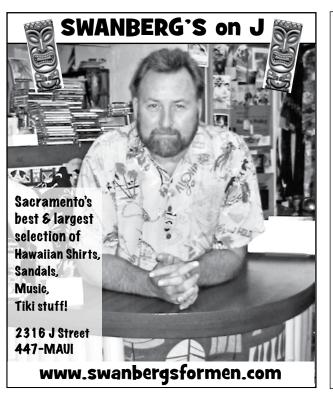
The City is studying the location of the re-fueling tanks and considering the trucks that will refuel the underground tanks at the station and will impact on the ingress and egress of traffic and pedestrians/cyclists accessing the shopping center. Access to the gas station will be permitted only from the easement that runs east-west off Crocker Drive into the shopping center. The City has also not yet determined what kind of environmental review might be required for this project. At its last meeting, the SCNA Board voted to hire an environmental lawyer for advice regarding environmental review required for this project. A gas station was not studied in the project's Environmental Impact Report certified and adopted by the City.

The City will also need to decide whether this project, including the use, size, scale and design, is consistent with the CPV's Planned Unit Development Guidelines adopted Sept. 28, 2010 and amended on Jan. 31, 2013 for P04-109. Viewpoint readers may recall that these guidelines include objectives for CPV, such as maintaining the quality of life and creating charm and character for the emerging neighborhood (Section1.2). Section 4.2 of the Guidelines state that "the success of Curtis Park Village as a community will be strongly linked to its success as a pedestrian-friendly and bicycle-friendly community. This objective includes the requirement that pedestrians and bicyclists be given the same importance as motor vehicles.

The Application's Project Narrative describes the lighting for the 24-hour operation as taking into account the need for "a safe shopping environment as well as a neighbor friendly approach to the lighting design of the project area and not to impede on the residences in proximity of the Fuel Center." The location of the project is directly across from the houses currently under construction on Crocker Drive. The application indicates that new signage will be needed but the plans don't reflect any signage or lighting.

#### **Year-End Financial Results for Period ending June 30, 2014** Sierra 2's Executive Director Terri Shettle will present the annual a financial report for the Sierra 2 Center at the neighborhood meeting Nov. 18. The meeting will start at 6:30 p.m. in Curtis Hall. This chart gives an overview of the year's financial results.

SCNA FY 2014	YTD Actual	YTD Budget	PY Actual
Total Income	\$711,744	\$699,050	\$679,634
Total Expense	\$719,819	\$705,214	\$686,818
Other Income (Expense	e)\$24,887	\$120	\$9,401
Net Income (Loss)	\$16,812	(\$6,044)	\$2,217
		YTD: Year to Date	; PY: Previous Year



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